Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Tuesday Nachos :436 - ServingDate: 08/18/2026																			
Bean & Cheese Burrito TEST 25/26 - TR2065 (1 ea.)	10	445.19	16.29	9.00	0.00	27.08	571.19	56.28	7.41	3.35	0.00(M)	17.69	1.56	263.75	394.58	2.05	0.00(M)	21.89 (M)	9.85(M)
Beef Chili - TR1808 (1 #8 scoop)	25	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Cheese & Chicken Quesadilla - TR2034 (1 tortilla ()	5	325.64	13.80	6.04	0.00	55.51	498.92	31.09	3.00	2.00	0.00(M)	19.15	1.63	242.50	101.25	0.00	0.00(M)	112.90 (M)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	20	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	5	668.16	32.55	13.71	0.00	59.96	1319.19	54.82	5.14	5.14	1.71	39.40	3.08	685.29	0.00	0.00	0.00	136.89	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	5	340.07	15.00	6.00	0.00	30.01	640.14	31.01	3.00	3.00	0.00	20.00	2.00	500.11	0.00	0.00	0.23	79.92	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	5	389.64	18.98	7.99	0.00	34.97	599.44	30.97	3.00	3.00	0.00	19.98	2.00	499.53	0.00	0.00	0.20	79.83	0.00
Supreme Pizza - TR1881 (1 slice)	5	366.99	19.00	8.00	0.00	41.00	715.99	29.00	3.00	3.00	1.00	20.00	3.00	292.00	0.00	0.00	0.00	333.22	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	5	430.00	11.00	4.00	0.00	25.00	705.00	67.00	2.00	26.00	4.00(M)	15.00	1.80	370.00	84.96	0.00	2.00(M)	448.32 (M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	4	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Texas Beef Tamales - TR1903 (2 ea.)	5	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	180.00	0.00	0.00	0.00(M)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	55	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	5	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	15	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00

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Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Tuesday Nachos :436 - ServingDate: 08/18/2026	
Bean & Cheese Burrito TEST 25/26 - TR2065 (1 ea.)	0.01(M)
Beef Chili - TR1808 (1 #8 scoop)	0.00
Cheese & Chicken Quesadilla - TR2034 (1 tortilla ()	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	0.00
Supreme Pizza - TR1881 (1 slice)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Texas Beef Tamales - TR1903 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Tuesday Nachos :436 - ServingDate: 08/18/2026																			
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	35	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	30	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.35(M)	1.93(M)
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	20	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch HS STAR Wednesday Asian :436 - ServingDate: 08/19/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	2	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	5	668.16	32.55	13.71	0.00	59.96	1319.19	54.82	5.14	5.14	1.71	39.40	3.08	685.29	0.00	0.00	0.00	136.89	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	5	340.07	15.00	6.00	0.00	30.01	640.14	31.01	3.00	3.00	0.00	20.00	2.00	500.11	0.00	0.00	0.23	79.92	0.00

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2025 FALL Lunch HS STAR Tuesday Nachos :436 - ServingDate: 08/18/2026	
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch HS STAR Wednesday Asian :436 - ServingDate: 08/19/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	0.00

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2025 FALL Lunch HS STAR Wednesday Asian :436 - ServingDate: 08/19/2026																			
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	5	389.64	18.98	7.99	0.00	34.97	599.44	30.97	3.00	3.00	0.00	19.98	2.00	499.53	0.00	0.00	0.20	79.83	0.00
Supreme Pizza - TR1881 (1 slice)	5	366.99	19.00	8.00	0.00	41.00	715.99	29.00	3.00	3.00	1.00	20.00	3.00	292.00	0.00	0.00	0.00	333.22	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	5	430.00	11.00	4.00	0.00	25.00	705.00	67.00	2.00	26.00	4.00(M)	15.00	1.80	370.00	84.96	0.00	2.00(M)	448.32 (M)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	10	358.40	7.96	1.99	0.00	99.56	716.80	39.82	0.00	33.85	31.86	31.86	3.98	127.43	0.00	0.00	0.00	452.00	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	55	420.00	14.00	3.00	0.00	100.00	840.00	52.00	2.00	26.00	26.00	24.00	2.88	0.00	0.00	0.00	0.00	340.28	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	3	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Chow Mein Noodles - TR1936 (1 c.)	55	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	5	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Steamed Broccoli - TR1112 (1/2 c.)	50	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Chilled Applesauce - TR1503 (1/2 c.)	30	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	20	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Wednesday Asian :436 - ServingDate: 08/19/2026	
