

MINUTES
Eastern Connecticut Health and Medical Cooperative
October 23, 2025
2:00-3:30 PM

The meeting was held at LEARN.

Members present: Kate Ericson, Mike Belden, John Hall, Kristina Martineau, Ian Neviaser, Dan Moleti, Pam Listorti, and Chris Drezek

Joined at 2:14 p.m.: Christine Bourne and Valerie Belles

Members present (via Teams): Paul Smith, Troy Hopkins, Kathy Trammel, Holly McCalla, and Karen Asetta

Others present: Joseph Spurgeon, Joanne Lund, Tom Kowalchik, Lynn Iannuzzi-DiBene, and Kate D'Amico

Meeting called to order at 2:00 p.m.

Standing Agenda Items-discussion and action:

1. Acceptance of the September 25, 2025 meeting minutes

Motion to approve October 25, 2025 meeting minutes made by Kristina M., seconded by Kate E. Holly M. abstained.
Motion approved.

2. Financial Status Report

Joanne L. presented the September 2025 financial activity. The net position for September 2025 is \$2.55 million, which includes 4 weeks of claims. \$575,000 in Rx rebates not yet posted, but will be included in the next month. Large claims at 27 (up from 20) ; Large claims at/or above \$150K Stop Loss at 6 (up from 2). Large claims driving expenses.

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Lengthy discussion regarding financial position, rate setting, and long term sustainability options. Consensus reached to form a subcommittee that will meet at 1:00 p.m. on November 20th at 1:00 p.m. one hour prior to the monthly meeting. Tom K. will provide financial models and member history of positions as well as rate increases over time.

Reminder to members: payments are due by the 20th of each month. Use census data from the 2nd of that month to calculate payment. Census information must accompany monthly payments.

3. Marketing

No updates.

4. Communication

Communication received from a Rhode Island district inquiring about membership.
Communication received related to MaxOr (applicable to Old Saybrook).

5. Reserve Fund Policy

No updates.

6. Updates from Vendors/Anthem Update

Wellness presentation- Bryan Milter and Ryan Wright from Rule joined the meeting remotely to share services provided by Rula, an in-network mental health provider for virtual therapy. Interested districts should reach out to a Rula representative who can assist with next steps.

If you have any questions or are interested : bryan.miller@rula.com or
(ryan.wright@rula.com).

7. Vote on potential new members

No updates.

Old Business:

1. None

New Business:

1. Agenda setting for November 20, 2025 meeting-

Update from newly formed subcommittee- Long Term Sustainability and Rate Setting
Initial Rate Projection Discussion for 2026-2027

Motion made by Kate E. to adjourn, seconded by Valerie B. Motion approved unanimously.
Meeting adjourned at 3:28 pm.

Respectfully submitted,
Kristina Martineau

