

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                            | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|----------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|--------------|
| <b>2025 FALL Breakfast<br/>JH Tuesday croissant :431 - ServingDate: 08/18/2026</b>     |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Croissant - TR1953 (1 ea.)                                                             | 35          | 190.00             | 7.00          | 3.00        | 0.00          | 0.00      | 190.00      | 29.00    | 3.00            | 4.00             | 3.00             | 5.00        | 1.44      | 20.00        | 0.00           | 0.00      | 0.00       | 0.00           | 0.00         |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                             | 10          | 270.00             | 10.00         | 4.50        | 0.00          | 0.00      | 280.00      | 38.00    | 3.00            | 12.00            | 11.00            | 6.00        | 2.70      | 80.00        | 200.00         | 0.00      | 0.00       | 107.00         | 0.00         |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00         |
| Cinnamon Chex - TR1432 (1 bowl)                                                        | 10          | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00         |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                | 6           | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00         |
| Cocoa Puffs - TR1429 (1 bowl)                                                          | 10          | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00         |
| Trix Cereal - TR1884 (1 bowl)                                                          | 7           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00         |
| Egg Patty - TR2020 (1 ea.)                                                             | 35          | 60.00              | 4.00          | 1.00        | 0.00          | 0.00      | 110.00      | 0.00     | 0.00            | 0.00             | 0.00             | 3.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 0.00           | 0.00         |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                             | 12          | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00         |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                        | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00         |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.) | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00         |
| 100% Apple Juice - TR2040 (1 ea.)                                                      | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00         |
| 100% Berry Juice - TR2041 (1 ea.)                                                      | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00         |
| Orange Wedges - TR1057 (1 ea.)                                                         | 15          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 15.00    | 3.00            | 12.00            | 0.00             | 1.00        | 0.00      | 60.00        | 300.00         | 72.00     | 0.00       | 235.00         | 0.00         |
| Chilled Pears - TR1508 (1/2 c.)                                                        | 15          | 65.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 16.25    | 2.17            | 11.92            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00(M)    | 150.58 (M)     | 0.00         |
| Raisins - TR1049 (1 pkg.)                                                              | 10          | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00         |
| Lactaid Milk - TR1367 (1 Carton)                                                       | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00         |
| 2% White Milk - TR2094 (1 Carton)                                                      | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00         |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                | Ash (g) |
|--------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Tuesday croissant<br/>:431 - ServingDate:<br/>08/18/2026</b> |         |
| Croissant - TR1953 (1 ea.)                                                                 | 0.00    |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                                 | 0.00    |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                    | 0.00    |
| Cinnamon Chex - TR1432 (1 bowl)                                                            | 0.00    |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                    | 0.00    |
| Cocoa Puffs - TR1429 (1 bowl)                                                              | 0.00    |
| Trix Cereal - TR1884 (1 bowl)                                                              | 0.00    |
| Egg Patty - TR2020 (1 ea.)                                                                 | 0.00    |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                                 | 0.00    |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                            | 0.00    |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)     | 0.00    |
| 100% Apple Juice - TR2040 (1 ea.)                                                          | 0.00    |
| 100% Berry Juice - TR2041 (1 ea.)                                                          | 0.00    |
| Orange Wedges - TR1057 (1 ea.)                                                             | 0.00    |
| Chilled Pears - TR1508 (1/2 c.)                                                            | 0.00    |
| Raisins - TR1049 (1 pkg.)                                                                  | 0.00    |
| Lactaid Milk - TR1367 (1 Carton)                                                           | 0.00    |
| 2% White Milk - TR2094 (1 Carton)                                                          | 0.00    |

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Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                            | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|----------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|--------------|
| <b>2025 FALL Breakfast<br/>JH Tuesday croissant :431 - ServingDate: 08/18/2026</b>     |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Whole Milk - TR2095 (1 Carton)                                                         | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00         |
| Sliced Cheese - TR1209 (1 ea.)                                                         | 10          | 35.00              | 2.00          | 1.25        | 0.00          | 7.50      | 105.00      | 2.00     | 0.00            | 1.00             | 0.00             | 2.50        | 0.00      | 200.00       | 300.00         | 0.00      | 0.10       | 180.00         | 0.00         |
| Jelly Assorted Flavors - TR1022 (1 ea.)                                                | 20          | 25.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 6.00     | 0.00            | 5.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 0.00           | 0.00         |
| Ketchup - TR1088 (2 ea.)                                                               | 10          | 20.00              | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 160.00         | 0.00         |
| <b>2025 FALL Breakfast<br/>JH Wednesday rolled taco :431 - ServingDate: 08/19/2026</b> |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Whole Grain Biscuit - TR1006 (1 ea.)                                                   | 30          | 210.00             | 10.00         | 5.00        | 0.00          | 0.00      | 400.00      | 27.00    | 2.00            | 3.00             | 2.00             | 4.00        | 1.44      | 100.00       | 0.00           | 0.00      | 0.00       | 180.00         | 0.00         |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                             | 15          | 270.00             | 10.00         | 4.50        | 0.00          | 0.00      | 280.00      | 38.00    | 3.00            | 12.00            | 11.00            | 6.00        | 2.70      | 80.00        | 200.00         | 0.00      | 0.00       | 107.00         | 0.00         |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00         |
| Cinnamon Chex - TR1432 (1 bowl)                                                        | 10          | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00         |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                | 5           | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00         |
| Cocoa Puffs - TR1429 (1 bowl)                                                          | 10          | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00         |
| Trix Cereal - TR1884 (1 bowl)                                                          | 5           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00         |
| Turkey Sausage - TR1283 (1 ea.)                                                        | 30          | 58.54              | 3.90          | 0.98        | 0.00          | 29.27     | 87.80       | 0.00     | 0.00            | 0.00             | 0.00             | 5.85        | 0.70      | 19.51        | 0.00           | 0.00      | 0.00       | 0.00           | 0.00         |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                             | 15          | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00         |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                        | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00         |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.) | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00         |
| Chilled Applesauce - TR1503 (1/2 c.)                                                   | 10          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 2.00            | 11.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 0.00           | 0.00         |

