

Over-The-Counter (OTC) Medication Authorization Form

Minnesota State Academies

Over-the-Counter (OTC) medications do not necessarily require a prescription and are purchased “over-the-counter.” OTC medication will be given not to exceed the recommended dosage on the labeled container.

CHECK the BOX next to each medication you authorize/approve for your student

ORAL OTC MEDICATIONS

- ☐ **ACETAMINOPHEN** (ie. Tylenol Generic) 325mg/500mg mg tablet (Age 12+), Liquid and Chewable (Age 2+) Pain Reliever/Fever Reducer
- ☐ **IBUPROFEN** (ie Advil Generic) 200mg tablet, Liquid and Chewable (Age 2+) Pain Reliever/Fever Reducer
- ☐ **DIPHENHYDRAMINE** (ie. Benadryl Generic) 25mg tablets (Age 12+) or Liquid (Age 2+) Allergies, Cold/Cough symptoms
- ☐ **DEXTROMETHORPHAN Hbr/GUAIFENESIN** (ie Children's Cough) (Ages 4-12) Cough Relief *Do not administer to children taking SSRIs, SNRIs, or MAO inhibitors. (ie: some anti-depressants or anxiety medications).
- ☐ **TUSSIN DM** (ie. Children/Adult Cough) (Ages 12+) Cough/Congestion *Do not administer to children taking SSRIs, SNRIs, or MAO inhibitors (ie: some anti-depressants or anxiety medications).
- ☐ **GUAIFENESIN** (ie. Mucinex) (Dosage per label) Cough/Congestion/Expectorant
- ☐ **LOPERAMIDE HCL Tablet** (per label) Anti-Diarrheal
- ☐ **ANTACID Chewable** (ie. Tums) 750mg or 500mg (per dosing) Upset Stomach/Indigestion
- ☐ **CETIRIZINE** (ie Zyrtec) - *Must be supplied by parent/guardian.
- ☐ **Cough Drops/Cough Lollies** (as age appropriate) Cough/Sore Throat Relief
- ☐ **Daily Multivitamins** (*Must be supplied by parent/guardian.) This excludes herbal and alternative supplements.
- ☐ Check here if **NONE OF THE ABOVE** are authorized.

TOPICAL OTC MEDICATIONS

- ☐ Antibiotic Ointment (minor cuts, scrapes, abrasions)
- ☐ Hydrocortisone Cream (itch relief, rash, inflammation)
- ☐ Diphenhydramine (ie, Benadryl) Cream (itch, insect bites, rash)
- ☐ Ben-Gay or Comparable (muscle aches)
- ☐ Aloe Vera Gel or Sunburn Relief Lotion (May contain Lidocaine)
- ☐ Carmex, Lip Balm (chapped lips, fever blister)
- ☐ Vicks VaporRub (nasal congestion/cold/cough)
- ☐ Tolnaftate Cream (athlete's foot, jock itch, antifungal)
- ☐ Eye Wash/sterile solution (cleansing of irritate eyes)
- ☐ Sunscreen 30 SPF or greater (sunburn prevention)
- ☐ Aquaphor Skin Protectant or Petroleum Jelly/Multi Purpose
- ☐ Talc-Free Body Powder
- ☐ Check here if **NONE OF THE ABOVE** are authorized.

FIRST AID/OTHER

- Warm Packs or Epsom Salt Soak for infection.
- Cold Packs /ice for sprains, bruises, or other traumatic injuries.
- Band-aid Hurt-Free Antiseptic Wash for cleansing of wounds as needed.
- Epi-pen per “Minnesota State Academies Standing Order: Evaluation and Treatment of Anaphylaxis”.

Special Instruction/Comments: _____

Student Name: _____ Date: _____

Parent/Guardian Signature: _____ Phone: _____