

MINUTES
Eastern Connecticut Health and Medical Cooperative
April 30, 2026

2:00-3:30 p.m.

The meeting was held at LEARN

Members present: Kate Ericson, Mike Belden, Kristina Martineau, Karen Asetta, Pam Listorti, Holly McCalla, Troy Hopkins, John Hall, Kathy Trammel, Patti Sullivan-Kowalski, Valerie Belles, and Chris Drezek (arrived at 2:50 p.m.)

Members present (via TEAMS): Dan Moleti and Christine Bourne

Others present: Tom Kowalchik, Joseph Spurgeon, and Joanne Lund

Meeting called to order at 2:01 p.m.

Standing Agenda Items-discussion and action:

1. Acceptance of March 26, 2026 meeting minutes

Motion to approve the March 26, 2026 minutes made by Pam L. 1st, K. Trammel 2nd. Motion approved and carried unanimously

2. Financial Status Report

Joanne L. reported the financial position. The financial report includes the extra payment that was paid in July 2025. Net position for March 2026 is \$1.97 million, which is up \$571K due to rebates of \$589,067.

Stop loss receipts of \$595K posted to each members' net position.

Large claims are at 111 up from 102 in February. 26 of those claims are over \$150K. 18 claims are between \$100K-\$149K

3. Marketing

No update

4. Communication / Prospective New Member Information

Received an email from Karen A. requesting month reports.

Karen A. submitted a 2nd email request around forecasting and modeling.

Communication received from East Haddam related to operational challenges related to payments. That has now been resolved.

5. Reserve Fund Policy

No update

6. Updates from Vendors/Anthem Update

Tom K presented information for a July 1, 2026 renewal date that includes predictive modeling based on a rolling 12 month trend.

12.4% increase needed to cover anticipated costs for 2026-2027. This does not include reserve fund considerations.

7. Vote on potential new members

No update

Old Business:

1. Discussion of Common Rate Plan and Tiered Plan

Tabled to May 2026 Meeting

2. Possible action on Common Plan, Tiered Plan

Tabled to May 2026 Meeting

3. Discussion and possible action on bylaw changes

Tabled to May 2026 Meeting

4. Discussion and possible action on FY26-27 rates

Holly M. made a motion to increase both medical and insurance rates by 15% for 2026-2027. Motion 2nd made by Kate E. Motion approved and carried unanimously.

New Business:

1. May 21, 2026 meeting Agenda topics for next meeting:

-Add Discussion and Vote on Status of 13th Payment for 2025-2026

-Add Discussion and Vote on Possible Payment Schedule Change July 1, 2027

To Consider Multiple Payments (one payment ahead)

Motion to Adjourn at 2:52 p.m. made by Valerie B. and seconded by Patti S-K.

