Westminster Public Schools
Where Education is Personal

PRC AND MENTAL HEALTH

Mental Health Community Resources

Counseling & Therapy Resources

1. 988 Colorado Mental Health Line: 988
    - A free confidential, 24/7 service that connects anyone experiencing emotional distress, a mental health crisis, or substance use concerns directly with a trained specialist via phone, text, or live chat.
    - Website: 988Colorado.com
2. The Trevor Project: 1-866-488-7386 (or text START to 678-678)
    - National organization providing 24/7, free, and confidential crisis intervention and suicide prevention services specifically tailored for LGBTQ+ youth
    - Website: thetrevorproject.org
3. Safe2Tell: 1-877-542-7233 (or text S2TCO to 738477)
    - An anonymous state-run platform that allows students, parents/guardians, and community members to safely report safety concerns, threats, or individuals in crisis to help prevent harm and protect schools
    - Website: safe2tell.org
4. Community Reach Center: 303-853-3500
    - Provides comprehensive, behavioral health services-including outpatient counseling, crisis intervention, and substance use treatment
    - Website: communityreachcenter.org
5. I Matter Colorado Mental Health Program: 720-498-9469
    - Provides up to six free, confidential mental health therapy sessions for Colorado youth ages 18 and younger (or up to 21 for youth receiving Special Education services)
    - Website: imattercolorado.org
6. Second Wind Fund: 720-962-0706
    - Matches children and teens (up to age 19) who are at risk for suicide with licensed local therapists and covers the cost of therapy for families facing financial or social difficulties
    - Website: thesecondwindfund.org
7. Charlie Health: 986-206-0414
    - Provides virtual Intensive Outpatient Programming (IOP) offering personalized mental health and substance use care-combining peer groups, individual therapy, and family therapy for youth and/or adults
    - Website: charliehealth.com
8. KidsFirst Health Care: 303-289-1086
    - Provides primary health care for children ages birth to 21 with services including: physicals, immunizations, sick visits, reproductive health, mental health counseling, and health education
      Website: kidsfirsthealthcare.org/gh/

https://bit.ly/WPSMentalHealth

9. Aurora Mental Health & Recovery: 303-617-2300
    - Provides a continuum of mental health care, substance use treatment, crisis intervention, and wraparound services for individuals and families of all ages - offers two behavioral health clinics: Asian Pacific & Refugee and Immigrant clinic
    - Website: auroramhr.org
10. Judi's House: 720-941-0331
    - Community organization that offers support for grieving children and families ages 3-25 through comprehensive grief care, group counseling, and additional support programs
    - Website: judishouse.org
11. Blue Channel Therapy: 720-295-7548
    - Behavioral health organization providing accessible mental health care and specializing in trauma-informed services for youth and families
    - Website: bluechanneltherapy.org
12. Servicios De La Raza: 303-458-5851
    - Provides and advocates for culturally responsive human services with supports including: behavioral health and counseling, healthcare access, basic needs supports, and victim services
    - Website: serviciosdelaraza.org
13. Let's Talk Colorado
    - Statewide support campaign to connect Coloradans with local behavioral health and crisis support resources
    - Website: letstalkco.org

Substance Use Resources

1. Antelope Recovery: 303-578-2391
    - Provides virtual outpatient and intensive outpatient services for teens ages 11-18 with a focus on substance use and co-occurring mental health challenges - peer mentor services available
    - Website: anteloperecovery.com
2. Denver Health Addiction Services: 303-436-5711 (Substance Treatment Line)
    - Comprehensive hospital-based treatment program offering specialized substance use care
    - Website: denverhealth.org/services/behavioral-health/addiction-services
3. Adolescent Substance Abuse Program (ASAP): 303-456-0600 (ext. 138)
    - A specialized outpatient program operated by Denver Family Therapy Center offering substance use evaluations, individual and family counseling, and structured group therapy for youth ages 13 to 18.
    - Website: denverfamilytherapycenter.com

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Behavior Specific Resources

1. Upwards ABA: 303-578-0227
    - In-home Applied Behavior Analysis (ABA) therapy provider offering individualized behavioral health support and skill-building for children and youth with Autism Spectrum Disorder and developmental delays across Colorado
    - Website: upwardsaba.com

Crisis Centers/Services

1. Community Reach Walk-In Crisis & Resource Center (WCRC): 303-853-3800
    - Offers brief crisis intervention and care navigation/coordination services
    - Website: communityreachcenter.org
2. Jefferson Crisis and Recovery Center: 303-425-0300
    - A 24/7 walk-in crisis clinic operated by Jefferson Center providing immediate stabilization, withdrawal management, and mental health crisis care for individuals of all ages.
    - Website: jcmh.org
3. Comitis Crisis Center: 303-341-9160
    - Program of Mile High Behavioral Healthcare in Aurora providing emergency/transitional shelter, case management, and crisis support for families, individuals, and veterans navigating housing instability, trauma, or substance use
    - Website: comitiscrisiscenter.org
4. Westminster PD Mental Health Co-Responders: 303-658-4360 (non-emergency dispatch)
    - Specialized initiative within the Westminster Police Department that pairs law enforcement officers with licensed behavioral health specialists to respond jointly to crisis calls, de-escalate behavioral health situations, and connect individuals directly to ongoing care and community resources.
    - Website: westminsterco.gov/905/Co-Responders
5. Adams County Sheriff's Office Mental Health Co-Responders: 303-288-1535 (non-emergency dispatch)
    - Specialized unit within the Adams County Sheriff's Office (Crisis Response Unit) that pairs law enforcement officers with licensed behavioral health clinicians to provide field de-escalation, crisis intervention, case management, and connection to care for individuals facing mental health challenges, substance use, or housing instability
    - Website: adamssheriffco.gov/about/divisions/office-of-the-sheriff/special-units