Important information about the breakfast and lunch program in the school district of Haverford Township.

Dear Parent/Guardian,

We're excited to welcome students back to the cafeteria for the 2026–27 school year! As we prepare for the new year, here's a quick look at what you and your child can expect, including what's available in the cafeteria, meal pricing details, how to apply for free or reduced-price meals, our approach to managing food allergies (including required documentation), and a preview of the new recipes, meal concepts, and programs coming this fall.

🍽 Delicious, Nutritious Foods Kids Love

Our team of chefs and dietitians at Chartwells are introducing even more variety to our menus this year, featuring new kid-approved recipes and continuing to offer consistent favorites. All items served meet USDA National School Lunch Program (NSLP), School Breakfast Program (SBP), and Smart Snack guidelines.

- In **the elementary schools,** , students can choose from 4 entrees daily, including a vegetarian option. Meals come with low-fat white or flavored milk and a variety of fresh and prepared fruits and vegetables.
- In **middle and high schools**, students will have at least 15 entrée options each day, also including vegetarian selections, plus fruits, vegetables, and milk.
- A la carte items like bottled drinks and packaged snacks will be available for purchase at all locations.

🆕 This year's NEW featured menu highlights include:

- **Pizza Daze:** A celebration of everyone's favorite slice, Pizza Daze is a limited-time campaign bringing students together with craveable classics and creative spins that make every lunch feel like a win!
- **Nutrition: Game On:** This fall, elementary students will experience our brand-new nutrition education program designed to make healthy habits fun, engaging, and meaningful! Nutrition: Game On turns nutrition education into a year-long adventure where learning about food feels more like a game than a lesson. Each month, students will embark on a new themed "mission" that explores food, movement, and healthy choices through storytelling, activities, and experiences in the cafeteria.
- **PA Harvest of the Month:** Local produce and new recipes will feature PA locally sourced fruits and vegetables each month

School meals are a reliable way to ensure students get nutritious, balanced meals while reducing food waste and easing the burden of rising grocery costs on families.

💵 Meal Costs & Applications for Free or Reduced-Price Meals

For the 2026-27 school year:

- **Breakfast will be free for all students in Pennsylvania**
- **Lunch will cost:**
  - **Elementary $3.00**
  - **Middle School $3.35**
  - **High School $3.45**

Free or reduced-price meals are available for qualifying students. We encourage *all* families to complete the short, confidential meal application – even if you don't think you qualify – to avoid any gaps in benefits and to support school funding efforts.

Applications can be submitted:

- **Online:** School Cafe
- **In person:** At your child's school office

💳 Adding Funds to Student Accounts

In addition to their daily meals, kids will have the opportunity to purchase retail and à la carte items in the cafeteria. Please be sure to add funds to your student's account following these steps.
School Cafe Instructions

⚠ Food Allergies & Special Dietary Needs

We are committed to safely supporting students with food allergies or medical dietary needs. Our approach includes collaboration among families, school nurses, administrators, and food service staff.

To request a meal accommodation:

- Submit a **Medical Statement** signed by a licensed medical provider (physician, physician assistant, or nurse practitioner).
- The statement must include:
  - Information about the child's impairment that is sufficient for understanding how it restricts the child's diet,
  - An explanation of what must be done to accommodate the child's disability, and
  - If appropriate, the food(s) to be omitted, texture modifications, and recommended substitutions.

Submit the completed form to ltaddei@]haverfordsd.net and confirm receipt and plan activation Lisa Taddei, Director of Dining Services: 610-853-5900 EXT 7141

Programs that Encourage Fun and Discovery

We're making school meals fun and educational with programs that promote discovery and lifelong healthy habits:

- **Nutrition: Game On:** Our newest elementary program turns nutrition education into a year-long adventure where learning about food feels more like a game than a lesson.
- **Global Eats:** Explore cuisines from China, India, Italy, Mexico, Korea, and the Caribbean.
- **Discovery Kitchen:** Monthly themes get students cooking, tasting, and learning about nutrition.
- **Mood Boost:** Connects food and feelings for K-5 students using characters and mood-based meals.
- **Student Choice:** Middle and high school students help shape menus and bring trending food concepts to school.
- **Power Up:** Teaching students how to stay energized and hydrated for whatever the day may bring, with recipes featuring a variety of nutritious, macro-rich ingredients.
- **Farmer's Market:** Bringing farm-fresh produce directly to the heart of the community, we host kid friendly free farmers markets. Students will shop with play money, choosing from a variety of fresh fruits, vegetables, herbs, and more.

Menus and Nutrition at Your Fingertips

Stay informed with **Nutrislice**, a free app that provides menus, nutrition info, allergen details, and photos. Download from the **App Store or Google Play**, or visit Nutrislice

Note: Product substitutions may occur that affect allergens or nutritional content. If substitutions are made, meals may differ from posted menus to ensure safety. While we strive to update Nutrislice in real time, it's best to check directly with the cafeteria manager for allergy-related questions. Please remind your child to speak with cafeteria staff about any food concerns.

Celebrating Our School Lunch Heroes

Our cafeteria staff is a constant source of support for students throughout their school years. These dedicated team members work hard every day to make mealtimes nutritious and enjoyable. We're always looking for new team members! Join our dining services staff for a family-friendly schedule (no nights or weekends), great perks, and more. Learn more or apply at Haverford Food Service Jobs

We're proud to share our passion for food, discovery, and nutrition with your children. If you have questions, feedback, or suggestions, we'd love to hear from you. Here's to a happy and healthy school year!

Sincerely,

Lisa Taddei, Director of Dining Services
ltaddei@haverfordsd.net

Josh Winokur, Executive Chef
jwinokur@haverfordsd.net

Donna Miles, Food Service Secretary
dmiles@haverfordsd.net