OSCE CAP Morgan

Audio	Video
[Morgan] I'm incredibly grateful for the Office for Student and Community Engagement course Achievement Program, Cap, which helps students purchase additional educational resources.	Young woman with long blonde hair over her shoulders, wearing tortoiseshell glasses, salmon colored scrubs and a white lab coat stands on a balcony overlooking a stairwell with a large purple and gold L S U Health Shreveport logo to one side Text: Morgan Setliff 3rd year medical student

Audio	Video
While in medical school, one of the biggest lessons I have learned is that there is no single right way to study. Every student learns differently, and taking the time to understand your own learning style can make a huge difference. Once I embraced the fact that I'm a visual learner, studying became more efficient, less stressful, and much more enjoyable. When I started medical school, I spent countless hours reading lecture slides and reviewing notes, but I wasn't retaining the information as well as I wanted to. I eventually realized that I'm a visual learner, and once I found a study resource that matched my learning style, everything changed. As a medical student, I know every expense matters, and I may not have tried Sketchy when I did, if it had, if I had not used Cap. Looking back, it was one of the best opportunities I received during medical school. The impact was immediate. My exam scores improved, but more importantly, I finally felt I was truly understanding and retaining the material rather than simply memorizing it for an exam. The visual stories made it easier to recall concepts weeks later, whether I was studying for another test or applying that knowledge in the clinical setting. I am so thankful to the Office for Student and Community Engagement for investing in students by providing access to resources like Sketchy. It has had a lasting impact on my medical education and has helped me become a more confident learner. I encourage every student to explore different study resources and find the one that works best for them. It can truly make all the difference. Looking back, submitting the Cap application for additional resources is one of the best opportunities I had during medical school.	Morgan still on camera