St. Benedict's Prep Student Health Policy

Our goal at St. Benedict' Preparatory School is to provide your child with safe, quality health care during the school year.

The Health Office/Infirmary is located:

- **Elementary** (Livingston St. Location) - Front office across from Security
  - Staffed by **Carolyn Hunter, RN**
    p: (973)782-2306 e: chunter@sbp.org
- **MD/Prep Division** (520 Dr.MLK Location) - St. Mary's Hall 2nd floor
  - Staffed by **Mai-Lan Moore, RN**
    p: (973)792-5782 e: mai-lan.moore@sbp.org

The Nurses administer first aid in the case of an accident or illness during school hours. In the event a student becomes ill and needs to go home, the Nurse will notify the parent/guardian. If the parent is unable to pick up their student the parent/guardian will have to grant permission to the appropriate dean and security to release the student from school. Dismissal through the School Nurse is considered an **excused absence.**

Reporting an Absence Due To Illness

If your child becomes ill/ has not recovered from being sent home please email the appropriate division to report your child's absence.

- Elementary - edattendance@sbp.org
- MD/Prep Divisions - attendance@sbp.org

Absences due to doctor/ dental/ emergency visits must be validated by a note to be excused. Students are strongly encouraged to return to school after routine visits even if they are late. Medical conditions requiring exemption or limitation of physical education activity require a written physician's note. **Parent notes are not accepted**. If your child is absent due to surgery or injury, please submit recovery orders from your physician to the Nurse so appropriate accommodations may be put in place for your child. **Medical notes will not be accepted of submitted more than two weeks after the end of the term.**

When to Keep Your Child Home From School and When to Return:

General Symptoms to Stay or Go Home	Able to Return to School
Fever Temperature of 100°F or above with or without symptoms	Fever free without the use of medication for **24 hours** (i.e. Tylenol, Motrin, Advil)
COVID-19, Influenza, RSV	With improving symptoms **and** fever free for **24 hours** without the use of any medications. Additional precautions of masking, and social distancing for the next 5 days recommended.
Cold Symptoms: Congestion, Runny Nose, Cough - without fever	Symptoms should be minimal, and student should feel well enough to participate in the daily school routine
Sore Throat With or without Fever and or Swollen Glands	Symptoms should be minimal, and student should feel well enough to participate in the daily school routine
Vomiting	Symptoms should be minimal, and student should feel well enough to participate in the daily school routine
Diarrhea	When symptom free for **24 hours**
Rash If accompanied by fever, malaise, headache, vomiting	The student may return to school when the skin is clear or when certified by a physician that the condition is not contagious
Strep Throat or Scarlet Fever	Student has completed at least **24 hours** of antibiotic therapy, and be fever free for at least 24 hours without the use of fever reducing medication
Eye Infection (Pink Eye) Sclera is pink/red, with drainage	Student has completed at least **24 hours** of antibiotic therapy
Hospital Stay/Outpatient Surgical Procedure	Should be accompanied by a copy of the discharge instruction and/or a doctor's note permitting a return to school, indicating any required school modifications
Open Lesion/ Draining Wound For specific guidelines for Impetigo, Ringworm, Scabies contact the School Nurse	Lesion must be able to be securely covered, and must not be draining, bleeding or weeping
Orthopedic Injury	The use of crutches, boots, and/or other orthopedic items are permitted only with written authorization from a physician. Documentation should also include any necessary school modifications.

It is extremely important that your child's **Magnus Profile** is completed at the beginning of each school year. Not only does their profile keep our health staff updated with important medical information, but also includes permissions and waivers needed for your child to participate in various activities.
Some requirements expire at the end of each school year and do not roll over.

Information that must be renewed every year:

- **Annual Physicals** – Our Student Health Policy requires that **ALL** students have a physical examination performed **annually,** regardless of participation in sports. This policy recognizes the importance of the family physician in identifying health problems, prescribing appropriate medication, and providing a link between a child's medical needs and our school health care professionals. Failure to maintain a current physical will result in medical suspension.
- The following forms are to be completed by your Dr/PA/FNP/APN.

  Physicals expire **1 year** after the date they are performed.

  - **Universal Child Health Record** (**grades K-6)**
  - **Preparticipation Physical Evaluation Packet** (**grades 7-12)**

- **Prescription Medication Form** - Medications that need to be kept in the Nurse's office (ie. asthma pumps, epi pens, allergy meds, antibiotics)
- **Over The Counter Medication Form** – You will need to approve medications the school nurses can administer to your child and electronically sign these documents each year.
- **Action Plans (if applicable)**– for students who have a history of:
  - Diabetes
  - Asthma
  - Cardiac Problems
  - Epilepsy/ Seizure Disorder
  - Severe Allergies (food, environmental, drug)
  - Sickle Cell Anemia

Physical Forms, Action Plans, and Medical Exemption Forms can be sent to you upon request. They are also available in your student's Magnus Profile, and on the Health Services page at SBP.org. After completion, you can upload your forms to Magnus, bring them to SBP, or email them directly Nurse Moore at mai-lan.moore@sbp.org.

