

MON

TUE

WED

THU

FRI



1 Green Goblin Smoothie
Graham Crackers
Bean and Cheese Burrito
Elote
Diced Pears

2 Zucchini Bread Muffin
String Cheese
Locally Grown Beef Hot Dog
Pre-K: Chicken Tenders
Baby Carrots
Mandarin Oranges

3 Biscuit Breakfast
Sandwich
Locally Grown Beef & Broccoli
Brown Rice
Mixed Fruit

4 Whole Grain
Donut Bites
Fish Nuggets
Black Beans
Diced Peaches



8 Blueberry
Overnight Oats
Orange Chicken
and Rice
Edamame Beans
Pineapple Tidbits

9 Chocolate Cranberry
Muffin
String Cheese
Chicken Nuggets and
Dinner Roll
Baby Carrots
Applesauce

10 Homemade
Sausage, Egg and
Cheese Burrito
Breakfast for Lunch
Hashbrowns
Diced Pears

11 Banana Chocolate
Breakfast Bar
Hamburger
Farmers Market
Bruschetta
Diced Peaches

14 Bagel with Cream
Cheese
Chicken Drumstick
and Waffle
Roasted Corn
Applesauce

15 Berry Yogurt
Parfait
Meatballs and Marinara
with Breadstick
Steamed Broccoli
Diced Peaches

16 Carrot Cake Muffin
String Cheese
Chicken Tamale
Baby Carrots
Pineapple Tidbits

17 Turkey Sausage
Pancake Wrap
Locally Grown Chili Cheese Nachos
Pinto Beans
Mixed Fruit

18 Snack N' Waffle
Cheese Pizza
Celery
Diced Pears

21 Oatmeal Chocolate
Breakfast Bar
Pull Apart Breadsticks
with Marinara
Baby Carrots
Diced Peaches

22 Very Berry Smoothie
& Graham Crackers
Chicken Pot Pie
Steamed Broccoli
Mixed Fruit

23 Banana Chocolate
Chip Muffin
String Cheese
Chicken Tenders and
Dinner Roll
Oven Fries
Mandarin Oranges

24 Pancake Chicken
Sausage Sandwich
Bean Tostada with
Spanish Rice
Celery Sticks
Diced Pears

25 Whole Grain
Donut Bites
Cheese Quesadilla
Pinto Beans
Applesauce

28 Mini Cinni's
Homemade
Macaroni and
Cheese
Roasted Broccoli
Diced Pears

29 Smoothie Bowl
Homemade Granola
Beef Strips and
Dinner Roll
Mashed Potatoes & Gravy
Mixed Fruit

30 Hummingbird Muffin
String Cheese
Chicken Corn Dog
Sweet Potato Fries
Strawberry Cup

**Celebrate Mexican Independence Day on
September 16th during lunch with a
delicious tamale!**

DAILY OPTIONS

Breakfast

Breakfast Special
Seasonal Whole Fresh
Fruit
or 100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch

Lunch Special
Peanut Butter & Jelly
Sandwich
Sunbutter & Jelly
Sandwich
Fresh Fruit Variety
Garden Salad
Seasonal Vegetable
1% or Skim Milk

We serve a pork-free menu

Mixed Fruit is a combo of pears,
peaches, and pineapple.



We proudly source
Arizona-grown produce,
beef, and more. Look for
this label to spot local
items!

Vegetarian Fish Poultry Beef



September is...

National Whole Grains Month
National Quesadilla Day - Sept. 25th

MEAL PRICES

Osborn Students:

All complete meals at no cost
Milk \$0.50

Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

Cash/Check Accepted

SCAN
HERE!



Menu items may change due to
availability. This institution is an equal
opportunity provider. Questions?
Call the Child Nutrition Office
at 602-707-2020



@nutriliciousosborn