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Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Tuesday croissant<br/>:431 - ServingDate:<br/>08/18/2026</b>         |         |
| Whole Milk - TR2095 (1<br>Carton)                                                                  | 0.00    |
| Sliced Cheese - TR1209<br>(1 ea.)                                                                  | 0.00    |
| Jelly Assorted Flavors -<br>TR1022 (1 ea.)                                                         | 0.00    |
| Ketchup - TR1088 (2<br>ea.)                                                                        | 0.00    |
| <b>2025 FALL Breakfast<br/>JH Wednesday rolled<br/>taco :431 -<br/>ServingDate:<br/>08/19/2026</b> |         |
| Whole Grain Biscuit -<br>TR1006 (1 ea.)                                                            | 0.00    |
| Whole Grain Breakfast<br>Bun - TR1008 (1 ea.)                                                      | 0.00    |
| Chex Blueberry Cereal<br>- TR1642 (1 bowl)                                                         | 0.00    |
| Cinnamon Chex -<br>TR1432 (1 bowl)                                                                 | 0.00    |
| Cinnamon Toast Crunch<br>- TR1428 (1 bowl)                                                         | 0.00    |
| Cocoa Puffs - TR1429<br>(1 bowl)                                                                   | 0.00    |
| Trix Cereal - TR1884 (1<br>bowl)                                                                   | 0.00    |
| Turkey Sausage -<br>TR1283 (1 ea.)                                                                 | 0.00    |
| Whole Grain Mini<br>Waffles - TR1020 (1<br>pkg.)                                                   | 0.00    |
| Yogurt/Granola/Raisin<br>Meal Kit - TR1975 (1<br>ea.)                                              | 0.00    |
| 100% Juice Fruit Punch<br>Peterson 96/4oz<br>(Student choose 1<br>flavor only) - TR2042<br>(1 ea.) | 0.00    |
| Chilled Applesauce -<br>TR1503 (1/2 c.)                                                            | 0.00    |

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| Item Name<br>(Serving Size)                                                        | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|----------|
| <b>2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 08/19/2026</b> |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |          |
| Banana - TR1056 (1 ea.)                                                            | 25          | 104.01             | 0.39          | 0.00        | 0.00          | 0.00      | 0.99        | 26.75    | 2.97            | 14.36            | 0.00             | 1.29        | 0.31      | 5.94         | 75.29          | 9.91      | 0.00       | 418.04         | 0.00     |
| 100% Apple Juice - TR2040 (1 ea.)                                                  | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00     |
| 100% Berry Juice - TR2041 (1 ea.)                                                  | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00     |
| Raisins - TR1049 (1 pkg.)                                                          | 5           | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00     |
| Lactaid Milk - TR1367 (1 Carton)                                                   | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00     |
| 2% White Milk - TR2094 (1 Carton)                                                  | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00     |
| Whole Milk - TR2095 (1 Carton)                                                     | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00     |
| Ketchup - TR1088 (2 ea.)                                                           | 10          | 20.00              | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 160.00         | 0.00     |
| <b>2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 08/20/2026</b>  |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |          |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                         | 15          | 270.00             | 10.00         | 4.50        | 0.00          | 0.00      | 280.00      | 38.00    | 3.00            | 12.00            | 11.00            | 6.00        | 2.70      | 80.00        | 200.00         | 0.00      | 0.00       | 107.00         | 0.00     |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                            | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00     |
| Cinnamon Chex - TR1432 (1 bowl)                                                    | 10          | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00     |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                            | 10          | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00     |
| Cocoa Puffs - TR1429 (1 bowl)                                                      | 10          | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00     |
| Trix Cereal - TR1884 (1 bowl)                                                      | 5           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00     |
| Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)                               | 30          | 145.45             | 10.91         | 3.64        | 0.00          | 206.06    | 339.39      | 1.21     | 0.00            | 1.21             | 1.21             | 9.70        | 0.87      | 72.73        | 363.63         | 0.00      | 0.00       | 0.00           | 0.00     |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                         | 10          | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00     |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                    | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00     |

# Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Wednesday rolled<br/>taco :431 -<br/>ServingDate:<br/>08/19/2026</b> |         |
| Banana - TR1056 (1 ea.)                                                                            | 0.00    |
| 100% Apple Juice - TR2040 (1 ea.)                                                                  | 0.00    |
| 100% Berry Juice - TR2041 (1 ea.)                                                                  | 0.00    |
| Raisins - TR1049 (1 pkg.)                                                                          | 0.00    |
| Lactaid Milk - TR1367 (1 Carton)                                                                   | 0.00    |
| 2% White Milk - TR2094 (1 Carton)                                                                  | 0.00    |
| Whole Milk - TR2095 (1 Carton)                                                                     | 0.00    |
| Ketchup - TR1088 (2 ea.)                                                                           | 0.00    |
| <b>2025 FALL Breakfast<br/>JH Thursday egg<br/>burrito :431 -<br/>ServingDate:<br/>08/20/2026</b>  |         |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                                         | 0.00    |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                            | 0.00    |
| Cinnamon Chex - TR1432 (1 bowl)                                                                    | 0.00    |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                            | 0.00    |
| Cocoa Puffs - TR1429 (1 bowl)                                                                      | 0.00    |
| Trix Cereal - TR1884 (1 bowl)                                                                      | 0.00    |
| Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)                                               | 0.00    |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                                         | 0.00    |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                                    | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                   | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|-----------------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|----------|
| <b>2025 FALL Breakfast<br/>JH Thursday egg burrito :431 -<br/>ServingDate:<br/>08/20/2026</b> |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |          |
| Tortillas - TR1512 (1 ea.)                                                                    | 30          | 90.00              | 2.50          | 1.00        | 0.00          | 0.00      | 75.00       | 15.00    | 2.00            | 1.00             | 1.00             | 2.00        | 0.72      | 20.00        | 0.00           | 0.00      | 0.00       | 97.00          | 0.00     |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)        | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00     |
| Chilled Fruit Cocktail - TR1506 (1/2 c.)                                                      | 20          | 70.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 17.00    | 1.00            | 15.00            | 5.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.03          | 0.00     |
| 100% Apple Juice - TR2040 (1 ea.)                                                             | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00     |
| 100% Berry Juice - TR2041 (1 ea.)                                                             | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00     |
| Orange Wedges - TR1057 (1 ea.)                                                                | 10          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 15.00    | 3.00            | 12.00            | 0.00             | 1.00        | 0.00      | 60.00        | 300.00         | 72.00     | 0.00       | 235.00         | 0.00     |
| Raisins - TR1049 (1 pkg.)                                                                     | 10          | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00     |
| Lactaid Milk - TR1367 (1 Carton)                                                              | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00     |
| 2% White Milk - TR2094 (1 Carton)                                                             | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00     |
| Whole Milk - TR2095 (1 Carton)                                                                | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00     |
| Jelly Assorted Flavors - TR1022 (1 ea.)                                                       | 20          | 25.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 6.00     | 0.00            | 5.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 0.00           | 0.00     |
| Ketchup - TR1088 (2 ea.)                                                                      | 10          | 20.00              | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 160.00         | 0.00     |
| Picante Sauce - TR1865 (1 packet)                                                             | 15          | 5.00               | 0.00          | 0.00        | 0.00          | 0.00      | 160.00      | 1.00     | 0.00            | 0.00             | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 40.00          | 0.00     |
| <b>2025 FALL Breakfast<br/>JH Friday donut :431 -<br/>ServingDate:<br/>08/21/2026</b>         |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |          |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                       | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00     |
| Cinnamon Chex - TR1432 (1 bowl)                                                               | 5           | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00     |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                       | 5           | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00     |
| Cocoa Puffs - TR1429 (1 bowl)                                                                 | 5           | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00     |

# Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Thursday egg<br/>burrito :431 -<br/>ServingDate:<br/>08/20/2026</b>  |         |
| Tortillas - TR1512 (1 ea.)                                                                         | 0.00    |
| 100% Juice Fruit Punch<br>Peterson 96/4oz<br>(Student choose 1<br>flavor only) - TR2042<br>(1 ea.) | 0.00    |
| Chilled Fruit Cocktail -<br>TR1506 (1/2 c.)                                                        | 0.00    |
| 100% Apple Juice -<br>TR2040 (1 ea.)                                                               | 0.00    |
| 100% Berry Juice -<br>TR2041 (1 ea.)                                                               | 0.00    |
| Orange Wedges -<br>TR1057 (1 ea.)                                                                  | 0.00    |
| Raisins - TR1049 (1<br>pkg.)                                                                       | 0.00    |
| Lactaid Milk - TR1367<br>(1 Carton)                                                                | 0.00    |
| 2% White Milk -<br>TR2094 (1 Carton)                                                               | 0.00    |
| Whole Milk - TR2095 (1<br>Carton)                                                                  | 0.00    |
| Jelly Assorted Flavors -<br>TR1022 (1 ea.)                                                         | 0.00    |
| Ketchup - TR1088 (2<br>ea.)                                                                        | 0.00    |
| Picante Sauce - TR1865<br>(1 packet)                                                               | 0.00    |
| <b>2025 FALL Breakfast<br/>JH Friday donut :431<br/>- ServingDate:<br/>08/21/2026</b>              |         |
| Chex Blueberry Cereal<br>- TR1642 (1 bowl)                                                         | 0.00    |
| Cinnamon Chex -<br>TR1432 (1 bowl)                                                                 | 0.00    |
| Cinnamon Toast Crunch<br>- TR1428 (1 bowl)                                                         | 0.00    |
| Cocoa Puffs - TR1429<br>(1 bowl)                                                                   | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                            | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|----------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|----------|
| <b>2025 FALL Breakfast<br/>JH Friday donut :431<br/>- ServingDate:<br/>08/21/2026</b>  |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |          |
| Trix Cereal - TR1884 (1 bowl)                                                          | 5           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00     |
| Cinnamon Roll Glazed - TR1043 (1 ea.)                                                  | 15          | 202.22             | 6.00          | 1.50        | 0.00          | 0.00      | 170.00      | 34.19    | 3.00            | 12.19            | 8.19             | 4.00        | 2.00      | 67.00        | 0.00           | 0.00      | 0.00       | 92.12          | 0.00     |
| Chocolate Glazed Donut - TR1045 (1 ea.)                                                | 25          | 267.17             | 10.39         | 4.50        | 0.00          | 0.00      | 330.00      | 37.43    | 3.00            | 12.43            | 11.43            | 5.00        | 1.50      | 20.00        | 0.00           | 0.00      | 0.00       | 137.95         | 0.00     |
| Glazed Donut - TR1044 (1 ea.)                                                          | 25          | 262.22             | 10.00         | 4.50        | 0.00          | 0.00      | 330.00      | 37.19    | 3.00            | 12.19            | 11.19            | 5.00        | 1.50      | 20.00        | 0.00           | 0.00      | 0.00       | 130.19         | 0.00     |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                             | 5           | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00     |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                        | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00     |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.) | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00     |
| Granny Smith Apple - TR1054 (1 ea.)                                                    | 15          | 60.49              | 0.00          | 0.00        | 0.00          | 0.00      | 1.89        | 15.12    | 1.89            | 11.34            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | (M)        | (M)            | (M)      |
| 100% Apple Juice - TR2040 (1 ea.)                                                      | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00     |
| 100% Berry Juice - TR2041 (1 ea.)                                                      | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00     |
| Chilled Peaches - TR1504 (1/2 c.)                                                      | 15          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 16.00    | 1.00            | 15.00            | 7.00             | 1.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 80.84          | 0.00     |
| Raisins - TR1049 (1 pkg.)                                                              | 10          | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00     |
| Lactaid Milk - TR1367 (1 Carton)                                                       | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00     |
| 2% White Milk - TR2094 (1 Carton)                                                      | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00     |
| Whole Milk - TR2095 (1 Carton)                                                         | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00     |
| <b>2025 FALL Breakfast<br/>JH Monday Frittata :431 - ServingDate:<br/>08/24/2026</b>   |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |          |
| Sausage Egg & Cheese Pocket - TR2011 (1 ea.)                                           | 30          | 200.00             | 9.00          | 3.00        | 0.00          | 70.00     | 310.00      | 25.00    | 2.00            | 2.00             | 2.00             | 10.00       | 1.44      | 100.00       | 0.00           | 0.00      | 0.40       | 94.00          | 0.00     |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                             | 10          | 270.00             | 10.00         | 4.50        | 0.00          | 0.00      | 280.00      | 38.00    | 3.00            | 12.00            | 11.00            | 6.00        | 2.70      | 80.00        | 200.00         | 0.00      | 0.00       | 107.00         | 0.00     |

# Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                            | Ash (g) |
|----------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Friday donut :431<br/>- ServingDate:<br/>08/21/2026</b>  |         |
| Trix Cereal - TR1884 (1 bowl)                                                          | 0.00    |
| Cinnamon Roll Glazed - TR1043 (1 ea.)                                                  | 0.00    |
| Chocolate Glazed Donut - TR1045 (1 ea.)                                                | 0.00    |
| Glazed Donut - TR1044 (1 ea.)                                                          | 0.00    |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                             | 0.00    |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                        | 0.00    |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.) | 0.00    |
| Granny Smith Apple - TR1054 (1 ea.)                                                    | (M)     |
| 100% Apple Juice - TR2040 (1 ea.)                                                      | 0.00    |
| 100% Berry Juice - TR2041 (1 ea.)                                                      | 0.00    |
| Chilled Peaches - TR1504 (1/2 c.)                                                      | 0.00    |
| Raisins - TR1049 (1 pkg.)                                                              | 0.00    |
| Lactaid Milk - TR1367 (1 Carton)                                                       | 0.00    |
| 2% White Milk - TR2094 (1 Carton)                                                      | 0.00    |
| Whole Milk - TR2095 (1 Carton)                                                         | 0.00    |
| <b>2025 FALL Breakfast<br/>JH Monday Frittata :431 - ServingDate:<br/>08/24/2026</b>   |         |
| Sausage Egg & Cheese Pocket - TR2011 (1 ea.)                                           | 0.00    |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                             | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                            | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|----------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|--------------|
| <b>2025 FALL Breakfast<br/>JH Monday Frittata :431 - ServingDate: 08/24/2026</b>       |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00         |
| Cinnamon Chex - TR1432 (1 bowl)                                                        | 10          | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00         |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                | 10          | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00         |
| Cocoa Puffs - TR1429 (1 bowl)                                                          | 10          | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00         |
| Trix Cereal - TR1884 (1 bowl)                                                          | 5           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00         |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                             | 15          | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00         |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                        | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00         |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.) | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00         |
| Granny Smith Apple - TR1054 (1 ea.)                                                    | 15          | 60.49              | 0.00          | 0.00        | 0.00          | 0.00      | 1.89        | 15.12    | 1.89            | 11.34            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | (M)        | (M)            | (M)          |
| 100% Apple Juice - TR2040 (1 ea.)                                                      | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00         |
| 100% Berry Juice - TR2041 (1 ea.)                                                      | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00         |
| Chilled Peaches - TR1505 (1/2 c.)                                                      | 20          | 54.17              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 1.08            | 10.83            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00(M)    | 223.17 (M)     | 0.00         |
| Raisins - TR1049 (1 pkg.)                                                              | 5           | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00         |
| Lactaid Milk - TR1367 (1 Carton)                                                       | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00         |
| 2% White Milk - TR2094 (1 Carton)                                                      | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00         |
| Whole Milk - TR2095 (1 Carton)                                                         | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00         |
| Ketchup - TR1088 (2 ea.)                                                               | 15          | 20.00              | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 160.00         | 0.00         |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Monday Frittata<br/>:431 - ServingDate:<br/>08/24/2026</b>           |         |
| Chex Blueberry Cereal<br>- TR1642 (1 bowl)                                                         | 0.00    |
| Cinnamon Chex -<br>TR1432 (1 bowl)                                                                 | 0.00    |
| Cinnamon Toast Crunch<br>- TR1428 (1 bowl)                                                         | 0.00    |
| Cocoa Puffs - TR1429<br>(1 bowl)                                                                   | 0.00    |
| Trix Cereal - TR1884 (1<br>bowl)                                                                   | 0.00    |
| Whole Grain Mini<br>Waffles - TR1020 (1<br>pkg.)                                                   | 0.00    |
| Yogurt/Granola/Raisin<br>Meal Kit - TR1975 (1<br>ea.)                                              | 0.00    |
| 100% Juice Fruit Punch<br>Peterson 96/4oz<br>(Student choose 1<br>flavor only) - TR2042<br>(1 ea.) | 0.00    |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                                             | (M)     |
| 100% Apple Juice -<br>TR2040 (1 ea.)                                                               | 0.00    |
| 100% Berry Juice -<br>TR2041 (1 ea.)                                                               | 0.00    |
| Chilled Peaches -<br>TR1505 (1/2 c.)                                                               | 0.00    |
| Raisins - TR1049 (1<br>pkg.)                                                                       | 0.00    |
| Lactaid Milk - TR1367<br>(1 Carton)                                                                | 0.00    |
| 2% White Milk -<br>TR2094 (1 Carton)                                                               | 0.00    |
| Whole Milk - TR2095 (1<br>Carton)                                                                  | 0.00    |
| Ketchup - TR1088 (2<br>ea.)                                                                        | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                            | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|----------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|--------------|
| 2025 FALL Breakfast<br>JH Tuesday croissant :431 - ServingDate: 08/25/2026             |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Croissant - TR1953 (1 ea.)                                                             | 35          | 190.00             | 7.00          | 3.00        | 0.00          | 0.00      | 190.00      | 29.00    | 3.00            | 4.00             | 3.00             | 5.00        | 1.44      | 20.00        | 0.00           | 0.00      | 0.00       | 0.00           | 0.00         |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                             | 10          | 270.00             | 10.00         | 4.50        | 0.00          | 0.00      | 280.00      | 38.00    | 3.00            | 12.00            | 11.00            | 6.00        | 2.70      | 80.00        | 200.00         | 0.00      | 0.00       | 107.00         | 0.00         |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00         |
| Cinnamon Chex - TR1432 (1 bowl)                                                        | 10          | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00         |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                | 6           | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00         |
| Cocoa Puffs - TR1429 (1 bowl)                                                          | 10          | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00         |
| Trix Cereal - TR1884 (1 bowl)                                                          | 7           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00         |
| Egg Patty - TR2020 (1 ea.)                                                             | 35          | 60.00              | 4.00          | 1.00        | 0.00          | 0.00      | 110.00      | 0.00     | 0.00            | 0.00             | 0.00             | 3.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 0.00           | 0.00         |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                             | 12          | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00         |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                        | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00         |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.) | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00         |
| 100% Apple Juice - TR2040 (1 ea.)                                                      | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00         |
| 100% Berry Juice - TR2041 (1 ea.)                                                      | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00         |
| Orange Wedges - TR1057 (1 ea.)                                                         | 15          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 15.00    | 3.00            | 12.00            | 0.00             | 1.00        | 0.00      | 60.00        | 300.00         | 72.00     | 0.00       | 235.00         | 0.00         |
| Chilled Pears - TR1508 (1/2 c.)                                                        | 15          | 65.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 16.25    | 2.17            | 11.92            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00(M)    | 150.58(M)      | 0.00         |
| Raisins - TR1049 (1 pkg.)                                                              | 10          | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00         |
| Lactaid Milk - TR1367 (1 Carton)                                                       | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00         |
| 2% White Milk - TR2094 (1 Carton)                                                      | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00         |
| Whole Milk - TR2095 (1 Carton)                                                         | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00         |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                | Ash (g) |
|--------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Tuesday croissant<br/>:431 - ServingDate:<br/>08/25/2026</b> |         |
| Croissant - TR1953 (1 ea.)                                                                 | 0.00    |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                                 | 0.00    |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                    | 0.00    |
