

Hongqiao Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE		Sweet and Sour Pork	Fish Finger with Tartar Sauce	Three Cup Chicken	Taiwanese Braised Beef
Allergen Content		G L E	S E G	S G L	G L
STAPLE FOOD		Vegetable Fried Rice	Penne with Tomato Sauce	Steamed Rice	Beef Noodle Soup
Allergen Content		L	G		G L
VEGETABLES		Sauteed Bok Choy	Steamed Broccoli, Cauliflower & Carrot	Sautéed Chinese Green Cabbage	Stir-Fried Choy Sum with Garlic
Allergen Content					
SPECIALTIES		Dim Sum Shrimp Dumplings	Ham & Cheese Quiche	Steamed Red Bean Buns	Steamed Pork Dumpling
Allergen Content		S E	E D	G L	G L
SANDWICH BAR		Egg Salad, Peanut Butter, Strawberry Jam	Chicken, Peanut Butter, Strawberry Jam	Ham ,Peanut Butter, Strawberry Jam	Tuna Salad, Peanut Butter, Strawberry Jam
Allergen Content		E N	N	N	S E N
VEGETARIAN DISH (On request)		Sweet & Sour Tofu with Vegetables	Zucchini Finger	Three Cup Tofu	Braised Tofu with Brown Sauce
Allergen Content		G L	G E	G L	G L
SALAD BAR		Salad Bar	Salad Bar	Salad Bar	Salad Bar
DRINKS		Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice
FRUITS		Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: D Dairy E Egg G Gluten L Legumes N Nuts S Seafood

BASIL N LATTE