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	0.00
Supreme Pizza - TR1881 (1 slice)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

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2025 FALL Lunch HS STAR Wednesday Asian :436 - ServingDate: 08/19/2026																			
Fortune Cookie - TR1002 (1 ea)	40	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	4.23	0.00
2025 FALL Lunch HS STAR Thursday Salad Bar :436 - ServingDate: 08/20/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Cheese Cubes - TR1980 (8 cubes)	5	137.50	11.25	7.50	0.00	31.25	225.00	0.00	0.00	0.00	0.00	8.75	0.00	250.00	0.00	0.00	0.00	25.00	0.00
Cheeseburger - TR1897 (1 ea.)	15	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	15	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	10	161.54	9.52	6.00	0.00	45.62	478.96	1.03	0.00	0.00	0.00	16.28	0.00	200.00	0.00	0.00	0.00	308.65	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	5	430.00	11.00	4.00	0.00	25.00	705.00	67.00	2.00	26.00	4.00(M)	15.00	1.80	370.00	84.96	0.00	2.00(M)	448.32 (M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Diced Turkey Breast - TR1187 (4 oz.)	15	103.09	1.03	0.00	0.00	41.24	597.92	2.06	0.00	0.00	0.00	18.56	0.00	0.00	0.00	0.00	0.00	577.30	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	10	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Garlic Breadstick - TR1622 (1 ea.)	30	160.00	4.50	1.00	0.00	0.00	140.00	25.00	2.00	2.00	0.00	4.00	1.40	10.00	0.00	0.00	0.10	210.09	0.00
Fresh Broccoli - TR1196 (1/4 c.)	30	7.75	0.00	0.00	0.00	0.00	7.50	1.50	0.50	0.38	0.00	0.63	0.17	10.75	141.75	20.25	(M)	(M)	(M)
Shredded Carrots - TR1194 (1/4 c.)	30	12.50	0.00	0.00	0.00	0.00	27.50	3.00	1.00	1.50	(M)	0.00	0.36	10.00	4750.00	1.20	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Wednesday Asian :436 - ServingDate: 08/19/2026	
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	0.00
2025 FALL Lunch HS STAR Thursday Salad Bar :436 - ServingDate: 08/20/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Cheese Cubes - TR1980 (8 cubes)	0.00
Cheeseburger - TR1897 (1 ea.)	0.00
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Garlic Breadstick - TR1622 (1 ea.)	0.00
Fresh Broccoli - TR1196 (1/4 c.)	(M)
Shredded Carrots - TR1194 (1/4 c.)	(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Thursday Salad Bar :436 - ServingDate: 08/20/2026																			
Cucumber - TR1190 (1/4 c.)	30	4.00	0.00	0.00	0.00	0.00	0.50	1.00	0.25	0.50	0.00	0.17	0.07	4.00	27.50	0.75	(M)	(M)	(M)
Crinkle Cut Fries - TR1527 (2 1/2 oz.)	20	158.73	4.76	0.00	0.00	0.00	269.84	23.81	0.00	0.00	0.00	1.59	0.57	0.00	0.00	5.71	0.00	333.33	0.00
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	15	65.00	1.00	0.00	0.00	0.00	70.00	10.00	3.00	0.50	(M)	3.50	0.90	20.00	0.00	0.60	(M)	(M)	0.00
Lettuce Mix - TR1189 (3 c.)	30	45.00	0.00	0.00	0.00	0.00	30.00	9.00	3.00	6.00	0.00	3.00	1.08	60.00	7500.00	14.40	(M)	(M)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Fresh Spinach - TR1195 (1 c.)	30	7.00	0.00	0.00	0.00	0.00	24.00	1.00	1.00	0.00	0.00	1.00	0.90	30.00	0.00	0.00	(M)	(M)	(M)
Grape Tomatoes - TR1191 (3 ea.)	20	10.20	0.00	0.00	0.00	0.00	3.40	3.40	0.68	1.36	0.00	0.34	0.00	5.78	482.80	7.48	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.35(M)	1.93(M)
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	60	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	30	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Croutons - TR1981 (2 tablespoon)	15	303.75	10.13	0.00	0.00	0.00	860.61	50.62	0.00	0.00	0.00	10.13	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fat-Free Italian Dressing - TR1977 (1 fl. oz.)	20	15.00	0.00	0.00	0.00	0.00	490.00	3.00	0.00	2.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ranch Dressing - TR2092 (1 oz.)	5	67.72	6.77	0.97	0.00	4.84	270.86	1.93	0.00	0.97	0.00	0.97	0.00	0.00	0.00	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Thursday Salad Bar :436 - ServingDate: 08/20/2026	
Cucumber - TR1190 (1/4 c.)	(M)
Crinkle Cut Fries - TR1527 (2 1/2 oz.)	0.00
