

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch HS Tuesday Fiesta :442 - ServingDate: 08/18/2026																			
Beef Chili - TR1808 (1 #8 scoop)	50	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	15	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Texas Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	180.00	0.00	0.00	0.00(M)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	65	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Fresh Jalapeno Peppers - TR2087 (1/8 c.)	15	4.38	0.06	0.01	0.00	0.00	0.45	0.98	0.42	0.62	0.00	0.14	0.04	1.81	162.99	17.93	0.00	37.50	13.86
Roasted Corn & Peppers - TR1615 (1/2 c.)	25	110.00	4.50	1.00	0.00	0.00	130.00	15.00	3.00	7.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	180.01	0.00
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	25	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	30	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	20	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Tuesday Fiesta :442 - ServingDate: 08/18/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Texas Beef Tamales - TR1903 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Fresh Jalapeno Peppers - TR2087 (1/8 c.)	0.08
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 c.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Peppers & Onions - TR1970 (1/4 c.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:30:36 AM by Kevin White

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch HS Tuesday Fiesta :442 - ServingDate: 08/18/2026																			
Sour Cream - TR1098 (1 pkg.)	20	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch HS Wednesday Asian Bowl :442 - ServingDate: 08/19/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	20	420.00	14.00	2.00	0.00	90.00	920.00	50.00	2.00	26.00	26.00	24.00	1.60	20.00	0.00	0.00	0.00	340.28	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	15	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	10	358.40	7.96	1.99	0.00	99.56	716.80	39.82	0.00	33.85	31.86	31.86	3.98	127.43	0.00	0.00	0.00	452.00	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	40	420.00	14.00	3.00	0.00	100.00	840.00	52.00	2.00	26.00	26.00	24.00	2.88	0.00	0.00	0.00	0.00	340.28	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Asian Brown Rice - TR1663 (1 c.)	65	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60(M)	56.72(M)
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	35	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.35(M)	1.93(M)

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Tuesday Fiesta :442 - ServingDate: 08/18/2026	
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch HS Wednesday Asian Bowl :442 - ServingDate: 08/19/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)

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2025 FALL Lunch HS Wednesday Asian Bowl :442 - ServingDate: 08/19/2026																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	20	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	30	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	4.23	0.00
2025 FALL Lunch HS Thursday Build a Salad :442 - ServingDate: 08/20/2026																			
Cheese Cubes - TR1980 (8 cubes)	29	137.50	11.25	7.50	0.00	31.25	225.00	0.00	0.00	0.00	0.00	8.75	0.00	250.00	0.00	0.00	0.00	25.00	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	30	161.54	9.52	6.00	0.00	45.62	478.96	1.03	0.00	0.00	0.00	16.28	0.00	200.00	0.00	0.00	0.00	308.65	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Diced Turkey Breast - TR1187 (4 oz.)	30	103.09	1.03	0.00	0.00	41.24	597.92	2.06	0.00	0.00	0.00	18.56	0.00	0.00	0.00	0.00	0.00	577.30	0.00
Garlic Breadstick - TR1622 (1 ea.)	75	160.00	4.50	1.00	0.00	0.00	140.00	25.00	2.00	2.00	0.00	4.00	1.40	10.00	0.00	0.00	0.10	210.09	0.00
Fresh Broccoli - TR1196 (1/4 c.)	50	7.75	0.00	0.00	0.00	0.00	7.50	1.50	0.50	0.38	0.00	0.63	0.17	10.75	141.75	20.25	(M)	(M)	(M)
Shredded Carrots - TR1194 (1/4 c.)	50	12.50	0.00	0.00	0.00	0.00	27.50	3.00	1.00	1.50	(M)	0.00	0.36	10.00	4750.00	1.20	(M)	(M)	(M)
Cucumber - TR1190 (1/4 c.)	35	4.00	0.00	0.00	0.00	0.00	0.50	1.00	0.25	0.50	0.00	0.17	0.07	4.00	27.50	0.75	(M)	(M)	(M)
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	10	65.00	1.00	0.00	0.00	0.00	70.00	10.00	3.00	0.50	(M)	3.50	0.90	20.00	0.00	0.60	(M)	(M)	0.00
Lettuce Mix - TR1189 (3 c.)	90	45.00	0.00	0.00	0.00	0.00	30.00	9.00	3.00	6.00	0.00	3.00	1.08	60.00	7500.00	14.40	(M)	(M)	(M)
Fresh Jalapeno Peppers - TR2087 (1/8 c.)	15	4.38	0.06	0.01	0.00	0.00	0.45	0.98	0.42	0.62	0.00	0.14	0.04	1.81	162.99	17.93	0.00	37.50	13.86

