

MON

TUE

WED

THU

FRI



1 Cinnamon Bun
Bean and Cheese Burrito
Elote
Diced Pears

2 Zucchini Bread Muffin
String Cheese
Locally Grown Beef Hot Dog
Pre-K: Chicken Tenders
Baby Carrots
Mandarin Oranges

3 Mini Blueberry Waffles
Locally Grown Beef & Broccoli
Brown Rice
Mixed Fruit

4 Whole Grain Donut Bites
Fish Nuggets
Black Beans
Diced Peaches



8 Banana Bread
Orange Chicken and Rice
Edamame Beans
Pineapple Tidbits

9 Chocolate Cranberry Muffin
String Cheese
Chicken Nuggets and Dinner Roll
Baby Carrots
Applesauce

10 Mini Cinnamon Waffles
Breakfast for Lunch
Hashbrowns
Diced Pears

11 Banana Chocolate Breakfast Bar
Hamburger
Farmers Market
Bruschetta
Diced Peaches

14 Bagel with Cream Cheese
Chicken Drumstick & Waffle
Roasted Corn
Applesauce

15 Berry Yogurt Honey Graham Crackers
Meatballs and Marinara with Breadstick
Steamed Broccoli
Diced Peaches

16 Carrot Cake Muffin
String Cheese
Chicken Tamale
Baby Carrots
Pineapple Tidbits

17 Turkey Sausage Pancake Wrap
Locally Grown Chili Cheese Nachos
Pinto Beans
Mixed Fruit

18 Snack N' Waffle
Cheese Pizza
Celery
Diced Pears

21 Oatmeal Chocolate Breakfast Bar
Pull Apart Breadsticks with Marinara
Baby Carrots
Diced Peaches

22 Cinnamon Bun
Chicken Pot Pie
Steamed Broccoli
Mixed Fruit

23 Banana Chocolate Chip Muffin
String Cheese
Chicken Tenders and Dinner Roll
Oven Fries
Mandarin Oranges

24 Pancake Chicken Sausage Sandwich
Bean Tostada with Spanish Rice
Celery Sticks
Diced Pears

25 Whole Grain Donut Bites
Cheese Quesadilla
Pinto Beans
Applesauce

28 Mini Cinni's
Homemade Macaroni and Cheese
Roasted Broccoli
Diced Pears

29 Pumpkin Bread
Beef Strips and Dinner Roll
Mashed Potatoes & Gravy
Mixed Fruit

30 Hummingbird Muffin
String Cheese
Chicken Corn Dog
Sweet Potato Fries
Strawberry Cup



Celebrate Mexican Independence Day on September 16th during lunch with a delicious tamale!

DAILY OPTIONS

Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Sunbutter & Jelly Sandwich
Fresh Fruit Variety
Garden Salad
Seasonal Vegetable
1% or Skim Milk

We serve a pork-free menu

Mixed Fruit is a combo of pears, peaches, and pineapple.

Locally Grown We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef

September is...
National Whole Grains Month
National Quesadilla Day - Sept. 25th

MEAL PRICES

Osborn Students:

All complete meals at no cost
Milk \$0.50

Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

Cash/Check Accepted

SCAN HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn