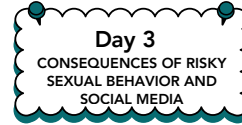
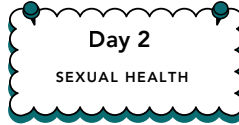


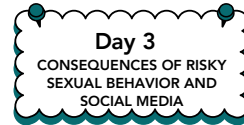
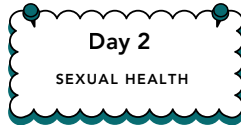


Healthy Relationships for Life



State Standards & Curriculum/Acitivites

Component	Subcomponent	Standard	Curriculum/Activities
Personal Wellness	Disease Prevention	HS.PW.8 Explain the importance of preventative health care and how it contributes to overall health.	Real Essentials , Medical Institute for Sexual Health , CDC
	Disease Prevention	HS.PW.9 Identify and explain signs, symptoms, screenings, treatment, and prevention of chronic or non-infectious diseases (i.e. cardiovascular disease, cancer, diabetes)	Discussion of the difference between infectious and non-infectious diseases to set up conversation for HS.PW.10, CDC, Medical Institute for Sexual Health
	Disease Prevention	HS.PW.10 Identify and explain signs, symptoms, screenings, treatment, and prevention of infectious diseases (STIs)	CDC, Medical Institute for Sexual Health, Choosing Best
	Disease Prevention	HS.PW.11 Analyze the difference between infectious and non-infectious diseases	Real Essentials, Medical Institute for Sexual Health, CDC
	Disease Prevention	HS.PW.12: Identify and implement the strategies for preventing diseases (health screenings, vaccinations (HPV))	CDC, Medical Institute for Sexual Health, Choosing Best
Mental, Emotional, and Social Health	Emotional Health	HS.MESH.1 Identify emotions and their effects on the mind and body	Real Essentials 6 Categories of Intimacy
	Social Health	HS.MESH.9 Identify positive ways of resolving interpersonal conflict	Real Essentials - Healthy Vs. Unhealthy Relationships - Test of Trust / Relationship Red Flags
	Social Health	HS.MESH.10 Demonstrate appropriate refusal skills (sexual activity)	Real Essentials - Consent - Refusal Skills
First Aid & Safety	Technology Safety	HS.TS.1 Identify how people utilize technology to build relationships and to abuse and exploit relationships	NAHT (Nashville Anti - Human Trafficking Coalition)
	Technology Safety	HS.TS.2 Identify the risks associated with sexting	
	Technology Safety	HS.TS.3 Define online sexual exploitation	
	Technology Safety	HS.TS.4 Explain ways to create and maintain a safe and positive online environment	
Human Growth and Development	Relationships	HS.HGD.1 Examine the aspects of positive relationships (dating)	Real Essentials - Healthy Vs. Unhealthy Relationships - Test of Trust / Relationship Red Flags
	Relationships	HS.HGD.2 Determine the influence of families, media, cultural traditions, and economic factors on human development.	Real Essentials 6 Categories of Intimacy
	Realationships	HS.HGD.3 Define types of abuse where the victim is a child such as (sexual abuse) including abuse that may occur in the home, and human trafficking	Real Essentials, Nashville Anti-Human Trafficking Coalition Test of Trust / Relationship Red Flags
	Relationships	HS.HGD.4 Evaluate how to reduce the risks of becoming a victim of abuse and identify methods for seeking help from a trusted adult and ocmunity resources for reporting	
	Relationships	HS.HGD.5 Explain methods to reduce your risk of becoming a victim of abuse and identify methods for seeking help from trusted adult and community resources for reporting.	
	Relationships	HS.HGD.6 Discuss the detection, interventionm, prevention and treatment of human trafficking for children and adults.	



State Standards & Curriculum/Acitivites cont'd

Component	Subcomponent	Standard	Curriculum
Human Growth and Development	Sexuality	HS.HGD.7 Explain basic structures and functions of the reproductive system as they relate to the human life cycle (conception, birth, childhood, adolescence, adulthood)	Baby Oliver/Olivia Video,
	Sexuality	HS.HGD.8 Recognize abstinence from all sexual activity as a positive choice	- Real Essentials 14 Steps of Intimacy - Success Sequence 6 Categories of Intimacy
	Sexuality	SH.HGD.9 Identify preventative methods and potential outcomes of engaging in sexual behaviors (pregnancy, abstinence, adoption, Hep B, STIs) Compare various contraceptive methods in accordance to stae/district policy.	- Choosing Best - Contraceptives - Roll the Dice 6 Categories of Intimacy
	Sexuality	HS.HGD.11 Explain adoptin and the types of adoption (open, semi-open, and closed)	https://socialsci.libretexts.org/ https://adoptioncouncil.org/ https://www.tn.gov/content/dam/tn/dcs/documents/quality_improvement/child-welfare/DCS_PracticeModel.pdf
Human Growth and Development, continued...	Sexuality	HS.HGD.12 Analyse the benefits of adoption	
	Sexuality	HS.HGD.14 Describe the protections in the Tennessee Safe Haven law for the voluntary surrender of an unharmed infant by the mother	Ⓢ Safe Haven Law
	Sexuality	HS.HGD.15 Identify the benefits of high school graduation, postsecondary enrollment, marriage, and raising a fmily and analyze how the completion of these events, in the order listed, can influence personal and societal outcomes.	Success Sequence video & Study ref: ASCEND Network