| Cinnamon Chex - TR1432 (1 bowl)                                                            | 0.00    |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                    | 0.00    |
| Cocoa Puffs - TR1429 (1 bowl)                                                              | 0.00    |
| Trix Cereal - TR1884 (1 bowl)                                                              | 0.00    |
| Egg Patty - TR2020 (1 ea.)                                                                 | 0.00    |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                                 | 0.00    |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                            | 0.00    |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)     | 0.00    |
| 100% Apple Juice - TR2040 (1 ea.)                                                          | 0.00    |
| 100% Berry Juice - TR2041 (1 ea.)                                                          | 0.00    |
| Orange Wedges - TR1057 (1 ea.)                                                             | 0.00    |
| Chilled Pears - TR1508 (1/2 c.)                                                            | 0.00    |
| Raisins - TR1049 (1 pkg.)                                                                  | 0.00    |
| Lactaid Milk - TR1367 (1 Carton)                                                           | 0.00    |
| 2% White Milk - TR2094 (1 Carton)                                                          | 0.00    |
| Whole Milk - TR2095 (1 Carton)                                                             | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                            | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|----------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|----------|
| <b>2025 FALL Breakfast<br/>JH Tuesday croissant :431 - ServingDate: 08/25/2026</b>     |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |          |
| Sliced Cheese - TR1209 (1 ea.)                                                         | 10          | 35.00              | 2.00          | 1.25        | 0.00          | 7.50      | 105.00      | 2.00     | 0.00            | 1.00             | 0.00             | 2.50        | 0.00      | 200.00       | 300.00         | 0.00      | 0.10       | 180.00         | 0.00     |
| Jelly Assorted Flavors - TR1022 (1 ea.)                                                | 20          | 25.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 6.00     | 0.00            | 5.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 0.00           | 0.00     |
| Ketchup - TR1088 (2 ea.)                                                               | 10          | 20.00              | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 160.00         | 0.00     |
| <b>2025 FALL Breakfast<br/>JH Wednesday rolled taco :431 - ServingDate: 08/26/2026</b> |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |          |
| Whole Grain Biscuit - TR1006 (1 ea.)                                                   | 30          | 210.00             | 10.00         | 5.00        | 0.00          | 0.00      | 400.00      | 27.00    | 2.00            | 3.00             | 2.00             | 4.00        | 1.44      | 100.00       | 0.00           | 0.00      | 0.00       | 180.00         | 0.00     |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                             | 15          | 270.00             | 10.00         | 4.50        | 0.00          | 0.00      | 280.00      | 38.00    | 3.00            | 12.00            | 11.00            | 6.00        | 2.70      | 80.00        | 200.00         | 0.00      | 0.00       | 107.00         | 0.00     |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00     |
| Cinnamon Chex - TR1432 (1 bowl)                                                        | 10          | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00     |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                | 5           | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00     |
| Cocoa Puffs - TR1429 (1 bowl)                                                          | 10          | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00     |
| Trix Cereal - TR1884 (1 bowl)                                                          | 5           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00     |
| Turkey Sausage - TR1283 (1 ea.)                                                        | 30          | 58.54              | 3.90          | 0.98        | 0.00          | 29.27     | 87.80       | 0.00     | 0.00            | 0.00             | 0.00             | 5.85        | 0.70      | 19.51        | 0.00           | 0.00      | 0.00       | 0.00           | 0.00     |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                             | 15          | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00     |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                        | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00     |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.) | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00     |
| Chilled Applesauce - TR1503 (1/2 c.)                                                   | 10          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 2.00            | 11.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 0.00           | 0.00     |
| Banana - TR1056 (1 ea.)                                                                | 25          | 104.01             | 0.39          | 0.00        | 0.00          | 0.00      | 0.99        | 26.75    | 2.97            | 14.36            | 0.00             | 1.29        | 0.31      | 5.94         | 75.29          | 9.91      | 0.00       | 418.04         | 0.00     |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Tuesday croissant<br/>:431 - ServingDate:<br/>08/25/2026</b>         |         |
| Sliced Cheese - TR1209<br>(1 ea.)                                                                  | 0.00    |
| Jelly Assorted Flavors -<br>TR1022 (1 ea.)                                                         | 0.00    |
| Ketchup - TR1088 (2<br>ea.)                                                                        | 0.00    |
| <b>2025 FALL Breakfast<br/>JH Wednesday rolled<br/>taco :431 -<br/>ServingDate:<br/>08/26/2026</b> |         |
| Whole Grain Biscuit -<br>TR1006 (1 ea.)                                                            | 0.00    |
| Whole Grain Breakfast<br>Bun - TR1008 (1 ea.)                                                      | 0.00    |
| Chex Blueberry Cereal<br>- TR1642 (1 bowl)                                                         | 0.00    |
| Cinnamon Chex -<br>TR1432 (1 bowl)                                                                 | 0.00    |
| Cinnamon Toast Crunch<br>- TR1428 (1 bowl)                                                         | 0.00    |
| Cocoa Puffs - TR1429<br>(1 bowl)                                                                   | 0.00    |
| Trix Cereal - TR1884 (1<br>bowl)                                                                   | 0.00    |
| Turkey Sausage -<br>TR1283 (1 ea.)                                                                 | 0.00    |
| Whole Grain Mini<br>Waffles - TR1020 (1<br>pkg.)                                                   | 0.00    |
| Yogurt/Granola/Raisin<br>Meal Kit - TR1975 (1<br>ea.)                                              | 0.00    |
| 100% Juice Fruit Punch<br>Peterson 96/4oz<br>(Student choose 1<br>flavor only) - TR2042<br>(1 ea.) | 0.00    |
| Chilled Applesauce -<br>TR1503 (1/2 c.)                                                            | 0.00    |
| Banana - TR1056 (1<br>ea.)                                                                         | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                             | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|-----------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|--------------|
| 2025 FALL Breakfast<br>JH Wednesday rolled<br>taco :431 -<br>ServingDate:<br>08/26/2026 |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| 100% Apple Juice -<br>TR2040 (1 ea.)                                                    | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00         |
| 100% Berry Juice -<br>TR2041 (1 ea.)                                                    | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00         |
| Raisins - TR1049 (1<br>pkg.)                                                            | 5           | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00         |
| Lactaid Milk - TR1367<br>(1 Carton)                                                     | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00         |
| 2% White Milk -<br>TR2094 (1 Carton)                                                    | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00         |
| Whole Milk - TR2095 (1<br>Carton)                                                       | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00         |
| Ketchup - TR1088 (2<br>ea.)                                                             | 10          | 20.00              | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 160.00         | 0.00         |
| 2025 FALL Breakfast<br>JH Thursday egg<br>burrito :431 -<br>ServingDate:<br>08/27/2026  |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Whole Grain Breakfast<br>Bun - TR1008 (1 ea.)                                           | 15          | 270.00             | 10.00         | 4.50        | 0.00          | 0.00      | 280.00      | 38.00    | 3.00            | 12.00            | 11.00            | 6.00        | 2.70      | 80.00        | 200.00         | 0.00      | 0.00       | 107.00         | 0.00         |
| Chex Blueberry Cereal -<br>TR1642 (1 bowl)                                              | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00         |
| Cinnamon Chex -<br>TR1432 (1 bowl)                                                      | 10          | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00         |
| Cinnamon Toast Crunch -<br>TR1428 (1 bowl)                                              | 10          | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00         |
| Cocoa Puffs - TR1429<br>(1 bowl)                                                        | 10          | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00         |
| Trix Cereal - TR1884 (1<br>bowl)                                                        | 5           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00         |
| Scrambled Eggs with<br>Bacon & Cheese -<br>TR2062 (1/2 c.)                              | 30          | 145.45             | 10.91         | 3.64        | 0.00          | 206.06    | 339.39      | 1.21     | 0.00            | 1.21             | 1.21             | 9.70        | 0.87      | 72.73        | 363.63         | 0.00      | 0.00       | 0.00           | 0.00         |
| Whole Grain Mini<br>Waffles - TR1020 (1<br>pkg.)                                        | 10          | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00         |
| Yogurt/Granola/Raisin<br>Meal Kit - TR1975 (1<br>ea.)                                   | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00         |
| Tortillas - TR1512 (1<br>ea.)                                                           | 30          | 90.00              | 2.50          | 1.00        | 0.00          | 0.00      | 75.00       | 15.00    | 2.00            | 1.00             | 1.00             | 2.00        | 0.72      | 20.00        | 0.00           | 0.00      | 0.00       | 97.00          | 0.00         |

# Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Wednesday rolled<br/>taco :431 -<br/>ServingDate:<br/>08/26/2026</b> |         |
| 100% Apple Juice -<br>TR2040 (1 ea.)                                                               | 0.00    |
| 100% Berry Juice -<br>TR2041 (1 ea.)                                                               | 0.00    |
| Raisins - TR1049 (1<br>pkg.)                                                                       | 0.00    |
| Lactaid Milk - TR1367<br>(1 Carton)                                                                | 0.00    |
| 2% White Milk -<br>TR2094 (1 Carton)                                                               | 0.00    |
| Whole Milk - TR2095 (1<br>Carton)                                                                  | 0.00    |
| Ketchup - TR1088 (2<br>ea.)                                                                        | 0.00    |
| <b>2025 FALL Breakfast<br/>JH Thursday egg<br/>burrito :431 -<br/>ServingDate:<br/>08/27/2026</b>  |         |
| Whole Grain Breakfast<br>Bun - TR1008 (1 ea.)                                                      | 0.00    |
| Chex Blueberry Cereal<br>- TR1642 (1 bowl)                                                         | 0.00    |
| Cinnamon Chex -<br>TR1432 (1 bowl)                                                                 | 0.00    |
| Cinnamon Toast Crunch<br>- TR1428 (1 bowl)                                                         | 0.00    |
| Cocoa Puffs - TR1429<br>(1 bowl)                                                                   | 0.00    |
| Trix Cereal - TR1884 (1<br>bowl)                                                                   | 0.00    |
| Scrambled Eggs with<br>Bacon & Cheese -<br>TR2062 (1/2 c.)                                         | 0.00    |
| Whole Grain Mini<br>Waffles - TR1020 (1<br>pkg.)                                                   | 0.00    |
| Yogurt/Granola/Raisin<br>Meal Kit - TR1975 (1<br>ea.)                                              | 0.00    |
| Tortillas - TR1512 (1<br>ea.)                                                                      | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                   | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|-----------------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|--------------|
| <b>2025 FALL Breakfast<br/>JH Thursday egg burrito :431 -<br/>ServingDate:<br/>08/27/2026</b> |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)        | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00         |
| Chilled Fruit Cocktail - TR1506 (1/2 c.)                                                      | 20          | 70.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 17.00    | 1.00            | 15.00            | 5.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.03          | 0.00         |
| 100% Apple Juice - TR2040 (1 ea.)                                                             | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00         |
| 100% Berry Juice - TR2041 (1 ea.)                                                             | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00         |
| Orange Wedges - TR1057 (1 ea.)                                                                | 10          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 15.00    | 3.00            | 12.00            | 0.00             | 1.00        | 0.00      | 60.00        | 300.00         | 72.00     | 0.00       | 235.00         | 0.00         |
| Raisins - TR1049 (1 pkg.)                                                                     | 10          | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00         |
| Lactaid Milk - TR1367 (1 Carton)                                                              | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00         |
| 2% White Milk - TR2094 (1 Carton)                                                             | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00         |
| Whole Milk - TR2095 (1 Carton)                                                                | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00         |
| Jelly Assorted Flavors - TR1022 (1 ea.)                                                       | 20          | 25.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 6.00     | 0.00            | 5.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 0.00           | 0.00         |
| Ketchup - TR1088 (2 ea.)                                                                      | 10          | 20.00              | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 160.00         | 0.00         |
| Picante Sauce - TR1865 (1 packet)                                                             | 15          | 5.00               | 0.00          | 0.00        | 0.00          | 0.00      | 160.00      | 1.00     | 0.00            | 0.00             | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 40.00          | 0.00         |
| <b>2025 FALL Breakfast<br/>JH Friday donut :431 -<br/>ServingDate:<br/>08/28/2026</b>         |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                       | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00         |
| Cinnamon Chex - TR1432 (1 bowl)                                                               | 5           | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00         |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                       | 5           | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00         |
| Cocoa Puffs - TR1429 (1 bowl)                                                                 | 5           | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00         |
| Trix Cereal - TR1884 (1 bowl)                                                                 | 5           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00         |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Thursday egg<br/>burrito :431 -<br/>ServingDate:<br/>08/27/2026</b>  |         |
| 100% Juice Fruit Punch<br>Peterson 96/4oz<br>(Student choose 1<br>flavor only) - TR2042<br>(1 ea.) | 0.00    |
| Chilled Fruit Cocktail -<br>TR1506 (1/2 c.)                                                        | 0.00    |
| 100% Apple Juice -<br>TR2040 (1 ea.)                                                               | 0.00    |
| 100% Berry Juice -<br>TR2041 (1 ea.)                                                               | 0.00    |
| Orange Wedges -<br>TR1057 (1 ea.)                                                                  | 0.00    |
| Raisins - TR1049 (1<br>pkg.)                                                                       | 0.00    |
| Lactaid Milk - TR1367<br>(1 Carton)                                                                | 0.00    |
| 2% White Milk -<br>TR2094 (1 Carton)                                                               | 0.00    |
| Whole Milk - TR2095 (1<br>Carton)                                                                  | 0.00    |
| Jelly Assorted Flavors -<br>TR1022 (1 ea.)                                                         | 0.00    |
| Ketchup - TR1088 (2<br>ea.)                                                                        | 0.00    |
| Picante Sauce - TR1865<br>(1 packet)                                                               | 0.00    |
| <b>2025 FALL Breakfast<br/>JH Friday donut :431<br/>- ServingDate:<br/>08/28/2026</b>              |         |
| Chex Blueberry Cereal<br>- TR1642 (1 bowl)                                                         | 0.00    |
| Cinnamon Chex -<br>TR1432 (1 bowl)                                                                 | 0.00    |
| Cinnamon Toast Crunch<br>- TR1428 (1 bowl)                                                         | 0.00    |
| Cocoa Puffs - TR1429<br>(1 bowl)                                                                   | 0.00    |
| Trix Cereal - TR1884 (1<br>bowl)                                                                   | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                            | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|----------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|--------------|
| <b>2025 FALL Breakfast<br/>JH Friday donut :431<br/>- ServingDate:<br/>08/28/2026</b>  |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Cinnamon Roll Glazed - TR1043 (1 ea.)                                                  | 15          | 202.22             | 6.00          | 1.50        | 0.00          | 0.00      | 170.00      | 34.19    | 3.00            | 12.19            | 8.19             | 4.00        | 2.00      | 67.00        | 0.00           | 0.00      | 0.00       | 92.12          | 0.00         |
| Chocolate Glazed Donut - TR1045 (1 ea.)                                                | 25          | 267.17             | 10.39         | 4.50        | 0.00          | 0.00      | 330.00      | 37.43    | 3.00            | 12.43            | 11.43            | 5.00        | 1.50      | 20.00        | 0.00           | 0.00      | 0.00       | 137.95         | 0.00         |
| Glazed Donut - TR1044 (1 ea.)                                                          | 25          | 262.22             | 10.00         | 4.50        | 0.00          | 0.00      | 330.00      | 37.19    | 3.00            | 12.19            | 11.19            | 5.00        | 1.50      | 20.00        | 0.00           | 0.00      | 0.00       | 130.19         | 0.00         |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                             | 5           | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00         |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                        | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00         |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.) | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00         |
| Granny Smith Apple - TR1054 (1 ea.)                                                    | 15          | 60.49              | 0.00          | 0.00        | 0.00          | 0.00      | 1.89        | 15.12    | 1.89            | 11.34            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | (M)        | (M)            | (M)          |
| 100% Apple Juice - TR2040 (1 ea.)                                                      | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00         |
| 100% Berry Juice - TR2041 (1 ea.)                                                      | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00         |
| Chilled Peaches - TR1504 (1/2 c.)                                                      | 15          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 16.00    | 1.00            | 15.00            | 7.00             | 1.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 80.84          | 0.00         |
| Raisins - TR1049 (1 pkg.)                                                              | 10          | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00         |
| Lactaid Milk - TR1367 (1 Carton)                                                       | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00         |
| 2% White Milk - TR2094 (1 Carton)                                                      | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00         |
| Whole Milk - TR2095 (1 Carton)                                                         | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00         |
| <b>2025 FALL Breakfast<br/>JH Monday Frittata :431 - ServingDate:<br/>08/31/2026</b>   |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Sausage Egg & Cheese Pocket - TR2011 (1 ea.)                                           | 30          | 200.00             | 9.00          | 3.00        | 0.00          | 70.00     | 310.00      | 25.00    | 2.00            | 2.00             | 2.00             | 10.00       | 1.44      | 100.00       | 0.00           | 0.00      | 0.40       | 94.00          | 0.00         |
| Whole Grain Breakfast Bun - TR1008 (1 ea.)                                             | 10          | 270.00             | 10.00         | 4.50        | 0.00          | 0.00      | 280.00      | 38.00    | 3.00            | 12.00            | 11.00            | 6.00        | 2.70      | 80.00        | 200.00         | 0.00      | 0.00       | 107.00         | 0.00         |
| Chex Blueberry Cereal - TR1642 (1 bowl)                                                | 5           | 240.00             | 5.00          | 0.50        | 0.00          | 0.00      | 320.00      | 46.00    | 1.00            | 11.00            | 11.00            | 3.00        | 16.20     | 100.00       | 500.00         | 6.00      | 2.00       | 0.00           | 0.00         |

# Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Friday donut :431<br/>- ServingDate:<br/>08/28/2026</b>              |         |
| Cinnamon Roll Glazed -<br>TR1043 (1 ea.)                                                           | 0.00    |
| Chocolate Glazed Donut<br>- TR1045 (1 ea.)                                                         | 0.00    |
| Glazed Donut - TR1044<br>(1 ea.)                                                                   | 0.00    |
| Whole Grain Mini<br>Waffles - TR1020 (1<br>pkg.)                                                   | 0.00    |
| Yogurt/Granola/Raisin<br>Meal Kit - TR1975 (1<br>ea.)                                              | 0.00    |
| 100% Juice Fruit Punch<br>Peterson 96/4oz<br>(Student choose 1<br>flavor only) - TR2042<br>(1 ea.) | 0.00    |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                                             | (M)     |
| 100% Apple Juice -<br>TR2040 (1 ea.)                                                               | 0.00    |
| 100% Berry Juice -<br>TR2041 (1 ea.)                                                               | 0.00    |
| Chilled Peaches -<br>TR1504 (1/2 c.)                                                               | 0.00    |
| Raisins - TR1049 (1<br>pkg.)                                                                       | 0.00    |
| Lactaid Milk - TR1367<br>(1 Carton)                                                                | 0.00    |
| 2% White Milk -<br>TR2094 (1 Carton)                                                               | 0.00    |
| Whole Milk - TR2095 (1<br>Carton)                                                                  | 0.00    |
| <b>2025 FALL Breakfast<br/>JH Monday Frittata<br/>:431 - ServingDate:<br/>08/31/2026</b>           |         |
| Sausage Egg & Cheese<br>Pocket - TR2011 (1 ea.)                                                    | 0.00    |
| Whole Grain Breakfast<br>Bun - TR1008 (1 ea.)                                                      | 0.00    |
| Chex Blueberry Cereal<br>- TR1642 (1 bowl)                                                         | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                              | Planned Qty | Calories<br>(Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|------------------------------------------------------------------------------------------|-------------|--------------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|----------------|-----------|------------|----------------|--------------|
| <b>2025 FALL Breakfast<br/>JH Monday Frittata<br/>:431 - ServingDate:<br/>08/31/2026</b> |             |                    |               |             |               |           |             |          |                 |                  |                  |             |           |              |                |           |            |                |              |
| Cinnamon Chex - TR1432 (1 bowl)                                                          | 10          | 230.00             | 5.00          | 0.50        | 0.00          | 0.00      | 340.00      | 46.00    | 3.00            | 12.00            | 12.00            | 3.00        | 16.20     | 150.00       | 1500.00        | 12.00     | 0.00       | (M)            | 0.00         |
| Cinnamon Toast Crunch - TR1428 (1 bowl)                                                  | 10          | 210.00             | 6.00          | 0.50        | 0.00          | 0.00      | 320.00      | 44.00    | 7.00            | 11.00            | 11.00            | 3.00        | 8.10      | 400.00       | 1000.00        | 9.00      | 0.00       | (M)            | 0.00         |
| Cocoa Puffs - TR1429 (1 bowl)                                                            | 10          | 220.00             | 3.00          | 0.00        | 0.00          | 0.00      | 230.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 9.00      | 200.00       | 1250.00        | 12.00     | 6.00       | 190.00         | 0.00         |
| Trix Cereal - TR1884 (1 bowl)                                                            | 5           | 220.00             | 3.00          | 0.50        | 0.00          | 0.00      | 320.00      | 47.00    | 3.00            | 12.00            | 12.00            | 3.00        | 4.50      | 100.00       | 500.00         | 6.00      | 2.00       | 109.98         | 0.00         |
| Whole Grain Mini Waffles - TR1020 (1 pkg.)                                               | 15          | 190.00             | 5.00          | 1.50        | 0.00          | 0.00      | 200.00      | 35.00    | 4.00            | 9.00             | 8.00             | 4.00        | 2.70      | 100.00       | 500.00         | 0.00      | 0.00       | 180.01         | 0.00         |
| Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)                                          | 5           | 310.00             | 3.20          | 0.00        | 0.00          | 5.00      | 125.00      | 64.00    | 4.00            | 39.00            | 10.00            | 8.00        | 1.44      | 170.00       | 0.00           | 1.20      | 2.00       | 288.11         | 0.00         |
| 100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)   | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 15.00       | 14.00    | 0.00            | 13.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 42.00     | 0.00       | 150.00         | 0.00         |
| Granny Smith Apple - TR1054 (1 ea.)                                                      | 15          | 60.49              | 0.00          | 0.00        | 0.00          | 0.00      | 1.89        | 15.12    | 1.89            | 11.34            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | (M)        | (M)            | (M)          |
| 100% Apple Juice - TR2040 (1 ea.)                                                        | 20          | 50.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 14.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 140.00         | 0.00         |
| 100% Berry Juice - TR2041 (1 ea.)                                                        | 20          | 60.00              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 14.00    | 0.00            | 12.00            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 70.00          | 0.00         |
| Chilled Peaches - TR1505 (1/2 c.)                                                        | 20          | 54.17              | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 1.08            | 10.83            | 0.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00(M)    | 223.17(M)      | 0.00         |
| Raisins - TR1049 (1 pkg.)                                                                | 5           | 120.00             | 0.20          | 0.00        | 0.00          | 0.00      | 10.00       | 30.00    | 2.00            | 24.00            | 0.00             | 1.00        | 0.72      | 20.00        | 0.00           | 1.20      | 0.00       | 0.00           | 0.00         |
| Lactaid Milk - TR1367 (1 Carton)                                                         | 1           | 100.00             | 2.50          | 1.50        | 0.00          | 10.00     | 130.00      | 13.00    | 0.00            | 12.00            | 0.00             | 8.00        | 0.00      | 300.00       | 150.00         | 0.00      | 2.50       | 400.00         | 0.00         |
| 2% White Milk - TR2094 (1 Carton)                                                        | 40          | 120.00             | 5.00          | 0.00        | 0.00          | 20.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.00      | 298.00       | 153.99         | 0.00      | 2.00       | 353.91         | 0.00         |
| Whole Milk - TR2095 (1 Carton)                                                           | 40          | 150.00             | 8.00          | 0.00        | 0.00          | 35.00     | 120.00      | 11.00    | 0.00            | 11.00            | 0.00             | 8.00        | 0.10      | 290.00       | 0.00           | 0.00      | 2.50       | 339.81         | 0.00         |
| Ketchup - TR1088 (2 ea.)                                                                 | 15          | 20.00              | 0.00          | 0.00        | 0.00          | 0.00      | 50.00       | 4.00     | 0.00            | 4.00             | 4.00             | 0.00        | 0.00      | 0.00         | 0.00           | 0.00      | 0.00       | 160.00         | 0.00         |

