



Whole Child Supports Professional Learning Opportunities 2026-2027 School Year

Whole Child Support Trainings/Workshops

Metro RESA offers a range of professional learning opportunities designed to equip school and district staff with evidence-based strategies that support the Whole Child. Our training sessions are available both in-person at Metro RESA and virtually. In-person is offered at Metro RESA throughout the year and in school districts upon request.

To explore detailed course descriptions, visit our [Whole Child Supports Course Descriptions](#).

How to Register for Courses at Metro RESA:

Browse the calendar below to find the training you'd like to attend. Then visit the [Metro RESA Course Catalog](#), search for the course title, verify that the session date matches the training you want to attend, and complete your registration. Many courses are offered multiple times throughout the year.

How to Request Training in your School District:

For inquiries or to schedule a session, submit a request using the [Whole Child Supports Onsite Training Request Form](#), and a member of our team will follow up to support your planning. A minimum of 15 participants is typically required, and requests should be submitted at least 30 days in advance.

Training	Date	Time	Location
Mastering Classroom Management: Empowering Educators with Essential Practices (For Teachers)	Wednesday, July 22, 2026	8:30 am – 4:00 pm	Metro RESA Auditorium
Check and Connect Overview	Tuesday, August 25, 2026	9:00 am – 10:00 am	Virtual
Mastering Classroom Management: Empowering Educators with Essential Practices (For Instructional Coaches)	Wednesday, September 2, 2026	8:30 am – 4:30 pm	Metro RESA Auditorium
Supporting Student Regulation: A Comprehensive De-Escalation Training for Educators	Thursday, September 3, 2026	8:30 am – 3:30 pm	Metro RESA Auditorium
School Social Worker Keys Effectiveness System (SSWKES)	Wednesday, September 16, 2026	8:30 am – 11:30 am	Metro RESA Conference Room

Training	Date	Time	Location
Counselor Keys Effectiveness System (CKES)	Wednesday, September 16, 2026	12:30 am – 3:30 pm	Metro RESA Conference Room
Restorative Practices: Intro, Day 1*	Tuesday, September 29, 2026	8:30 am – 3:30 pm	Metro RESA Auditorium
Restorative Practices: Circles, Day 2*	Thursday, October 1, 2026	8:30 am – 3:30 pm	
<i>Building Effective Wraparound Supports</i> Session 1: Foundations of Wraparound and Stakeholder Voice	Tuesday, October 20, 2026	8:30 am – 3:30 pm	Metro RESA Auditorium
Youth Mental Health First Aid	Thursday, October 22, 2026	9:00 am – 2:30 pm	Metro RESA Auditorium
10 Steps to Being a Trauma-Informed and Resilient School, Day 1*	Tuesday, November 3, 2026	8:30 am – 3:30 pm	Metro RESA Auditorium
10 Steps to Being a Trauma-Informed and Resilient School, Day 2*	Wednesday, November 4, 2026	8:30 am – 3:30 pm	
Check In Check Out (CICO)	Thursday, November 12, 2026	8:30 am – 3:30 pm	Metro RESA Conference Room
Counselor Keys Effectiveness System (CKES)	Thursday, January 14, 2027	8:30 am – 11:30 am	Metro RESA Conference Room
School Social Worker Keys Effectiveness System (SSWKES)	Thursday, January 14, 2027	12:30 pm – 3:30 pm	Metro RESA Conference Room
Mastering Classroom Management: Empowering Educators with Essential Practices (For Teachers)	Wednesday, January 20, 2027	8:30 am – 4:00 pm	Metro RESA Auditorium

Training	Date	Time	Location
10 Steps to Being a Trauma-Informed and Resilient School, Day 1*	Tuesday, January 26, 2027	8:30 am – 3:30 pm	Metro RESA Auditorium
10 Steps to Being a Trauma-Informed and Resilient School, Day 2*	Wednesday, January 27, 2027	8:30 am – 3:30 pm	
Supporting Student Regulation: A Comprehensive De-Escalation Training for Educators	Tuesday, February 9, 2027	8:30 am – 3:30 pm	Metro RESA Auditorium
Youth Mental Health First Aid	Tuesday, February 23, 2027	9:00 am – 2:30pm	Virtual
Restorative Practices: Intro, Day 1*	Wednesday, February 24, 2027	8:30 am – 3:30 pm	Metro RESA Conference Room
Restorative Practices: Circles, Day 2*	Thursday, February 25, 2027	8:30 am – 3:30 pm	Auditorium
<i>Building Effective Wraparound Supports</i> Session 1: Foundations of Wraparound and Stakeholder Voice	Tuesday, March 16, 2027	8:30 am – 3:30 pm	Metro RESA Auditorium
Check In Check Out (CICO)	Wednesday, March 24, 2027	8:30 am – 3:30 pm	Metro RESA Conference Room
Youth Mental Health First Aid	Tuesday, April 20, 2027	9:00 am – 2:30pm	Metro RESA Auditorium

**Notates a two-day training series. Those who register must be present for both training days.*