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	0.00
Lettuce Mix - TR1189 (3 c.)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Fresh Spinach - TR1195 (1 c.)	(M)
Grape Tomatoes - TR1191 (3 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Croutons - TR1981 (2 tablespoon)	0.00
Fat-Free Italian Dressing - TR1977 (1 fl. oz.)	(M)
Ranch Dressing - TR2092 (1 oz.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Lunch HS STAR Friday Potato Bowl - ServingDate: 08/21/2026																			
Beef Steak Fingers - TR1937 (4 ea.)	25	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.88	0.00
Chicken Fried Chicken - TR2088 (1 ea.)	15	230.00	9.00	1.50	0.00	55.00	440.00	19.00	2.00	1.00	0.00	19.00	1.08	20.00	0.00	0.00	0.00	420.00	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	25	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	5	668.16	32.55	13.71	0.00	59.96	1319.19	54.82	5.14	5.14	1.71	39.40	3.08	685.29	0.00	0.00	0.00	136.89	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	5	340.07	15.00	6.00	0.00	30.01	640.14	31.01	3.00	3.00	0.00	20.00	2.00	500.11	0.00	0.00	0.23	79.92	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	5	389.64	18.98	7.99	0.00	34.97	599.44	30.97	3.00	3.00	0.00	19.98	2.00	499.53	0.00	0.00	0.20	79.83	0.00
Supreme Pizza - TR1881 (1 slice)	5	366.99	19.00	8.00	0.00	41.00	715.99	29.00	3.00	3.00	1.00	20.00	3.00	292.00	0.00	0.00	0.00	333.22	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	5	430.00	11.00	4.00	0.00	25.00	705.00	67.00	2.00	26.00	4.00(M)	15.00	1.80	370.00	84.96	0.00	2.00(M)	448.32 (M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	3	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	65	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	5	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	35	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	65	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Lunch HS STAR Friday Potato Bowl - ServingDate: 08/21/2026	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Chicken Fried Chicken - TR2088 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	0.00
Supreme Pizza - TR1881 (1 slice)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

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Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Lunch HS STAR Friday Potato Bowl - ServingDate: 08/21/2026																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	60	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	30	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	35	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	40	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	5	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
2025 FALL Lunch HS STAR Monday Pasta Bar :437 - ServingDate: 08/24/2026																			
Meatballs - TR1262 (5 ea.)	30	152.00	11.00	4.00	0.70	48.00	331.00	2.00	1.00	1.00	0.00	12.00	1.00	28.00	1.00	0.00	0.00	0.00	0.00
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	15	335.00	15.00	5.75	0.50	52.50	625.00	30.00	2.00	5.00	4.00	19.50	2.08	316.00	300.00	0.00	0.10(M)	180.00 (M)	0.00
Chicken Fajita - TR1122 (3 1/2 oz.)	20	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	5	412.00	8.95	4.25	0.00	25.00	323.50	73.00	6.00	49.50	8.50	13.50	1.44	530.00	284.96	37.80	2.20(M)	335.58 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	20	100.55	5.46	3.61	0.00	19.67	398.90	4.37	0.00	3.28	0.00	6.56	0.00	207.65	0.00	0.00	0.00	361.74	0.00
Marinara Sauce - TR1124 (1/2 c.)	25	57.78	1.44	0.00	0.00	0.00	130.00	9.63	1.93	5.78	0.96	1.93	1.04	62.59	0.00	0.00	0.00	340.89	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Lunch HS STAR Friday Potato Bowl - ServingDate: 08/21/2026	
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
2025 FALL Lunch HS STAR Monday Pasta Bar :437 - ServingDate: 08/24/2026	
Meatballs - TR1262 (5 ea.)	0.00
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	0.00
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Monday Pasta Bar :437 - ServingDate: 08/24/2026																			
Garlic Toast - TR1004 (1 ea.)	30	100.00	3.50	0.50	0.00	0.00	125.00	14.00	1.00	1.00	0.00	3.00	1.10	10.00	0.00	0.00	0.10	130.00	0.00