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Wednesday Asian Bowl :442 - ServingDate: 08/19/2026	
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	0.00
2025 FALL Lunch HS Thursday Build a Salad :442 - ServingDate: 08/20/2026	
Cheese Cubes - TR1980 (8 cubes)	0.00
Turkey & Cheese Salad Bowl - TR1996 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Diced Turkey Breast - TR1187 (4 oz.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Fresh Broccoli - TR1196 (1/4 c.)	(M)
Shredded Carrots - TR1194 (1/4 c.)	(M)
Cucumber - TR1190 (1/4 c.)	(M)
Garbanzo Beans (Chickpeas) - TR1266 (1/4 c.)	0.00
Lettuce Mix - TR1189 (3 c.)	(M)
Fresh Jalapeno Peppers - TR2087 (1/8 c.)	0.08

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2025 FALL Lunch HS Thursday Build a Salad :442 - ServingDate: 08/20/2026																			
Fresh Spinach - TR1195 (1 c.)	35	7.00	0.00	0.00	0.00	0.00	24.00	1.00	1.00	0.00	0.00	1.00	0.90	30.00	0.00	0.00	(M)	(M)	(M)
Grape Tomatoes - TR1191 (3 ea.)	20	10.20	0.00	0.00	0.00	0.00	3.40	3.40	0.68	1.36	0.00	0.34	0.00	5.78	482.80	7.48	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Mandarin Oranges - TR1176 (1/4 c.)	35	1170.00	0.00	0.00	0.00	0.00	130.00	260.00	0.00	247.00	(M)	13.00	4.68	260.00	5200.00	234.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	60	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	30	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Croutons - TR1981 (2 tablespoon)	15	303.75	10.13	0.00	0.00	0.00	860.61	50.62	0.00	0.00	0.00	10.13	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fat-Free Italian Dressing - TR1977 (1 fl. oz.)	15	15.00	0.00	0.00	0.00	0.00	490.00	3.00	0.00	2.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ranch Dressing - TR2092 (1 oz.)	15	67.72	6.77	0.97	0.00	4.84	270.86	1.93	0.00	0.97	0.00	0.97	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch HS Friday Country Bowl :442 - ServingDate: 08/21/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	15	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Thursday Build a Salad :442 - ServingDate: 08/20/2026	
Fresh Spinach - TR1195 (1 c.)	(M)
Grape Tomatoes - TR1191 (3 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Mandarin Oranges - TR1176 (1/4 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Croutons - TR1981 (2 tablespoon)	0.00
Fat-Free Italian Dressing - TR1977 (1 fl. oz.)	(M)
Ranch Dressing - TR2092 (1 oz.)	0.00
2025 FALL Lunch HS Friday Country Bowl :442 - ServingDate: 08/21/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:30:36 AM by Kevin White

