

ECE Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE		Beef Stew	Chicken Taco	Sweet & Sour Pork	Cajun Chicken
Allergen Content		G L	G L	G L E	
STAPLE FOOD		Brown Rice	Mexican Rice Corn on the Cob	Brown Rice	Baked Macaroni with Cheese
Allergen Content					G D
VEGETABLES		Steamed Cauliflower and Broccoli	Steamed Carrot , Corn & Peas	Sautéed Bok Choy	Sautéed Zucchini with Carrot
Allergen Content			L		
VEGETARIAN DISH (On request)		Vegetable & Chickpea Stew	Vegetable Taco	Sweet & Sour Tofu	Cajun Vegetables
Allergen Content		L	G	G L	
SIDE DISH			Egg		Egg
DRINKS		Milk, Yogurt	Milk	Milk, Yogurt	Milk
FRUITS		Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: D Dairy E Egg G Gluten L Legumes S Seafood

BASIL N LATTE