Penne Pasta - TR1423 (1 c.)	50	209.20	3.24	0.32	0.00	0.00	15.90	41.00	4.00	2.00	0.00(M)	7.00	1.90	45.90	0.00	0.00	0.00(M)	180.01 (M)	529.40 (M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	30	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	25	45.45	2.54	0.55	0.00	0.00	188.86	4.73	2.36	1.18	0.00	1.18	0.85	23.64	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	35	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	35	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	20	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Mayo - TR1144 (1 ea.)	0	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	0	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch HS STAR Tuesday Nachos :437 - ServingDate: 08/25/2026																			
Bean & Cheese Burrito TEST 25/26 - TR2065 (1 ea.)	10	445.19	16.29	9.00	0.00	27.08	571.19	56.28	7.41	3.35	0.00(M)	17.69	1.56	263.75	394.58	2.05	0.00(M)	21.89 (M)	9.85(M)
Beef Chili - TR1808 (1 #8 scoop)	30	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Cheese & Chicken Quesadilla - TR2034 (1 tortilla ()	5	325.64	13.80	6.04	0.00	55.51	498.92	31.09	3.00	2.00	0.00(M)	19.15	1.63	242.50	101.25	0.00	0.00(M)	112.90 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Monday Pasta Bar :437 - ServingDate: 08/24/2026	
Garlic Toast - TR1004 (1 ea.)	0.00
Penne Pasta - TR1423 (1 c.)	0.53(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch HS STAR Tuesday Nachos :437 - ServingDate: 08/25/2026	
Bean & Cheese Burrito TEST 25/26 - TR2065 (1 ea.)	0.01(M)
Beef Chili - TR1808 (1 #8 scoop)	0.00
Cheese & Chicken Quesadilla - TR2034 (1 tortilla ()	0.00(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Tuesday Nachos :437 - ServingDate: 08/25/2026																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	3	666.70	39.16	6.54	0.00	56.66	1095.03	51.71	7.78	11.17	5.00	28.74	8.91	136.41	3940.67	13.75	0.00(M)	130.13 (M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	20	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	5	668.16	32.55	13.71	0.00	59.96	1319.19	54.82	5.14	5.14	1.71	39.40	3.08	685.29	0.00	0.00	0.00	136.89	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	5	340.07	15.00	6.00	0.00	30.01	640.14	31.01	3.00	3.00	0.00	20.00	2.00	500.11	0.00	0.00	0.23	79.92	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	5	389.64	18.98	7.99	0.00	34.97	599.44	30.97	3.00	3.00	0.00	19.98	2.00	499.53	0.00	0.00	0.20	79.83	0.00
Supreme Pizza - TR1881 (1 slice)	5	366.99	19.00	8.00	0.00	41.00	715.99	29.00	3.00	3.00	1.00	20.00	3.00	292.00	0.00	0.00	0.00	333.22	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	4	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Texas Beef Tamales - TR1903 (2 ea.)	5	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	180.00	0.00	0.00	0.00(M)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	50	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	5	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	15	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	35	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	30	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Tuesday Nachos :437 - ServingDate: 08/25/2026	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	0.00
Supreme Pizza - TR1881 (1 slice)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Texas Beef Tamales - TR1903 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Tuesday Nachos :437 - ServingDate: 08/25/2026																			
Signature Fruit Cup - TR2043 (1 ea.)	35	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.35(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	20	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch HS STAR Wednesday Asian :437 - ServingDate: 08/26/2026																			
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	412.00	8.95	4.25	0.00	25.00	323.50	73.00	6.00	49.50	8.50	13.50	1.44	530.00	284.96	37.80	2.20(M)	335.58 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	5	668.16	32.55	13.71	0.00	59.96	1319.19	54.82	5.14	5.14	1.71	39.40	3.08	685.29	0.00	0.00	0.00	136.89	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	5	340.07	15.00	6.00	0.00	30.01	640.14	31.01	3.00	3.00	0.00	20.00	2.00	500.11	0.00	0.00	0.23	79.92	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	5	389.64	18.98	7.99	0.00	34.97	599.44	30.97	3.00	3.00	0.00	19.98	2.00	499.53	0.00	0.00	0.20	79.83	0.00
Supreme Pizza - TR1881 (1 slice)	5	366.99	19.00	8.00	0.00	41.00	715.99	29.00	3.00	3.00	1.00	20.00	3.00	292.00	0.00	0.00	0.00	333.22	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	20	358.40	7.96	1.99	0.00	99.56	716.80	39.82	0.00	33.85	31.86	31.86	3.98	127.43	0.00	0.00	0.00	452.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Tuesday Nachos :437 - ServingDate: 08/25/2026	
