

Lunch August 10 - August 30 HIGH School

Mon	Tues	Wed	Thurs	Fri
10 Cheeseburger OR Pizza Slice Sidewinder Fries Seasoned green beans Fruit Juice	11 Spaghetti w/ meat sauce Tossed Romaine salad w/dressing Italian mixed veggies Garlic Knot Fruit Juice Rice krispy treat	12 Hot Dog or sausage dog Cole Slaw Baked beans Fruit Sorbet Cup	13 Taco Salad Shred cheese, lettuce, tomato Refried Beans Taco sauce Sour cream Fruit Juice	14 Manager's Special ** Veggie #1 Veggie #2 Fruit OR Corn Dog Black eye peas Corn on cob Fruit
17 Chicken sandwich w/ fixings OR Pizza Crunchers w/ marinara Fries Green beans Fruit Juice	18 Country fried steak OR Chicken Bites w/dipping sauce Mashed potatoes & gravy Butter beans Roll Fruit Juice	19 Hot wings Baked beans Corn Roll Fruit Juice	20 Chicken spaghetti OR Grilled cheese sandwich Broccoli w.cheese Romaine Salad w/dressing Garlic Knot Fruit Cookie	21 Stuff crust Pizza OR Corn dog bites Baby carrots w/ranch Corn on cob Fruit Sorbet cup
24 Chicken tenders Waffle Stix Mash potatoes & gravy Sweet peas Fruit Dipping sauce Juice	25 Crispito w/cheese sauce OR Country fried steak sandwich Corn Glazed carrots Fruit Juice	26 Chicken alfredo OR Steak nuggets Steamed broccoli Romaine Salad w/dressing Buttery Roll Fruit Juice Mini rice krispy treat	27 BBQ pork sandwich OR Corn dog Baked beans Corn on cob Fruit Juice	28 Breakfast for Lunch Cheese grits Hashbrowns Link Sausage Tomato slices or cherry tomatoes Mini Pancakes Fruit Juice
31	Sept 1	2	3	4

** IF you need to get rid of freezer items