Student Medications And Administration

Medications are administered by the School Nurses only, unless there is a staff member designated to do so (ie school trip, FY overnight, Appalachian Trail). Over-The-Counter Medications as well as Prescription Medications are kept in a locked cabinet in the Nurse's office. Only the Nurse and Director of Emergency Management have the key. Administration of Medication(s) is logged in the Magnus Student Information System.

Parent(s)/Guardian(s) sign two consents in regards to medication administration:

- **Prescription Medication Form**- if the student requires prescription medication or specific OTC medications to be administered during school hours.
- **Over-The- Counter Medication Consent** - parent(s)/ guardian(s) can approve/ decline which stocked medications their child may receive from the nurse as needed.

Concussion Screening

Due to a noticeable increase in head injuries among students- athletic and non-athletic related- we are implementing a mandatory concussion testing policy for ALL students in grades 7-12.
This policy does not apply to Elementary Students.

All students in grades 7-12 will be required to complete baseline testing through ImPACT before the start of Summer Phase. This testing is a precautionary measure that will allow medical professionals to better assess and manage potential head injuries should they occur. The safety and well-being of our students remain our top priority. ImPACT testing is a widely accepted tool used by schools and sports organizations across the country to ensure appropriate care and recovery plans can be followed in the event of a head injury. The concussion test baseline is **valid for 2 years.**

Sunscreen and Sun Protection

Students do not require documentation from a health care provider in order to use sunscreen or sun-protective clothing, including hats and sunglasses, while outdoors. School personnel are also not required to assist a student in applying sunscreen.
If your student requires sunscreen, hats, or sunglasses during the summer months, the following are **NOT** allowed:

- aerosol sprays
- lotion or cream sunscreens with strong fragrances
- hats with vulgar language or images

Student Health Records

St. Benedict's Prep uses the Magnus Student Information System to retrieve and store medical information such as:

- Demographic Information
- Health Emergency Contacts
- Clinic Alerts - Severe Allergies/Medical Conditions
- Action Plans (Allergy, Diabetes, Seizure, Cardiac)
- Medical Treatment Consents
- Health Insurance Information
- Medications and Administration
- School Nurse Visit Treatment Notes
- Incident Reports
- Uploads of Medical Documents
    - Annual Physicals
    - Immunization Records
    - A-45 Forms
    - Prescriptions for Medications

Access to all of the above information is given to the administrators of the Magnus SIS, Dr. Glenn Cassidy and Mai-Lan Moore, RN. Certain staff members are given permission to view Magnus for sports and/or school related trips/ functions. To abide by HIPAA and FERPA laws this access only includes vital health information (ie allergies, disclosed medical conditions, dietary restrictions), emergency health contacts, and consent for medical treatment.

Medical files are kept in a locked cabinet in the Nurse's Office. Only the Nurse has the key. Upon graduation, the student's health file is removed from the student Health Record File and placed in the Mandated Student Record in accordance with NJAC 6A:32-7.1(l) and NJAC 6A:16-2.4(c)5.

As per *NJ Admin. Code 6A:32-7.8*, the student health file which includes the Health History/ Immunization (A-45) is kept for 100 years unless the student transfers/ withdraws. In that case, the records are sent to the institution where the student will continue their education or released to the parents after a release of medical records is signed.

Immunization Requirements for St. Benedict's Prep

Unless your student is exempt because of valid medical reason(s) all students are required to have the minimum required number of doses to attend any NJ school. Records must include all immunizations received since birth and can be obtained from your pediatrician, previous school attended (A-45), or NJIIS record (if your child was born in NJ).

Students entering a NJ school from **out of state or out of country** are allowed up to 30 days to provide proof of immunization history before their provisional status begins. Provisional Admission allows a child to enter/ attend school after having received a minimum of one dose of each of the required vaccines. Pupils must be actively in the process of completing the series and on schedule to receive subsequent doses **as rapidly as medically feasible**. The school nurse/ administrator shall review the immunization status of a provisionally enrolled student every 30 days to ensure continued compliance in completing the required doses of vaccine(s).

- Provisional status can only be granted one time to students entering or transferring into schools. Information on this status will need to be sent by the original school to the new school.
- If after the 30 days have elapsed and no documentation of previous vaccination is provided; The child may not attend school until one dose of all age-appropriate required vaccines are received before being provisionally admitted.

Students Entering **7th Grade** - New Jersey State law (N.J.A.C. 8:57-4) mandates all students entering Grade 7, or when they turn 11 years of age, are required to receive the Tdap and Meningococcal Immunizations.

