

Confirmation Preparation: Overview

Church of the Little Flower, 2026-2027



After all the people had been baptized and Jesus also had been baptized and was praying, heaven was opened and the holy Spirit descended upon him in bodily form like a dove. And a voice came from heaven, “You are my beloved Son; with you I am well pleased.” (Lk 3: 21-22)



Dear Parents, As your children prepare for the Sacrament of Confirmation, the following words from St. Paul may prove helpful to focus our reflection: “Hope does not disappoint, because the love of God has been poured out into our hearts through the holy Spirit that has been given to us” (Romans 5: 1-2, 5).

The hopeful news of God’s love for us is stronger and more enduring than anything. This is a truth we hope to impart to our young people, especially as they prepare for the Sacrament of Confirmation, which completes and seals their initiation into the Church. We are blessed to be able to partner with you in this preparation.

The *Catechism of the Catholic Church* states, “Family catechesis precedes, accompanies, and enriches other forms of instruction in the faith. Parents have the mission of teaching their children to pray and to discover their vocation as children of God” (2226). The instruction we give your children in the faith can never replace or exceed your own witness of faith. ***We encourage you most of all to commit or re-commit your family to the Sunday celebration of Mass.*** Nothing speaks louder to your children than your commitment of time to the worship of God.

Please feel free to call on us with any questions or difficulties. We look forward to working with you closely this year and appreciate your support as your children work on the elements of preparation that are detailed below.

With gratitude,
Little Flower Clergy and Catechists

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Dear Confirmation Candidates,

This coming year, you will prepare to be sealed with the gift of the Holy Spirit through the Sacrament of Confirmation. The love of God will be poured into your hearts through His Holy Spirit! Each of the following elements is a significant part of your preparation – and while they may seem daunting, we will work through them step by step until you are ready to receive the Sacrament. Thank your parents before and during the process for all their help in completing the forms and getting you to all the events, as well as their love and support!

With prayers for you,
Little Flower Clergy and Catechists

Forms and Assignments

All forms and assignments (except the Family Pledge) are to be emailed to Mrs. Inga Barry at ibarry@lfparish.org or delivered to the Rectory.

A. Family Pledge (signed together at the Confirmation Meeting September 17th)

The family pledge is you and your family's commitment to give your time, energy, and devotion to this process of preparation for the Sacrament of Confirmation. It will be completed at the meeting on September 17th. One part will be kept in your home, and one part will be kept by the Office of Faith Formation and presented at the altar during the Confirmation Enrollment Mass on November 1st.

B. Enrollment Form (due October 4th)

This form collects some information so we can stay in touch with you, your parents, and your sponsor.

C. Baptismal Certificate (due October 27th)

Baptism is known as the “gateway Sacrament”, which makes us capable of receiving the grace of the other Sacraments. You must present proof of your baptism, if you were not baptized at Little Flower, by submitting a copy of your baptismal certificate to Mrs. Barry at ibarry@lfparish.org

D. Confirmation Sponsor Certification Form (due October 27th)

You will invite a faith-filled person to guide and support you in living your faith. Your Sponsor must be over the age of 16, Confirmed, and a practicing Catholic in good standing. Your Sponsor can be a sibling but not your parent, as your parents already have a significant role in your faith formation. Give the Sponsor Certification form to your Sponsor for him/her to fill out with their parish and return it to Mrs. Barry at ibarry@lfparish.org.

E. Community Service Hours (start now, complete before February 7th)

Completing Community Service Hours for Confirmation is an opportunity to serve others through the strength and love provided by Jesus Christ, our Servant-King. We ask you to devote at least 10 hours to community service for the poor, elderly, or disadvantaged and reflect on your service in writing on the Confirmation Interview Form due February 7, 2027. See the Community Service sheet for more information.

F. Confirmation Saint (start now, complete by February 7th)

One of the most significant steps of your journey towards the Sacrament of Confirmation is choosing a patron saint. During the Confirmation ceremony, the Bishop will address you by the name of your saint, and it is recorded in your official Confirmation record. Your teacher will guide you in researching and reflecting on your chosen saint. The Confirmation Interview Form also has space for you to reflect on your saint.

G. Confirmation Interview Form (due February 7th) and Interviews (February 18th)

Students receive the Confirmation interview questions ahead of time, fill out their answers, and submit them to Mrs. Barry, who will distribute them to the interviewers to review. Confirmation Interviews are on Thursday, February 18, 2027, from 6:30-8:30pm at the school.

H. Confirmation Exam (during CORE session February 7th)

FF and PCS students will take the exam during the CORE session on February 7. LFS students will be assessed by their Religion teacher at school.

Events and Meetings

A. Faith Formation Sessions

Participating in classes with other youth at Little Flower is a way for you to stay connected with your parish community. St. Paul taught, “Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ... Now you are the body of Christ and individually members of it.” (1 Cor 12: 12,27) Being together in person helps us recognize and know the other members of the Body of Christ living at Little Flower.

Sessions are also important to increase your knowledge of God and the Church – because we can’t love what we don’t know. Learning about God and the Catholic faith is a life-long endeavor. *Faith Formation sessions for 8th graders will extend past the date of Confirmation into May.*

Your Confirmation class is made up of different groups; some of you receive faith formation every day by going to Catholic schools.

8 th graders attending public schools or non-Catholic private schools (FF)	8 th graders attending private Catholic schools (PCS)	8 th graders attending Little Flower School (LFS)
Register for the Faith Formation program (formerly known as Religious Education) and attend classes at Little Flower Sundays from September through May FF & PCS students will join together for CORE classes January 10, 24, 31 February 7, 21	Register for the Faith Formation program and attend the following CORE classes at Little Flower FF & PCS students will join together for CORE classes January 10, 24, 31 February 7, 21	Receive specific Confirmation preparation instruction at school. You do not need to register but you will participate in activities with your fellow Confirmandi in the Parish. LFS students are strongly encouraged to join FF & PCS students for CORE classes January 10, 24, 31 February 7, 21

B. Confirmation Overview & Preparation Meeting & Ice Cream Social (September 17th)

This meeting is for parents and candidates. We will go over the spiritual and practical aspects of preparing for the Sacrament, and enjoy some social time.

C. Confirmation Retreats (October 17th and March 5-7th)

All Confirmation Candidates will go on a retreat to the Franciscan Monastery from 8am-4pm on October 17. The retreat at Summit Lake with Fr. Danny, March 5-7, is optional.

D. Confirmation Enrollment Mass (November 1st)

You and your families will participate in the 9:00am Mass and receive a special blessing. Your Sponsors are encouraged to attend.

E. Confirmation Interviews (February 18th, written preparation forms due February 7th)

All Confirmation Candidates will have a 15-minute personal interview with a Little Flower Priest, Deacon, Sister or Catechist. The purpose of this interview is for you to share your knowledge of our faith and your desire to receive the Sacrament of Confirmation.

F. Confirmation Rehearsal

Confirmation Rehearsal will be held at 5:00-6:30pm on the Wednesday before Confirmation. The rehearsal is for Confirmation candidates only.

G. Confirmation Mass (March 13th OR April 10th, waiting to hear from Bishop's Office)

Confirmation will be at 10am on either Saturday, March 13th or Saturday, April 10th. The date has yet to be confirmed by the Bishop's office. If, for serious reasons, your Sponsor cannot attend the Mass, a proxy may attend for them.

Together as a parish community, we will celebrate after the 9:00 am Mass the Sunday after Confirmation!