

SCHOOL DISTRICT OF HAVERFORD TOWNSHIP RECOMMENDED SAFE FOODS/SMART SNACK GUIDELINES

The following information will help you understand the food allergy issue in the classrooms and school, the requirements for the USDA Smart Snacks in Schools, and the revised SDHT School Wellness Policy # 246

	Allergen Free	Safe Food List	No Restrictions
Individual Classroom Snacks for Allergen Free Classrooms*	X		
Classroom/Grade Parties Snacks for Allergen Free Classrooms*	X	X	
Classroom/Grade Parties Snacks for Non-Allergy Classrooms		X	
Lunch brought from home to be eaten in the lunchroom			X
<i>*Please check with your child's Teacher for Specific food Allergy restrictions</i>			

ALLERGEN FREE CLASSROOMS (example: Nut Free Classroom) *

These are certain designated classrooms that families/students will be notified if they are assigned. Instructions will be given about what not to bring.

*HANDS OF ALL STUDENTS IN CLASSROOM MUST BE WASHED PRIOR TO AND AFTER FOOD CONSUMPTION. *DESKTOPS OF ALL STUDENTS IN CLASSROOM MUST BE WIPED WITH DISPOSABLE WIPES BEFORE AND AFTER FOOD IS EATEN

LUNCH- NO RESTRICTIONS for any student bringing lunch from home to be eaten in the cafeteria.

SCHOOL INITIATED CELEBRATIONS: RECOMMENDED SAFE FOODS/SMART SNACK LIST

ALL SCHOOL/GRADE LEVEL INITIATED CELEBRATIONS (Non-Allergy Classrooms) should use the Recommended Food List that meets the Safe Foods List and Smart Snack requirements.

CLASSROOM PARTIES (for example Halloween, Winter Holiday, Valentine's Day)

(Non-Allergy Classrooms) should use the Recommended Food List that meets the Safe Foods List and Smart Snack requirements.

Only fruits, vegetables and prepackaged items in the original packaging with the ingredients clearly listed are permitted. Neither home baked nor goods made by a grocery store are acceptable for classroom parties.

Classroom teachers and nurses will be responsible for monitoring the ingredient labels of packaged food and checking them with allergy lists for Allergen Free classes.

Listed below is a list of foods that are Smart Snack Compliant and are available for purchase from the school cafeteria through the ordering form.

School District of Haverford Township SAFE FOODS/SMART SNACK LIST

Allergen Lists are attached for Reference.

Labels can be found on the Food Service website.

Bag Snack Items

Reduced Fat Doritos 1 oz. bags – Ranch, Nacho, Spicy Sweet, White
Reduced Fat Cheetos .7 oz. bag
Baked Cheetos .875 oz. bag
Baked Lays Chips .875 oz. bag – Regular, BBQ SC & Onion
Funyuns .75 oz. bag
Nature Valley Granola Bar .89 oz. – Oatmeal Raisin, Chocolate Chunk
Sun Chips, 1 oz. bag – Garden Salsa
Rold Gold Heartzels .7 oz. bag
Cheeze-it Crackers
Goldfish Cheddar Crackers .75 oz. bag
Motts Fruit Snacks 1.6 oz. bag
WG Rice Crispy Treats 1.41 oz. – regular and confetti

Hershey Ice Cream Novelties

6 oz. dessert cups – chocolate, vanilla, cotton candy
Chocolate or Strawberry Éclair Bar
Fudge Bar
Ice Pops – watermelon, orange and cherry
Ice Cream Sandwich
Twister Cups – Apple, Blue Raspberry
Polar Blast Bars – Apple or Cherry

All Fresh Fruits and Vegetables

Birthday Celebrations: Food or beverage treats for birthday celebrations are not permitted.

We encourage you to participate in one of the listed activities. To honor a student birthday, we ask that non-food celebrations be arranged with the teacher at least one week prior to their special day. To minimize disruption to the instructional day, we also ask that these celebrations be limited to no more than 10 to 15 minutes.

Instead of consumable items consider the following:

- Reading a favorite book to your child's class
- Donating a book to the classroom or school library with a birthday inscription
- Asking your child's teacher to extend community meeting time for the class by 10 minutes in honor of your child's birthday
- Teaching the class a simple craft, art activity or game
- Engaging the class in an activity that centers on reading, drawing and or other interests your child might have.
- Engage class in a cultural activity that will expose our students to something unique about a particular background

What are the Smart Snacks Standards for foods?

To qualify as a Smart Snack, a snack or entrée must first meet the general nutrition standards:

- Be a grain product that contains 50 percent or more whole grains by weight (have a whole grain as the first ingredient); or
- Have as the first ingredient a fruit, a vegetable, a dairy food, or a protein food; or
- Be a combination food that contains at least $\frac{1}{4}$ cup of fruit and/or vegetable (for example, $\frac{1}{4}$ cup of raisins with enriched pretzels); and
- The food must meet the nutrient standards for calories, sodium, fats, and total sugars.

Nutrient	Snack	Entrée
Calories	200 calories or less	350 calories or less
Sodium	200 mg or less	480 mg or less
Total Fat	35% of calories or less	35% of calories or less
Saturated Fat	Less than 10% of calories	Less than 10% of calories
Trans Fat	0 g	0 g
Total Sugars	35% by weight or less	35% by weight or less

Smart Snack Allergen List

The Following Snacks Do Not Contain Peanuts or Tree Nuts

Item	Gluten Free	Contains Milk	Contains Wheat	Contains Soy	Contains Artificial Dyes
Cheetos Reduced Fat Puffs	X	X			X
Baked Cheetos	X	X			
RF Doritos Nacho Cheese		X			
RF Doritos Flamas		X			
RF Spicy Sweet Doritos			X	X	
RF Cool Ranch Doritos		X			
RF White Nacho Doritos		X			
Baked Lays	X			X	
Baked Lays BBQ				X	
Kettle Cooked Lays Potato Chips		X		X	
Funyuns		X			
Ruffles Baked Cheddar & Sour Cream		X			
Salsa Sun Chips		X	X		
Rold Gold Hartzels Pretzels			X		
Smartfood RF White Cheddar Popcorn		X			
Tostitos Baked Scoops	X				
Kellogg's Tiger Bites Choc. Graham		X		X	
Nature Valley Granola Bar Chocolate Chunk		X		X	
Scooby-Doo Graham Crackers			X	X	
Goldfish Cheddar Crackers		X	X		
Fruit Roll-ups	X				
Mott's Fruit Snack	X				
Mott's Mixed Berry and Assorted	X				
WG Rice Krispy Treats Regular		X		X	X
WG Rice Krispy Treats Confetti		X		X	X
Cheez it Crackers		X	X	X	



Smart Snack Approved

Allergens have always been a priority for our company as we strive to produce products that everyone can enjoy. The Hershey Creamery Company understands the importance of providing safe alternatives to individuals with food allergies. Our goal is to make the best products available and we pride ourselves on our variety and quality. The following list contains

allergen information for products that may be distributed through school systems. This list is ever changing as we develop new flavors/products. It is imperative that individuals with allergen concerns read our product labels for the most current allergen information.

CATEGORY	SKU	ITEM	Non Dairy	Milk	Soy	Wheat	Egg	Tree Nut	Peanut	Gluten Free Ingredients
Stick Novelties	31000	Fruit Punch Freeze Polar Blast® Bar	✓							✓
	31150	Chocolate Scooter Bar		✓	✓	✓				
	31151	Strawberry Scooter Bar		✓	✓	✓				
	31152	Fudge-O Bar		✓						✓
Cones	31306	Low Fat Cookies & Cream Cone		✓	✓	✓				
	31303	Crazy Cone		✓	✓	✓				
	31307	Vanilla Chocolate Twist Cone		✓	✓	✓				
Sandwiches	31319	Low Fat Vanilla Ice Cream Sandwich		✓	✓	✓				
	31355	Low Fat Cookies & Cream Ice Cream Sandwich		✓	✓	✓				
	31352	Mighty Mini Sandwich		✓	✓	✓				
	31357	Party Panda Sandwich		✓	✓	✓				
3oz Cups	31677	Low Fat Chocolate Sundae Cup		✓						✓
	31676	Low Fat Strawberry Sundae Cup		✓						✓
	31670	Low Fat Chocolate Ice Cream Cup		✓						✓
	31669	Low Fat Vanilla Ice Cream Cup		✓						✓
	31680	Low Fat Zombie Sundae Cup		✓						✓
	31682	Low Fat Sugar Cookie Ice Cream Cup		✓						✓
	31683	Low Fat Whole Lotta Chocolate Ice Cream Cup		✓						✓
Twister Cup	50245	Fat Free Cotton Candy Twister Cup		✓						✓
	50260	Fat Free Sour Blue Raspberry Twister Cup								✓
SillyTubes®	40001	SillyTubes Push-up Pop	✓							✓
Tropi-Kool® Fruit Bars	31234	Strawberry Tropi-Kool® Fruit Bar	✓							✓
	31232	Mango Tropi-Kool® Fruit Bar	✓							✓
Juice Rush® Cups	31700	Cherry Blue Raspberry Juice Rush®	✓							✓
	31702	Strawberry Mango Juice Rush®	✓							✓
Insulated Cups	31570	Fat Free Vanilla Yogurt Cup		✓						✓
	31480	Lemon Sherbet Cup		✓						✓
	31490	Orange Sherbet Cup		✓						✓
	31500	Raspberry Sherbet Cup		✓						✓



www.hersheyicecream.com/smart-snacks-in-schools

PRODUCTS OF HERSHEY CREAMERY CO. – NOT AFFILIATED WITH HERSHEY'S CHOCOLATE.

* - Not affiliated with Okanagan Specialty Fruits or the ARCTIC® apple brand.

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Artificial Coloring Informational Chart

	ITEM	CONTAINS NO ARTIFICIAL COLORS	BLUE #1	BLUE #2	GREEN #3	RED #3	RED #40	YELLOW #5	YELLOW #6
Twister Cups	No Fat Cotton Candy Yogurt Twister Cup	✓							
	No Fat Sour Blue Raspberry Twister Cup	✓							
Cones	Low Fat Cookies N' Cream Cone	✓							
	Low Fat Crazy Cone	✓							
	Low Fat Vanilla Chocolate Twist Cone	✓							
Insulated Dessert	No Fat Vanilla Yogurt Dessert Cup	✓							
	Lemon Sherbet Dessert Cup								✓
	Orange Sherbet Dessert Cup						✓	✓	✓
	Raspberry Sherbet Dessert Cup		✓				✓		
Dessert Cups	Low Fat Strawberry Sundae Dessert Cup	✓							
	Low Fat Chocolate Sundae Dessert Cup	✓							
	Low Fat Chocolate Ice Cream Dessert Cup	✓							
	Low Fat Vanilla Ice Cream Dessert Cup	✓							
Sandwiches	Low Fat Vanilla Mighty Mini Sandwich	✓							
	Low Fat Vanilla Ice Cream Sandwich	✓							
	Low Fat Cookies & Cream Sandwich	✓							
	Low Fat Party Panda Sandwich	✓							
Silly Tubes	SillyTubes® Wild Monster Melon	✓							
Fruit Bars	Strawberry Tropi-Kool® Fruit Bar	✓							
	Mango Tropi-Kool® Fruit Bar	✓							
Stick Bars	Chocolate Scooter Ice Cream Bar		✓				✓		
	Strawberry Scooter Ice Cream Bar						✓		
	Fudge-O® Bar	✓							
	Polar Blast® - Fruit Punch Bar	✓							
Juice Rush®	Cherry Blue Raspberry - Juice Rush®		✓				✓		
	Strawberry Mango - Juice Rush®	✓							
Cookies	1 oz. Whole Grain Chocolate Brownie Cookie	✓							
	1 oz. Whole Grain Sugar Cookie	✓							
	1 oz. Whole Grain Chocolate Chip Cookie	✓							
	1 oz. Whole Grain Rainbow Cookie		✓				✓	✓	✓