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS Friday Country Bowl :442 - ServingDate: 08/21/2026																			
Whole Grain Roll - TR1005 (1 ea.)	80	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	0	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	35	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	65	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Granny Smith Apple - TR1054 (1 ea.)	40	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Frozen Fun Friday - Emoji Ice!!! - TR1227 (1 c.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	30	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	60	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	30	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	30	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	30	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	5	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
ramen bowl 2026 - ServingDate: 08/24/2026																			
Teriyaki Beef - TR1906 (4 ea.)	30	180.00	10.00	4.00	0.00	40.00	350.00	10.00	1.00	7.00	7.00	13.00	1.00	16.00	0.00	0.00	0.00	252.86	0.00
Teriyaki Chicken - TR1108 (1 #8 scoop)	20	185.71	5.00	1.43	0.00	100.00	685.71	14.29	0.00	12.86	(M)	21.43	1.03	0.00	0.00	0.00	(M)	(M)	(M)
Hard Boiled Egg - TR1841 (1/2 egg)	50	31.50	2.10	0.79	0.00	94.50	34.12	0.00	0.00	0.00	0.00	3.15	0.53	11.55	0.00	0.00	0.63	26.89	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	1	412.00	8.95	4.25	0.00	25.00	323.50	73.00	6.00	49.50	8.50	13.50	1.44	530.00	284.96	37.80	2.20(M)	335.58 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Friday Country Bowl :442 - ServingDate: 08/21/2026	
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Frozen Fun Friday - Emoji Ice!!! - TR1227 (1 c.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
ramen bowl 2026 - ServingDate: 08/24/2026	
Teriyaki Beef - TR1906 (4 ea.)	0.00
Teriyaki Chicken - TR1108 (1 #8 scoop)	(M)
Hard Boiled Egg - TR1841 (1/2 egg)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ramen bowl 2026 - ServingDate: 08/24/2026																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	40	262.50	7.35	0.53	0.00	36.75	556.49	32.55	2.10	2.10	1.05	18.90	3.15	36.75	0.00	0.00	0.00	314.85	0.00
Shoyu Chicken Ramen Broth - TR2080 (8 OZ FL)	90	45.53	2.70	0.37	0.06	1.46	688.55	3.26	0.27	1.81	1.56	1.00	0.21	11.43	0.00	0.00	0.00	455.04	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Green Onion - TR2083 (1 tbsp.)	25	2.13	0.00	0.00	0.00	0.00	1.07	0.49	0.17	0.15	(M)	0.12	0.10	4.80	66.47	1.25	(M)	(M)	(M)
Ramen Noodles - TR2081 (1 cake squar)	90	370.00	16.00	1.50	0.00	0.00	290.00	50.00	5.00	0.00	0.00	8.00	3.00	19.00	0.00	0.00	0.00	179.00	0.00
Matchstick Carrots - TR2084 (1/4 c.)	30	17.00	0.00	0.00	0.00	0.00	32.00	4.00	1.00	2.50	0.00	0.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Edamame - TR1447 (1/4 c.)	55	53.18	2.25	0.28	0.00	0.00	3.62	4.22	2.25	0.96	0.00	4.78	0.00	1.09	0.00	0.00	0.00(M)	0.00(M)	36.36
Fresh Jalapeno Peppers - TR2087 (1/8 c.)	15	4.38	0.06	0.01	0.00	0.00	0.45	0.98	0.42	0.62	0.00	0.14	0.04	1.81	162.99	17.93	0.00	37.50	13.86
Corn - TR2082 (1/4 c.)	81	33.50	0.50	0.00	0.00	0.00	0.50	8.00	1.00	1.50	0.00	1.00	0.18	0.00	50.00	2.40	0.00	50.05	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	50	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17(M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	25	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.35(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	80	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	75	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
ramen bowl 2026 - ServingDate: 08/24/2026	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Shoyu Chicken Ramen Broth - TR2080 (8 OZ FL)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Green Onion - TR2083 (1 tbsp.)	(M)
Ramen Noodles - TR2081 (1 cake squar)	0.00
Matchstick Carrots - TR2084 (1/4 c.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Edamame - TR1447 (1/4 c.)	0.04
Fresh Jalapeno Peppers - TR2087 (1/8 c.)	0.08
Corn - TR2082 (1/4 c.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:30:36 AM by Kevin White

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS Tuesday Fiesta :443 - ServingDate: 08/25/2026																			
Beef Chili - TR1808 (1 #8 scoop)	55	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	1	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	10	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Crispy Chicken Tacos - TR1950 (2 ea.)	5	343.68	20.22	7.08	0.00	60.65	788.43	24.26	2.02	2.02	0.00	18.20	2.18	303.24	0.00	0.00	2.43	238.49	0.00
Chicken Fajitas - TR2016 (3 oz.)	19	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	85	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	20	110.00	4.50	1.00	0.00	0.00	130.00	15.00	3.00	7.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	180.01	0.00
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	15	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	30	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	50	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	5	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	85	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Tuesday Fiesta :443 - ServingDate: 08/25/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Crispy Chicken Tacos - TR1950 (2 ea.)	0.00
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Peppers & Onions - TR1970 (1/4 c.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:30:36 AM by Kevin White

