

Emmett Food Service

Monthly Board Report

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May 2026

FRUITS & VEGGIES HIGHLIGHT

In April we offered:

Young Thai Coconut

Yellow Watermelon

Red Plums

Baby Pineapple

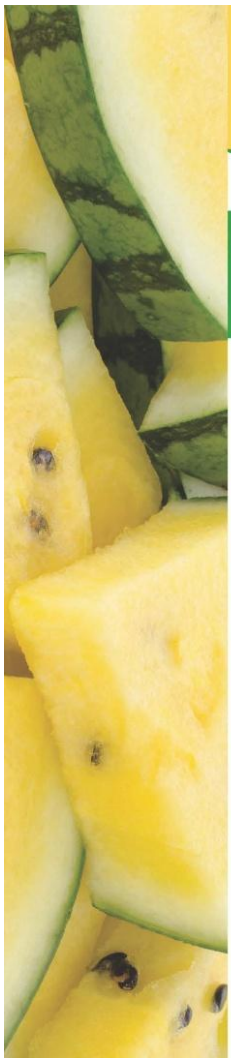
Sugar Snap Peas

Rainbow Baby Carrots w/Tops

***Shadow Butte, Carberry, Butte View and Sweet schools all qualified for fresh fruits and vegetables.**

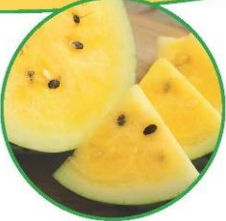
Students enjoy a variety of snacks daily.

FFV Treats

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YELLOW WATERMELON

Yellow watermelon is grown in California, Georgia, Florida, and Texas in June through September.



It tastes like a red watermelon, but sweeter with a honey-like flavor!

Nutrition & Fun Facts

Yellow watermelons are a good source of VITAMIN C which helps strengthen your immune system, POTASSIUM which helps balance fluid levels within the body, and CALCIUM to help build strong bones and teeth.

- Yellow watermelons provided a valuable water source for the Ancient Egyptians, since they are over 90% water!
- Yellow watermelon gets its color from beta-carotene, an antioxidant that's also found in sweet potatoes and pumpkins!

What's a postman's favourite fruit?
Water-mail-on!



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SNAP PEAS

Snap Peas are grown seasonally mainly in California, Florida, North Carolina, Oregon, Texas, and Washington.



The whole pod is eaten (like a green bean) and has a crunchy texture and very sweet flavor.

Nutrition & Fun Facts

Snap Peas are a good source of VITAMIN C which supports your immune system and helps heal cuts and wounds. They also contain IRON which helps produce red blood cells and VITAMIN K which helps with bone health.

- They are a cross between a regular pea and a snow pea!
- Snap peas belong to the legume family, which means they convert nitrogen from the atmosphere back into the soil.
- They snap when you bite into them!

What do you call a smiling pea?
A happ-pea!



MEAL SERVICE IN APRIL

Number of Serving Days: 17

Breakfasts Served: 5,388 Avg. Daily: 317

Lunches Served: 15,900 Avg. Daily: 935

Total Meals Served: 21,861

STUDENT FAVORITES

- Orange Chicken w/Eggroll
- Chicken Tenders w/Mashed Potatoes & Gravy
- Pepperoni Rippers
- Crispito w/Salsa
- Italian Pull Apart
- Corn Dogs

All meals served with choice of; fresh/canned fruit

Fresh/hot vegetables

Milk in a variety of flavors, white, chocolate, strawberry

Eligibility Data

August District-Wide Free/Reduced: 54.27 %

September District-Wide Free/Reduced: 55.57%

October District-Wide Free/Reduced: 49.00%

November District-Wide Free/Reduced: 49.56%

December District-Wide Free/Reduced: 49.56%

January District-Wide Free/Reduced: 50.57%

February District-Wide Free/Reduced: 50.61%

March District-Wide Free/Reduced: 50.94%

April District-Wide Free/Reduced: 51.05%

FUN FOOD FACTS



Young Thai Coconut

Young Thai coconuts are renowned for their sweet and mild coconut water, which is a clear liquid found inside the immature fruit.

The water is not only hydrating but also rich in electrolytes and essential nutrients.

The soft, jelly-like coconut meat lining the interior is also edible and has a delicate, subtle flavor.