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August 2026

Meek School Lunchroom – Our Tiger's Den

Menu is subject to change.
Contact us at 205-717-3383
Follow us on the Facebook Group
"Our Tiger's Den"

Monday	Tuesday	Wednesday	Thursday	Friday
3 ***DAILY REMINDER*** ***Fruit, Milk, and Juice are offered with Breakfast. Fruit and Milk are offered with Lunch.***	4 Teacher In-Service Open House 4pm-6pm -- No Students	5 Teacher In-Service Day -- No Students	6 Teacher In-Service Day -- No Students	7 **BREAKFAST** Grab & Go Options **LUNCH** Regular or Spicy Chicken Sandwich w/Fries & Steamed Carrots Or Uncrustable Meal
10 **BREAKFAST** Grab & Go Options **LUNCH** Grilled Ham & Cheese Sandwich w/Smiles & Baked Beans Or Uncrustable Meal	11 **BREAKFAST** Grab & Go Options **LUNCH** Chili Crispitos w/Refried Beans & Spanish Rice Or Uncrustable Meal	12 **BREAKFAST** Apple Frudel Or Grab & Go Options **LUNCH** Stuffed Crust Pizza w/Corn & Side Salad Or Uncrustable Meal Or Premade Salad	13 **BREAKFAST** Chicken Biscuit Or Grab & Go Options **LUNCH** Chicken Nuggets/Roll w/Mashed Potatoes & Green Beans Or Uncrustable Meal Or Premade Salad	14 **BREAKFAST** Egg & Cheese English Muffin Or Grab & Go Options **LUNCH** Hot Dog or Corn Dog w/Tater Tots & Steamed Carrots Or Uncrustable Meal Or Premade Salad
17 **BREAKFAST** Mini French Toast Or Grab & Go Options **LUNCH** Meatball Sub w/Chips & Fresh Veggies Or Uncrustable Meal Or Premade Salad	18 **BREAKFAST** Sausage Biscuit Or Grab & Go Options **LUNCH** Tostitos Tacos (Beef) w/Refried Beans & Fresh Veggies Or Uncrustable Meal Or Premade Salad	19 **BREAKFAST** Mini Pancakes Or Grab & Go Options **LUNCH** French Bread Pizza w/Corn & Side Salad Or Uncrustable Meal Or Premade Salad	20 **BREAKFAST** Chicken Biscuit Or Grab & Go Options **LUNCH** Chicken Fingers/Roll w/Mashed Potatoes & Green Beans Or Uncrustable Meal Or Premade Salad	21 **BREAKFAST** Egg & Cheese English Muffin Or Go Bag Options **LUNCH** Cheeseburger w/Fries & Steamed Carrots Or Uncrustable Meal Or Premade Salad
24 **BREAKFAST** Mini French Toast Or Grab & Go Options **LUNCH** Hot Ham & Cheese Sandwich w/Potato Wedges & Baked Beans Or Uncrustable Meal Or Premade Salad	25 **BREAKFAST** Sausage Biscuit Or Grab & Go Options **LUNCH** General Tso Chicken w/Egg Roll w/Fried Rice & Steamed Broccoli Or Uncrustable Meal Or Premade Salad	26 **BREAKFAST** Mini Pancakes Or Grab & Go Options **LUNCH** Pizza Crunchers or Breaded Cheese Sticks w/Corn & Side Salad Or Uncrustable Meal Or Premade Salad	27 **BREAKFAST** Chicken Biscuit Or Grab & Go Options **LUNCH** Oven Roasted Chicken/Biscuit w/Mashed Potatoes & Green Beans Or Uncrustable Meal Or Premade Salad	28 **BREAKFAST** Egg & Cheese English Muffin Or Grab & Go Options **LUNCH** Regular or Spicy Chicken Sandwich w/Fries & Steamed Carrots Or Uncrustable Meal Or Premade Salad
31 **BREAKFAST** Mini French Toast Or Grab & Go Options **LUNCH** BBQ Baked Potato Slaw & Fresh Veggies Or Uncrustable Meal Or Premade Salad				



Disclaimer: Our nutritional information is based on standard product formulations. Variations may occur due to slight differences in product assembly, ingredient variations, and preparation. Data, including carbohydrate counts is provided as a courtesy and should be considered an estimate. Products may change without our knowledge.