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch HS Tuesday Fiesta :443 - ServingDate: 08/25/2026																			
Sour Cream - TR1098 (1 pkg.)	20	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch HS Wednesday Asian Bowl :443 - ServingDate: 08/26/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	1	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	40	420.00	14.00	2.00	0.00	90.00	920.00	50.00	2.00	26.00	26.00	24.00	1.60	20.00	0.00	0.00	0.00	340.28	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	1	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	9	358.40	7.96	1.99	0.00	99.56	716.80	39.82	0.00	33.85	31.86	31.86	3.98	127.43	0.00	0.00	0.00	452.00	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	40	420.00	14.00	3.00	0.00	100.00	840.00	52.00	2.00	26.00	26.00	24.00	2.88	0.00	0.00	0.00	0.00	340.28	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Asian Brown Rice - TR1663 (1 c.)	90	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60(M)	56.72(M)
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	35	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Tuesday Fiesta :443 - ServingDate: 08/25/2026	
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch HS Wednesday Asian Bowl :443 - ServingDate: 08/26/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
General Tso's Chicken (Premium/Plus) - TR1412 (7.8 oz.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5.6 oz.)	0.00
Tangerine Chicken (Premium Plus) - TR1411 (7.8 oz.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch HS Wednesday Asian Bowl :443 - ServingDate: 08/26/2026																			
Signature Fruit Cup - TR2043 (1 ea.)	50	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.35(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	50	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	5	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	30	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	20	15.00	0.00	0.00	0.00	0.00	70.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	4.23	0.00
2025 FALL Lunch HS Thursday Sandwich Build :443 - ServingDate: 08/27/2026																			
Croissant - TR1953 (1 ea.)	70	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Sub Bun - TR1778 (1 ea.)	20	158.65	1.98	0.50	0.00	0.00	188.40	28.76	1.98	3.97	3.97	4.96	1.98	55.53	0.00	0.00	0.00	74.57	0.00
Sliced Turkey Breast - TR2045 (6 slice)	60	110.69	4.53	1.01	0.00	45.28	372.32	0.00	0.00	0.00	0.00	17.11	0.40	0.00	0.00	0.00	0.00	281.88	0.00
Sliced Turkey Ham - TR2044 (6 slice)	30	130.00	7.00	2.00	0.00	55.00	359.99	3.00	0.00	2.00	2.00	13.00	0.70	0.00	0.00	0.00	0.00	710.16	0.00
Goldfish Pretzel 300/.75oz - TR1822 (1 pkg.)	50	90.00	1.50	0.00	0.00	0.00	200.00	16.00	1.00	0.00	0.00	2.00	0.72	10.00	0.00	0.00	0.00	45.12	0.00
Baby Carrots & Ranch - TR2090 (1/2 c.)	10	91.35	7.00	1.00	0.00	5.00	196.98	7.13	1.71	3.56	0.00	1.00	0.61	17.08	8114.57	2.05	0.00(M)	0.00(M)	0.00(M)
Shredded Carrots - TR1194 (1/8 c.)	30	6.25	0.00	0.00	0.00	0.00	13.75	1.50	0.50	0.75	(M)	0.00	0.18	5.00	2375.00	0.60	(M)	(M)	(M)
Cucumber - TR1190 (1/8 c.)	40	2.00	0.00	0.00	0.00	0.00	0.25	0.50	0.13	0.25	0.00	0.08	0.04	2.00	13.75	0.38	(M)	(M)	(M)
Lettuce Mix - TR1189 (1/2 c.)	70	7.50	0.00	0.00	0.00	0.00	5.00	1.50	0.50	1.00	0.00	0.50	0.18	10.00	1250.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Wednesday Asian Bowl :443 - ServingDate: 08/26/2026	
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (1 ea.)	0.00
2025 FALL Lunch HS Thursday Sandwich Build :443 - ServingDate: 08/27/2026	
Croissant - TR1953 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Sub Bun - TR1778 (1 ea.)	0.00
Sliced Turkey Breast - TR2045 (6 slice)	0.00
Sliced Turkey Ham - TR2044 (6 slice)	0.00
Goldfish Pretzel 300/.75oz - TR1822 (1 pkg.)	0.00
Baby Carrots & Ranch - TR2090 (1/2 c.)	0.00(M)
Shredded Carrots - TR1194 (1/8 c.)	(M)
Cucumber - TR1190 (1/8 c.)	(M)
Lettuce Mix - TR1189 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch HS Thursday Sandwich Build :443 - ServingDate: 08/27/2026																			
Fresh Jalapeno Peppers - TR2087 (1/8 c.)	15	4.38	0.06	0.01	0.00	0.00	0.45	0.98	0.42	0.62	0.00	0.14	0.04	1.81	162.99	17.93	0.00	37.50	13.86
Fresh Spinach - TR1195 (1/2 c.)	15	3.50	0.00	0.00	0.00	0.00	12.00	0.50	0.50	0.00	0.00	0.50	0.45	15.00	0.00	0.00	(M)	(M)	(M)
Tomatoes Sliced Raw - TR1212 (1/8 c.)	50	3.75	0.00	0.00	0.00	0.00	0.00	1.00	0.25	0.50	0.00	0.25	0.09	0.00	187.50	3.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	60	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Sliced Cheese - TR1209 (1 ea.)	50	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Mayo - TR1144 (1 ea.)	25	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Onions White Raw Diced/Sliced - TR1295 (1/8 c.)	5	8.00	0.00	0.00	0.00	0.00	0.80	1.88	0.38	0.88	(M)	0.25	0.04	4.60	0.40	1.48	(M)	(M)	(M)
Pickles Sliced - TR1214 (2 ea.)	30	1.11	0.00	0.00	0.00	0.00	102.22	0.22	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch HS Friday Country Bowl :443 - ServingDate: 08/28/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	25	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	1	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	34	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Thursday Sandwich Build :443 - ServingDate: 08/27/2026	
Fresh Jalapeno Peppers - TR2087 (1/8 c.)	0.08
Fresh Spinach - TR1195 (1/2 c.)	(M)
Tomatoes Sliced Raw - TR1212 (1/8 c.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Onions White Raw Diced/Sliced - TR1295 (1/8 c.)	(M)
Pickles Sliced - TR1214 (2 ea.)	(M)
2025 FALL Lunch HS Friday Country Bowl :443 - ServingDate: 08/28/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00