Newark Dept of Health performs immunization audits annually. Students who are not compliant with immunization requirements will be placed on Medical Suspension until missing immunizations are received or a provisional track is started. If records are not rectified by the end of the provisional period, the student will be dismissed from St. Benedict's Prep.

For students with **Religious Exemptions** from Vaccinations - In accordance with **N.J.A.C. 8:57-4.39 (d)** and **4.4 (d)**, In the event of an outbreak of a vaccine preventable disease for which your child is not fully vaccinated, your child will be excluded from school by the Newark Department of Health. This is to protect his/her health and the health of all our students and staff. It is important to understand that with some diseases such as measles, one infected child is an outbreak. The length of time your child will be kept out of school depends on the disease. St. Benedict's Prep is not responsible for providing virtual/remote learning during your child's exclusion. You will have to coordinate with your local school district to provide learning for your child.

If your child is excluded, your child will also be excluded from school sponsored activities, such as sporting events, dances, and graduation that occur within the exclusion period. St. Benedict's will notify you when your child can return to school.



New Jersey School (K-12) Vaccine Requirements

New Jersey requires children attending school to meet minimum immunization requirements. These vaccines help protect children from serious illnesses that can easily spread in group settings, where they are in close contact with one another. For the best protection, children should follow the AAP childhood schedule.

The table below shows the number of vaccine doses required based on the child's grade of entry. Fewer doses may be needed than what is listed if the child is behind schedule. Talk to your child's doctor for details.

	Kindergarten/Grade 1 (Entry Grade)	**Grades 2-6**	**Grades 7-12**
DTaP (for children under age 7) **Td/Tdap** (for children 7 and older)	**Primary Series:** 4 or 5 doses (at least one dose on or after the 4th birthday)	Proof of completing primary series (at least one dose on or after the 4th birthday)	Proof of completing primary series **AND** at least 1 Tdap at age 10 or older.
IPV/OPV	Total of 3 or 4 doses (at least one dose given on or after the 4th birthday)		
MMR	Total of 2 doses		
VAR	Total of 1 dose		
Hep B	Total of 3 doses (or an approved two-dose series)		
Men ACWY	None	None	Total of 1 dose which must be given at age 10 and older

Vaccine Key

DTaP: Diphtheria, Tetanus, and Pertussis (whooping cough)

Td: Tetanus and diphtheria

Tdap: Tetanus, diphtheria, pertussis

IPV/OPV: Inactivated Polio Vaccine and Oral Polio Vaccine

MMR: Measles, Mumps, and Rubella

VAR: Varicella

Hep B: Hepatitis B

MenACWY: Meningococcal ACWY

NJHealth New Jersey Department of Health

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This is a summary document. New Jersey's minimum immunization requirements are based on the American Academy of Pediatrics (AAP), AAP childhood schedule. Vaccines are required at the earliest age of school entry. Children who are not up to date with the required vaccines will be required to follow the catch-up immunization schedule; parents should speak to their health care provider to help their children get caught up.

Medical and religious exemptions (reasons for not receiving vaccines) are detailed in the Immunization of Children in Child Care Centers and Schools regulations. Instructions for viewing the regulations are available at nj.gov/health/cd/imm_requirements/acode/. Another resource is the "NJ Immunization Requirements Frequently Asked Questions", available at nj.gov/health/cd/imm_requirements/.

***DTaP/Td/Tdap**

Kindergarten or Grade 1: By the time children start school, they need 4 or 5 DTaP doses, depending on their age when they began the vaccination series. At least one dose must be given on or after their 4th birthday.

Grades 2–6: A primary series means completing all the beginning doses of a vaccine. Children age 7 or older who are not up to date need to either finish their Td/Tdap vaccine series or show they have already had at least 3 total doses of DTaP, Td, or Tdap with one dose on or after the 4th birthday. Your health care provider can help your child get caught up by using the catch-up schedule.

Grades 7 and higher: Students must have one Tdap dose given at age 10 or older and show proof that they completed the primary series.

Kindergarten through grade 12

IPV/OPV: OPV is not recommended for use, nor is it available in the United States. However, OPV may be utilized in other countries. Doses are only accepted if given before April 2016. Children who receive OPV doses after April 2016 must receive IPV doses instead. At least one dose must be given on or after their 4th birthday. Previously polio vaccine doses were not required for those 18 years of age an older; however, those 18 and older must now meet the requirements for school attendance.

MMR: Two doses of measles, mumps, and rubella.

Varicella: One dose of varicella is required. Two doses are recommended by AAP, but not required for school attendance.

Hep B: 3 doses or an approved two-dose series.

Meningococcal ACWY: One dose of MenACWY is required for those ages 10 and older at grade 7 and higher. Doses of MenACWY given before age 10 would need to be repeated.