

## **August Menu 2026**

### **Tuesday, August 11**

Crunchy Grass Fed Organic Beef Taco (scratch-made, gluten free)  
Crispy Chicken Sandwich  
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

### **Wednesday, August 12**

Buffalo-Style Chicken Wings (mild) & Garlic Knot  
Grilled Cheese Sandwich (scratch-made, vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Mini Rice Krispie Treat (gluten free)

### **Thursday, August 13**

Baked Potato with Cheese Sauce & Toppings (gluten free)  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD Pepperoni Pizza (scratch-made, contains pork)  
Oatmeal Benefit Bar & String Cheese (vegetarian)

### **Friday, August 14**

Grass Fed Beef Hamburger  
Grass Fed Beef Cheeseburger  
Chicken Meatballs with Marinara (scratch-made), & Garlic Knot  
Yogurt & Granola (vegetarian, gluten free)  
Freshly Baked Chocolate Chip Cookie (vegetarian)

### **Monday, August 17**

Pasta with Butter Parmesan Sauce & Garlic Bread (scratch-made, vegetarian)  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD Margarita Pizza (scratch-made, vegetarian)  
Yogurt & Granola (vegetarian, gluten free)

### **Tuesday, August 18**

Homemade Bean & Cheese Burrito (vegetarian, scratch-made)  
Crispy Chicken Tenders  
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

### **Wednesday, August 19**

Orange Chicken with Brown Rice  
Stuffed Cheese Quesadilla (scratch-made, vegetarian)  
Stuffed Quesadilla with Grilled Chicken (scratch-made)  
Yogurt & Granola (vegetarian, gluten free)  
Fortune Cookie (vegetarian)

### **Thursday, August 20**

Fiesta Nachos (vegetarian) with Grass Fed Organic Beef (scratch-made, gluten free)

EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD BBQ Chicken Pizza (scratch-made)  
Oatmeal Benefit Bar & String Cheese (vegetarian)

**Friday, August 21**

Grass Fed Beef Hotdog  
Soft Pretzel Bites with Cheese Dipping Sauce (vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Freshly Baked Celebration Cookie (vegetarian)

**Monday, August 24**

Bowtie Pasta with EUSD Marinara & Garlic Knot (scratch-made, vegetarian)  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD Pineapple Pizza (scratch-made, vegetarian)  
Yogurt & Granola (vegetarian, gluten free)

**Tuesday, August 25**

Baja Fish Taco & Tortilla Chips  
Crispy Chicken Breast Sandwich  
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

**Wednesday, August 26**

Chicken & Waffles  
Grass Fed Beef Hamburger  
Black Bean Veggie Burger (vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Mini Rice Krispie Treat (gluten free)

**Thursday, August 27**

Chicken Shawarma Pita with Garlic Sauce (scratch-made)  
EUSD Cheese Pizza (scratch made, vegetarian)  
EUSD Pepperoni Pizza (scratch made, contains pork)  
Oatmeal Benefit Bar & String Cheese (vegetarian)

**Friday, August 28**

Macaroni & Cheese (scratch-made, vegetarian)  
Chicken Corn Dog (nitrate free)  
Yogurt & Granola (vegetarian, gluten free)  
Freshly Baked Sugar Cookie (vegetarian)

**Monday, August 31**

Creamy Alfredo Pasta (scratch-made) & Garlic Bread (vegetarian)  
EUSD Cheese Pizza (scratch-made, vegetarian)  
EUSD Margarita Pizza (scratch-made, vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Whole Fruit Popsicle (gluten free, vegetarian)

**Student Meal Prices:**

All EUSD Students eat for Free!

**Adult & Visitor Meal Prices:**

Adult/Visitor Breakfast: \$4.00

Adult/Visitor Lunch: \$6.00

**Daily Salad Bar:**

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab and grown organic lettuce and seasonal veggies!

Mondays: Cantaloupe & Jicama

Tuesdays: Locally Grown Sliced Apples

Wednesdays: Sliced Mango & Locally Grown Dassi Farms Persian Cucumbers

Thursdays: California Grown Peaches & Celery

Fridays: Locally Grown Sliced Oranges

Various dressings are offered daily including a gluten free option.

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**Breakfast Menu**

Breakfast is served daily before school. Check with your school office for specific service times. Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

Monday: Ultimate Breakfast Bar (vegetarian), Sweet Bread Concha (vegetarian) & Whole Grain Assorted Cereal (vegetarian)

Tuesday: Banana Bread (vegetarian), Bagel & Cream Cheese (vegetarian) & Whole Grain Cereal (vegetarian)

Wednesday: Bacon & Cheese Egg Bites (contains pork) Maple Belgian Waffle (vegetarian), & Whole Grain Assorted Cereal (vegetarian)

Thursday: Scratch-made Chocolate Chip Muffins (vegetarian), Sunrise Bagel (Open-faced Bagel with Pork Sausage, Bacon, Egg & Cheese) (contains Pork) & Whole Grain Assorted Cereal (vegetarian)

Friday: Hand-rolled Breakfast Burrito (Soy Chorizo, Egg & Cheese) (vegetarian), Fresh Baked Chocolate Chip Scone (vegetarian) & Whole Grain Assorted Cereal (vegetarian)

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**School Meal Information**

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at [www.schoolcafe.com](http://www.schoolcafe.com).

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any

questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services:  
[lea.bonelli@eusd.net](mailto:lea.bonelli@eusd.net).

**Food Allergies:**

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request.
- We serve GF items, but our kitchens are not GF facilities.
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut-free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

**\*\*Menus are subject to change without notice \*\***

This institution is an equal opportunity provider.

**Cream Co. Meats:** Cream Co. works with over 20 sustainable, regenerative, and organic family farms in northern California. Our beef, pork and chicken come from a variety of farms including Mary's Chicken and Beeler's Pork.

**EUSD Farm Lab:** Our certified organic EUSD Farm Lab provides seasonal produce for our salad bars at every school. This includes organic lettuce, carrots, cucumbers, tomatoes, corn, beets, etc. Not to mention all the tomatoes used in our scratch made pizza and pasta sauces.

**Dickinson Family Farms:** Based in Fallbrook, Dickinson Family Farms provides local, seasonal, and organic produce to our schools, including dragon fruit, finger limes, oranges, apples, avocados, etc.

**Hidden Foods:** Started by an Encinitas USD mom, Hidden Foods packs nutrition and "hidden" fruits and veggies into their delicious breakfast muffins served to our students.

**Lopes Family Farms Rice:** This family-owned organic farm in Princeton, California, utilizes an ancient Chinese rice farming technique that incorporates ducks into the cultivation of brown rice. The ducks eat weeds and bugs while enriching the soil with nitrogen and organic matter. Their organic rice can be found in a variety of EUSD entrees.

**Boar's Head:** High quality deli meats and cheeses, free of preservatives and nitrates, while also using whole muscle proteins. Their turkey and cheeses can be found in our deli sandwiches, grilled cheeses, quesadillas, and on our salad bar.

**Giusto's Organic Flour:** Based In San Francisco, Giusto's high quality, organic flour (wheat and all-purpose) is used in our pizza dough and fresh baked goods.

**Dassi Family Farm:** Based in Leucadia and San Marcos, Dassi Family Farm is a local, sustainable greenhouse providing delicious, seasonal tomatoes and cucumbers for our salad bars.

