

AGES 2-14



FALL **RUNNING** SERIES

*Dedicated to empowering children physically, socially & emotionally
in a supportive, community-based environment.*

Age/Grade	Distance
Pre-K 2/3 years	50-Yard Dash
Pre K 4/5 years	75-Yard Dash
Kinder & 1st Grade	1/4-Mile
2nd & 3rd Grade	1/2-Mile
4th-8th Grade	1-Mile
2nd-8th Grade	Alternate 1/4-Mile (Great for Beginner Runners)

\$35

*Sibling Discount

INCLUDES:

3 Races
Finisher Medal
Cardio Kidz Swag
Weekly Progress Report
Goal Tracker Sheet

ALL ABILITIES WELCOME!

SUNDAYS

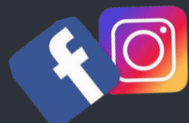
Sept. 13, 20 & 27

*Rain Date: 10/4

4:00pm

Pine Park

Hoffman Estates



For more information
& to register visit:

www.cardiokidz.org

Cardio Kidz NFP is a registered 501(c)(3) nonprofit organization

Community Consolidated School District 15 neither recommends nor endorses the programs or organizations posted on this page. Distribution of informational material is for the convenience of District 15 students and families and does not imply endorsement by the district