**Legend**  
(M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL  
Date: 08/01/2026 - 08/31/2026

| Item Name<br>(Serving Size)                                                                        | Ash (g) |
|----------------------------------------------------------------------------------------------------|---------|
| <b>2025 FALL Breakfast<br/>JH Monday Frittata<br/>:431 - ServingDate:<br/>08/31/2026</b>           |         |
| Cinnamon Chex -<br>TR1432 (1 bowl)                                                                 | 0.00    |
| Cinnamon Toast Crunch<br>- TR1428 (1 bowl)                                                         | 0.00    |
| Cocoa Puffs - TR1429<br>(1 bowl)                                                                   | 0.00    |
| Trix Cereal - TR1884 (1<br>bowl)                                                                   | 0.00    |
| Whole Grain Mini<br>Waffles - TR1020 (1<br>pkg.)                                                   | 0.00    |
| Yogurt/Granola/Raisin<br>Meal Kit - TR1975 (1<br>ea.)                                              | 0.00    |
| 100% Juice Fruit Punch<br>Peterson 96/4oz<br>(Student choose 1<br>flavor only) - TR2042<br>(1 ea.) | 0.00    |
| Granny Smith Apple -<br>TR1054 (1 ea.)                                                             | (M)     |
| 100% Apple Juice -<br>TR2040 (1 ea.)                                                               | 0.00    |
| 100% Berry Juice -<br>TR2041 (1 ea.)                                                               | 0.00    |
| Chilled Peaches -<br>TR1505 (1/2 c.)                                                               | 0.00    |
| Raisins - TR1049 (1<br>pkg.)                                                                       | 0.00    |
| Lactaid Milk - TR1367<br>(1 Carton)                                                                | 0.00    |
| 2% White Milk -<br>TR2094 (1 Carton)                                                               | 0.00    |
| Whole Milk - TR2095 (1<br>Carton)                                                                  | 0.00    |
| Ketchup - TR1088 (2<br>ea.)                                                                        | 0.00    |

# Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 9:26:09 AM by Kevin White

Site: ALL  
Date: 08/01/2026 - 08/31/2026

**Report Selections**

Meal Type: Breakfast  
Site Group: Junior High  
Menu Line: Main Line  
Serving Group: 6-8  
Nutrients Option: All