

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 DEAD WEEK No Pracrice	3 DEAD WEEK No Pracrice	4 DEAD WEEK No Pracrice	5 DEAD WEEK No Pracrice	6 DEAD WEEK No Pracrice	7 DEAD WEEK No Pracrice	8 DEAD WEEK No Pracrice
9	<i>First Day of Season</i> 10 LHS Swim Practice 4:00-5:30pm @ Kroc	11 LHS Swim Practice 4:00-5:30pm @ Kroc	12 LHS Swim Practice 4:00-5:30pm @ Kroc	13 LHS Swim Practice 4:00-5:30pm @ Kroc	14 LHS Swim Practice 4:00-5:30pm @ Kroc	15
16	17 LHS Swim Practice 5:00-6:30pm @ Sanders Beach	18 LHS Swim Practice 5:00-6:30pm @ Sanders Beach	19 LHS Swim Practice 5:00-6:30pm @ Sanders Beach	20 LHS Swim Practice 5:00-6:30pm @ Sanders Beach	21 LHS Swim Practice 5:00-6:30pm @ Sanders Beach	22
23	24 LHS Swim Practice 4:00-5:30pm @ Kroc	25 LHS Swim Practice 4:00-5:30pm @ Kroc	26 LHS Swim Practice 4:00-5:30pm @ Kroc	Team Picture Day 27 LHS Swim Practice 4:15-5:30pm @ Twin Lakes	Track Practice 28 LHS Swim Practice 4:30-5:30pm @ LHS	29
30	31 LHS Swim Practice 4:00-5:30pm @ Kroc					

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 LHS Swim Practice 4:00-5:30pm @ Kroc	2 LHS Swim Practice 4:00-5:30pm @ Kroc	3 LHS Swim Practice 4:00-5:30pm @ Kroc	NO PRACTICE 4 Enjoy your Labor Day Weekend	5
W S	NO PRACTICE 7 Labor Day	8 LHS Swim Practice 5:00-7:00pm @ Kroc	9 LHS Swim Practice 5:00-7:00pm @ Kroc	10 LHS Swim Practice 5:00-7:00pm @ Kroc	11 LHS Swim Practice 5:00-7:00pm @ Kroc	Warm Ups 1:00 pm 12 ICEBREAKER Swim Meet @ U of I Co-Host w/ MHS
13	14 LHS Swim Practice 5:00-7:00pm @ Kroc	15 LHS Swim Practice 5:00-7:00pm @ Kroc	16 LHS Swim Practice 5:00-7:00pm @ Kroc	17 LHS Swim Practice 5:00-7:00pm @ Kroc	18 LHS Swim Practice 5:00-7:00pm @ Kroc	Warm Ups 1:30pm 19 Swim Meet @ U of I
20	21 LHS Swim Practice 5:00-7:00pm @ Kroc	22 LHS Swim Practice 5:00-7:00pm @ Kroc	23 LHS Swim Practice 5:00-7:00pm @ Kroc	24 LHS Swim Practice 5:00-7:00pm @ Kroc	25 LHS Swim Practice 5:00-7:00pm @ Kroc	Warm Ups 10:30am 26 Swim Meet @ Kroc
27	28 LHS Swim Practice 5:00-7:00pm @ Kroc	29 LHS Swim Practice 5:00-7:00pm @ Kroc	30 LHS Swim Practice 5:00-7:00pm @ Kroc			

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 LHS Swim Practice 5:00-7:00pm @ Kroc	2 LHS Swim Practice 5:00-7:00pm @ Kroc	3 NO SWIM MEET: SAT Saturday
4 LHS Swim Practice 5:00-7:00pm @ Kroc	5 LHS Swim Practice 5:00-7:00pm @ Kroc	6 LHS Swim Practice 5:00-7:00pm @ Kroc	7 No Practice Kroc Pool Closed	8 LHS Swim Practice 5:00-7:00pm @ Kroc	9 LHS Swim Practice 5:00-7:00pm @ Kroc	10 Warm Ups 8:30 am Swim Meet @ Kroc
11 LHS Swim Practice 5:00-7:00pm @ Kroc	12 LHS Swim Practice 5:00-7:00pm @ Kroc	13 LHS Swim Practice 5:00-7:00pm @ Kroc	14 LHS Swim Practice 5:00-7:00pm @ Kroc	15 LHS Swim Practice 5:00-7:00pm @ Kroc	16 LHS Swim Practice 5:00-7:00pm @ Kroc	17 Warm Ups 10:00 am SWIM MEET @ Kroc
18 LHS Swim Practice 5:00-7:00pm @ Kroc	19 LHS Swim Practice 5:00-7:00pm @ Kroc	20 LHS Swim Practice 5:00-7:00pm @ Kroc	21 LHS Swim Practice 5:00-7:00pm @ Kroc	22 LHS Swim Practice 5:00-7:00pm @ Kroc	23 LHS Swim Practice 5:00-7:00pm @ Kroc	24 Warm Ups 1:30pm Districts Meet @ U of I
25 LHS Swim Practice 5:00-7:00pm @ Kroc	26 LHS Swim Practice 5:00-7:00pm @ Kroc	27 LHS Swim Practice 5:00-7:00pm @ Kroc	28 LHS Swim Practice 5:00-7:00pm @ Kroc	29 LHS Swim Practice 5:00-7:00pm @ Kroc	30 LHS Swim Practice 5:00-7:00pm @ Kroc	31

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LHS Swim Practice 5:00-7:00pm @ Kroc	3 LHS Swim Practice 5:00-7:00pm @ Kroc	4 LHS Swim Practice 5:00-7:00pm @ Kroc	5 Travel Day for State Swim Meet	6 State Swim Meet @ Boise	7 State Swim Meet @ Boise
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					