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch HS STAR Wednesday Asian :437 - ServingDate: 08/26/2026	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	0.00
Supreme Pizza - TR1881 (1 slice)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

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Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Wednesday Asian :437 - ServingDate: 08/26/2026																			
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	50	420.00	14.00	3.00	0.00	100.00	840.00	52.00	2.00	26.00	26.00	24.00	2.88	0.00	0.00	0.00	0.00	340.28	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Chow Mein Noodles - TR1936 (1 c.)	65	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	5	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Steamed Broccoli - TR1112 (1/2 c.)	50	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Chilled Applesauce - TR1503 (1/2 c.)	30	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	20	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	4.23	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Wednesday Asian :437 - ServingDate: 08/26/2026	
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Thursday wing day :437 - ServingDate: 08/27/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	10	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Cheeseburger - TR1897 (1 ea.)	10	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	10	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	10	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	30	681.90	46.75	13.43	0.00	236.10	941.31	27.48	2.00	2.00	0.00	38.79	1.40	34.85	0.00	0.00	0.10	1054.60	0.00
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	25	681.90	46.75	13.43	0.00	236.10	761.31	27.48	2.00	2.00	0.00	38.79	1.40	34.85	0.00	0.00	0.10	1054.60	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	10	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39 (M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (2 1/2 oz.)	50	158.73	4.76	0.00	0.00	0.00	269.84	23.81	0.00	0.00	0.00	1.59	0.57	0.00	0.00	5.71	0.00	333.33	0.00
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.35(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	60	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Thursday wing day :437 - ServingDate: 08/27/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Cheeseburger - TR1897 (1 ea.)	0.00
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	0.00
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (2 1/2 oz.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Thursday wing day :437 - ServingDate: 08/27/2026																			
2% White Milk - TR2094 (1 Carton)	30	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	75	180.00	19.00	1.50	0.00	0.00	390.00	2.00	0.00	1.00	0.00	1.00	0.00	30.00	0.00	0.00	0.00	0.00	0.00
Sliced Cheese - TR1209 (1 ea.)	10	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Sliced White Cheese - TR2058 (1 ea.)	15	50.00	4.00	2.50	0.00	15.00	220.00	1.00	0.00	1.00	0.00	2.50	0.00	80.00	100.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	25	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	15	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch HS STAR Friday Tender Bowl :437 - ServingDate: 08/28/2026																			
Steak Fingers - TR2038 (4 ea.)	25	232.99	12.16	4.56	0.00	45.59	334.29	15.20	0.00	0.00	0.00	18.23	2.73	20.26	101.30	15.20	0.00	(M)	0.00
Chicken Fried Chicken - TR2088 (1 ea.)	20	230.00	9.00	1.50	0.00	55.00	440.00	19.00	2.00	1.00	0.00	19.00	1.08	20.00	0.00	0.00	0.00	420.00	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	2	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	25	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	5	668.16	32.55	13.71	0.00	59.96	1319.19	54.82	5.14	5.14	1.71	39.40	3.08	685.29	0.00	0.00	0.00	136.89	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	5	340.07	15.00	6.00	0.00	30.01	640.14	31.01	3.00	3.00	0.00	20.00	2.00	500.11	0.00	0.00	0.23	79.92	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	5	389.64	18.98	7.99	0.00	34.97	599.44	30.97	3.00	3.00	0.00	19.98	2.00	499.53	0.00	0.00	0.20	79.83	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Thursday wing day :437 - ServingDate: 08/27/2026	
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Buttermilk Ranch Dressing 100/1.5oz (do not sell) - TR1639 (1 pkg.)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Sliced White Cheese - TR2058 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch HS STAR Friday Tender Bowl :437 - ServingDate: 08/28/2026	
