



Metro RESA

Office of Whole Child Supports

WELLBEING

Student success extends beyond academics. When students feel safe, connected, healthy, and supported, and when educators have the resources to thrive, schools create conditions where every learner can succeed.

Metro RESA partners with districts to build comprehensive wellbeing systems that remove barriers to learning and support students, educators, families, and communities through coaching, professional learning, consultation, and technical assistance.

How We Support Wellbeing

 Mental Health	 Staff Wellness
Supporting comprehensive school mental health systems • Prevention and early intervention • Trauma-informed and responsive practices • Suicide prevention and postvention • Coordinated student and staff supports	Supporting those who serve students • Burnout and stress prevention • Secondary traumatic stress and compassion fatigue • Resilience and workplace wellness • Supportive cultures and sustainable practices
 Attendance	 Wraparound & Community Schools
Strengthening engagement and school connectedness • Chronic absenteeism prevention • Early warning and data-review processes • Family-centered attendance strategies • Targeted responses to barriers	Connecting students, families, schools, and communities • Integrated student supports and resource coordination • Expanded and enriched learning opportunities • Family and community engagement • Collaborative leadership and practices

Foundational Practices across our Support Areas

✓ Family Engagement Authentic, two-way partnerships that position families as essential partners in student success.	✓ Community Partnerships Collaboration with agencies, healthcare providers, businesses, and organizations to expand opportunities and coordinate supports.
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Implementation Approach

✓ Evidence-Based Practices - Grounded in research and proven strategies ✓ Georgia-Tailored Resources - Specifically designed for state school systems	✓ Practical Implementation - Actionable guidance for immediate application ✓ Flexible Pathways - Support for individual initiatives or comprehensive approaches
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Ready to strengthen your educational school's wellbeing?

Select an area that matches your immediate needs and long-term vision.

Questions?

Granville Freeman, Whole Child Supports Coordinator, Granville.Freeman@mresa.org