

Breakfast

VANTAGE ACADEMY MENU

MONDAY

** Assorted Cereal with
Cheese Stick*

** Assorted BeneFIT
Bars with Cheese Stick*

*100% Fruit Juice
Assorted Fruit*

*Choice of
FF White or 1% White Milk*

TUESDAY

** Bagel with Cream
Cheese*

** Assorted Bread
Slice*

*100% Fruit Juice
Assorted Fruit*

*Choice of
Chocolate or White Milk*

WEDNESDAY

** Assorted Cereal*

** Turkey Ham and Cheese
on Pretzel Bun*

*100% Fruit Juice
Assorted Fruit*

*Choice of
FF White or 1% White Milk*

THURSDAY

** Bagel with Cream
Cheese*

** Cornbread Muffin*

*100% Fruit Juice
Assorted Fruit*

*Choice of
Chocolate or White Milk*

FRIDAY

** Assorted Cereal with
Cheese Stick*

** Hard-boiled egg with
Croissant with Jam and
Cheese Stick*

*100% Fruit Juice
Assorted Fruit*

*Choice of
FF White or 1% White Milk*

*Every student has the choice to order
their breakfast the day before.*

*A fully reimbursable breakfast includes 3
components but a 1/2c fruit component is
required with each meal.*

*Available every day is :
A selection of assorted fresh or cupped
fruit, and 100% fruit juice
&*

*Your choice of 1% white milk or
FF chocolate milk daily*

Example of a breakfast meal:

**= Main Entree
Up to 2 fruit servings
and a milk*

*Any further questions can
be directed to
Brittany Frazer at
bfrazer@umasd.org or
610-205-8804*

**VANTAGE IS A COMMUNITY ELIGIBILITY PROVISION (CEP) SCHOOL, WHICH MEANS ALL MEALS ARE
FREE AND NO APPLICATIONS ARE NEEDED FOR BREAKFAST OR LUNCH.**

MENUS ARE SUBJECT TO CHANGE DUE TO SCHEDULING AND SUPPLY CHAIN ISSUES