Steak Fingers - TR2038 (4 ea.)	0.00
Chicken Fried Chicken - TR2088 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Skinny Crust Bacon Sausage Pepperoni & Beef - TR2030 (1 slice)	0.00
Texas Skinny Crust Cheese Pizza - TR1948 (1 slice)	0.00
Texas Skinny Crust Pepperoni Pizza - TR1947 (1 slice)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

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Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Friday Tender Bowl :437 - ServingDate: 08/28/2026																			
Supreme Pizza - TR1881 (1 slice)	5	366.99	19.00	8.00	0.00	41.00	715.99	29.00	3.00	3.00	1.00	20.00	3.00	292.00	0.00	0.00	0.00	333.22	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	65	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	5	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	80	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	60	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	30	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	35	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	50	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	5	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
2025 FALL Lunch HS STAR Monday Pasta Bar :436 - ServingDate: 08/31/2026																			
Meatballs - TR1262 (5 ea.)	25	152.00	11.00	4.00	0.70	48.00	331.00	2.00	1.00	1.00	0.00	12.00	1.00	28.00	1.00	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Friday Tender Bowl :437 - ServingDate: 08/28/2026	
Supreme Pizza - TR1881 (1 slice)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 c.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
2025 FALL Lunch HS STAR Monday Pasta Bar :436 - ServingDate: 08/31/2026	
Meatballs - TR1262 (5 ea.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

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Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Monday Pasta Bar :436 - ServingDate: 08/31/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Cheeseburger - TR1897 (1 ea.)	15	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Chicken Fajita - TR1122 (3 1/2 oz.)	20	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	5	412.00	8.95	4.25	0.00	25.00	323.50	73.00	6.00	49.50	8.50	13.50	1.44	530.00	284.96	37.80	2.20(M)	335.58 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	5	430.00	11.00	4.00	0.00	25.00	705.00	67.00	2.00	26.00	4.00(M)	15.00	1.80	370.00	84.96	0.00	2.00(M)	448.32 (M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	5	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	20	100.55	5.46	3.61	0.00	19.67	398.90	4.37	0.00	3.28	0.00	6.56	0.00	207.65	0.00	0.00	0.00	361.74	0.00
Marinara Sauce - TR1124 (1/2 c.)	20	57.78	1.44	0.00	0.00	0.00	130.00	9.63	1.93	5.78	0.96	1.93	1.04	62.59	0.00	0.00	0.00	340.89	0.00
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.50	0.50	0.00	0.00	125.00	14.00	1.00	1.00	0.00	3.00	1.10	10.00	0.00	0.00	0.10	130.00	0.00
Penne Pasta - TR1423 (1 c.)	45	209.20	3.24	0.32	0.00	0.00	15.90	41.00	4.00	2.00	0.00(M)	7.00	1.90	45.90	0.00	0.00	0.00(M)	180.01 (M)	529.40 (M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	50	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	25	45.45	2.54	0.55	0.00	0.00	188.86	4.73	2.36	1.18	0.00	1.18	0.85	23.64	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	35	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	35	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	60	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Monday Pasta Bar :436 - ServingDate: 08/31/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Cheeseburger - TR1897 (1 ea.)	0.00
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	0.00
Penne Pasta - TR1423 (1 c.)	0.53(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 c.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS STAR Monday Pasta Bar :436 - ServingDate: 08/31/2026																			
2% White Milk - TR2094 (1 Carton)	20	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Mayo - TR1144 (1 ea.)	0	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	0	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: High School
Menu Line: STAR Academy Line
Serving Group: 9-12
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:32:48 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS STAR Monday Pasta Bar :436 - ServingDate: 08/31/2026	
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)