

September

FFVP

9/9
-
9/10



Papaya

4 grams carbs. per serving



Black Grapes

8 grams carbs. per serving

9/16
-
9/17



SunGold Kiwi

5 grams carbs. per serving



Local Mixed Cherry Tomatoes

2 grams carbs. per serving

with
Ranch
Dressing!

9/23
-
9/24



Green Grapes

7 grams carbs. per serving



Red Baby Bananas

14 grams carbs. per serving

9/30
-
10/1



Pineapple

9 grams carbs. per serving



Local Mini Sweet Peppers

3 grams carbs. per serving

with
Ranch
Dressing!

Cincinnati Public Schools

USDA is an equal opportunity provider, employer, and lender.