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Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch HS Friday Country Bowl :443 - ServingDate: 08/28/2026																			
Grilled Cheese Sandwich - TR1078 (1 ea.)	0	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	0	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	35	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	90	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Granny Smith Apple - TR1054 (1 ea.)	30	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	30	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	50	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	5	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/8 c.)	25	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.87	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	50	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	20	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
2025 FALL Lunch HS Monday pasta bowl :442 - ServingDate: 08/31/2026																			
Meatballs - TR1262 (5 ea.)	45	152.00	11.00	4.00	0.70	48.00	331.00	2.00	1.00	1.00	0.00	12.00	1.00	28.00	1.00	0.00	0.00	0.00	0.00
Chicken Fajita - TR1122 (3 1/2 oz.)	40	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	412.00	8.95	4.25	0.00	25.00	323.50	73.00	6.00	49.50	8.50	13.50	1.44	530.00	284.96	37.80	2.20(M)	335.58 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Generated on: 8/6/2026 10:30:36 AM by Kevin White

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Friday Country Bowl :443 - ServingDate: 08/28/2026	
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/8 c.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
2025 FALL Lunch HS Monday pasta bowl :442 - ServingDate: 08/31/2026	
Meatballs - TR1262 (5 ea.)	0.00
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch HS Monday pasta bowl :442 - ServingDate: 08/31/2026																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	100.55	5.46	3.61	0.00	19.67	398.90	4.37	0.00	3.28	0.00	6.56	0.00	207.65	0.00	0.00	0.00	361.74	0.00
Marinara Sauce - TR1124 (1/2 c.)	45	57.78	1.44	0.00	0.00	0.00	130.00	9.63	1.93	5.78	0.96	1.93	1.04	62.59	0.00	0.00	0.00	340.89	0.00
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.50	0.50	0.00	0.00	125.00	14.00	1.00	1.00	0.00	3.00	1.10	10.00	0.00	0.00	0.10	130.00	0.00
Penne Pasta - TR1423 (1 c.)	85	209.20	3.24	0.32	0.00	0.00	15.90	41.00	4.00	2.00	0.00(M)	7.00	1.90	45.90	0.00	0.00	0.00(M)	180.01 (M)	529.40 (M)
California Blend Vegetables - TR1662 (1/2 c.)	25	33.61	1.12	0.24	0.00	0.00	174.82	4.80	1.92	1.92	0.00	1.92	0.35	19.21	0.00	0.00	0.00(M)	105.66 (M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	25	45.45	2.54	0.55	0.00	0.00	188.86	4.73	2.36	1.18	0.00	1.18	0.85	23.64	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	35	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Frozen Fun Friday - Emoji Ice!!! - TR1227 (1 c.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	35	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.35(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	15	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	70	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	45	28.35	2.13	1.42	0.00	7.09	77.96	1.42	0.00	0.00	0.00	1.42	0.00	60.95	0.00	0.00	0.00	12.66	0.00

Legend
(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - August, 2026

Site: ALL
Date: 08/01/2026 - 08/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch HS Monday pasta bowl :442 - ServingDate: 08/31/2026	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	0.00
Penne Pasta - TR1423 (1 c.)	0.53(M)
California Blend Vegetables - TR1662 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Frozen Fun Friday - Emoji Ice!!! - TR1227 (1 c.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

Menu Calendar Nutrient Analysis Report - August, 2026

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Site: ALL
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Report Selections

Meal Type: Lunch
Site Group: High School
Menu Line: Top Cat Line
Serving Group: 9-12
Nutrients Option: All