

Middle

September 2026



MON

TUE

WED

THU

FRI



1 Green Goblin Smoothie & Graham Crackers

Rotini and Marinara Sauce

2 Zucchini Bread Muffin String Cheese

Beef Hot Dog

3 Biscuit Breakfast Sandwich

Beef & Broccoli Brown Rice

4 Whole Grain Donut Bites

Fish Nuggets Oven Fries



8 Chorizo con papas with Tortilla

Orange Chicken and rice

9 Chocolate Cranberry Muffin String Cheese

Philly Steak Burrito

10 Jalapeño Cheddar Egg Bites

Breakfast for Lunch Hashbrowns

11 Homemade Egg & Cheese Taco

Spicy Crispy Chicken Sandwich Oven Fries

14 Bagel with Cream Cheese

Chicken Drumstick and Waffle

15 Berry Yogurt Parfait

Meatballs and Marinara with Breadstick

16 Carrot Cake Muffin String Cheese

Chicken Tamale Calabacitas

17 Turkey Sausage Pancake Wrap

Chili Cheese Nachos Elote

18 Snack N' Waffle

Cheese Pizza

21 Oatmeal Chocolate Breakfast Bar

Pull Apart Breadsticks with Marinara

22 Very Berry Smoothie & Graham Crackers

Chicken Pot Pie

23 Banana Chocolate Chip Muffin String Cheese

Chicken Tenders and Dinner Roll

24 Turkey Sausage Breakfast burrito

Cheese Enchilada Spanish Rice

25 Whole Grain Donut Bites

Chicken & Cheese Quesadilla *pepperjack*

28 Homemade Egg & Cheese Taco

Homemade Macaroni and Cheese

29 Garden Veggie Egg Bites

Beef Strips and Dinner Roll Mashed Potatoes & Gravy

30 Fluffy Blueberry Baked Pancake

Chicken Wings Dinner Roll



Celebrate Mexican Independence Day on September 16th during lunch with a delicious tamale!

DAILY OPTIONS

Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Sunbutter & Jelly Sandwich
Fresh Fruit Variety
Garden Salad Bar
Seasonal Vegetable
1% or Skim Milk

We serve a pork-free menu

Mixed Fruit is a combo of pears, peaches, and pineapple.



We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef



September is...

National Whole Grains Month
National Quesadilla Day - Sept. 25th

MEAL PRICES

Osborn Students:

All complete meals at no cost
Milk \$0.50

Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

Cash/Check Accepted

SCAN HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn