



Parents and Guardians of Student Enrolled in Lifetime Wellness,

Students enrolled in the Lifetime Wellness course at our district's high schools are scheduled to receive Family Life instruction. This is in compliance with Tennessee Code Annotated 49-6-1301-1307 that mandates that our school system implement a program of Family Life instruction for students.

We have endeavored to make this an age-appropriate instructional program following Tennessee's standards. Family Life classes are taught by district teachers and may involve district approved outside presenters. All students will participate in these classes unless a parent/guardian requests in writing to exempt his or her son/daughter. The form below may be used to express your desire to exempt your student or to allow them to participate.

Students may be exempted from the Family Life unit according to T.C.A. 49-6-1305: "A parent or guardian who wishes to excuse a student from any portion of family life shall submit a request, in writing, to the student's instructor, school counselor, or principal. A parent or guardian who wishes to excuse a student from all portions of family life shall submit a request in writing to the student's principal. A student who is excused from any or all portions of family life shall not be penalized for grading purposes if the student satisfactorily performs alternative health lessons."

Family Life curriculum and materials may be reviewed at the school by appointment. Please contact your child's Lifetime Wellness teacher or principal to schedule that review. The district approved framework for Family Life instruction can be found on our district website at <https://www.wcschools.com/students-families/family-life-education> under Family Life Information.

If you have any questions or concerns, please contact your child's Lifetime Wellness teacher or school principal.

FAMILY LIFE INSTRUCTION My child MAY NOT participate_____

PARENT/GUARDIAN SIGNATURE_____

STUDENT NAME_____