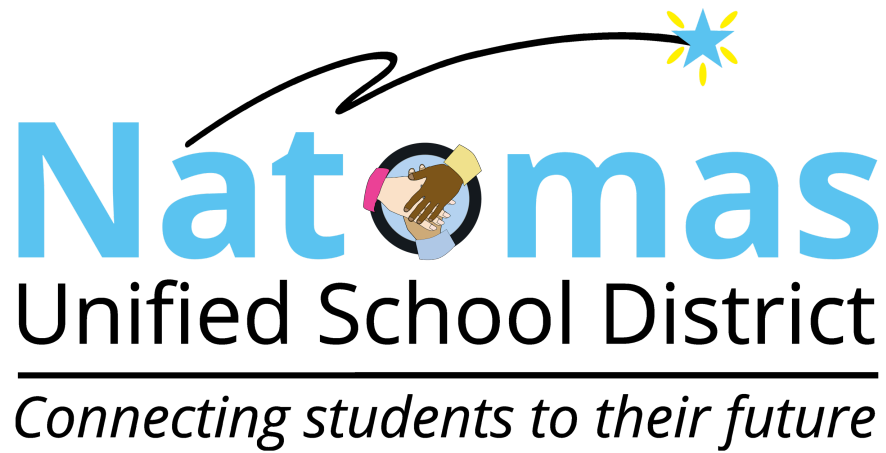




Natomas Unified School District High School Guide to Course Offerings



Overview

In order to achieve Natomas Unified's Vision that all students graduate high school as college and career ready, productive, responsible, engaged global citizens, and to implement its Core Belief and Commitments, the Board of Trustees commit to a Theory of Action for Student Success. This Theory of Action is intended to provide stability and consistent direction for student success. This theory will drive the Board's policies, budgets, and staff actions to build and maintain the culture of Natomas Unified. The Theory of Action addresses seven major areas.

- Staff Quality & Commitment
- Systematic Professional Development, Support and Collaboration
- Systematic Access, Academic Support, Social Emotional Support/Mental Health and Climate
- Parent Involvement and Engagement
- Supervision and Evaluation of Staff through a Cycle of Continuous Learning and Improvement
- Paths to Promotion and Formal Recognition of Top Talent
- Implementation and Reporting

This High School Guide to Course Offerings describes the Natomas Unified School District's course offerings. This catalog provides basic planning information so students and parents can develop a class schedule. Included in this booklet are the current Natomas Unified graduation requirements as well as UC/CSU admission requirements, and NCAA eligibility standards.

Using these resources and with the support of their parents and counselor, students will be able to design their course schedule for the upcoming school year. Natomas Unified students are encouraged to select classes that are both interesting and challenging to them. Students should select courses that will best prepare them for postsecondary experiences and options. Each high school counseling staff is ready to assist students and parents in the development of a personalized four-year plan. The Natomas Unified School District's commitment to parent engagement encourages and welcomes the continuous participation of parents during this planning process and throughout their student's high school years. Parents are vital partners in their student's high school success. Please call upon your school's educational staff whenever you are in need of assistance and for the most current course offerings.

PARENTS:

If you need assistance using this guide, please schedule an appointment with your student's counselor. Translation will be available upon request.

Disclaimer: Not all course offerings are available at all sites and during all semesters. Check with your student's school for specific offerings for the upcoming semester.

PADRES:

Si ustedes necesitan asistencia para usar esta guía, por favor hagan una cita con el consejero(a) de su estudiante. Habrá intérpretes disponibles en cuanto lo soliciten.

Rectificación: No todos los cursos que se ofrecen están disponibles en todas las escuelas y durante todos los semestres. Verifique con la escuela de su estudiante en relación a cursos específicos que se ofrecen para el próximo semestre.

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NONDISCRIMINATION IN DISTRICT PROGRAMS AND ACTIVITIES

(BP 0410)

The Governing Board is committed to providing equal opportunity for all individuals in education. District programs, activities, and practices shall be free from discrimination based on race, color, ancestry, national origin, ethnic group identification, age, religion, marital or parental status, physical or mental disability, sex, sexual orientation, gender, gender identity or expression, or genetic information; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics.

The Full Policy can be found at:

<https://www.natomasunified.org/board/board-policies-and-administrative-regulations>

BOARD APPROVED VISION

VISION

**NUSD will provide an
engaging and safe
learning community where
all students will
demonstrate responsibility,
achieve academic and
social-emotional growth,
embrace diversity, and are
prepared to make
decisions about their
college and career
success.**

BOARD APPROVED CORE VALUES

CORE VALUE

**We value
learning and
achievement
for each of
our students.**



CORE VALUE

**We value our
committed,
collaborative,
caring, and
exemplary
employees.**



CORE VALUE

**We value
diversity,
equity, and
inclusion.**



CORE VALUE

**We value our
families as
partners in the
education of
their students.**



BOARD APPROVED GOALS

The purpose of the five Natomas Unified School District Goals is to give the District direction to improve student outcomes. To accomplish the five District goals, it is expected that all students will be in school, on time, and ready to learn every day.



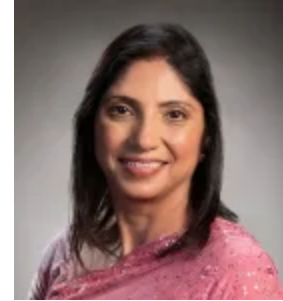
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Analisa Leesha

2025-26 Student Board Member
Discovery High School

PLANNING FOR CAREER & COLLEGE

Graduation Requirements

A total of 220 units of credit must be earned. Normally five (5) units are granted for successfully (Grade of D or better) completing each semester of each course.

To obtain a diploma of graduation from high school, students attending the comprehensive high school shall complete at least the following courses in grades 9-12: (Education Code 51225.3)

Subject Area	Credits	Notes
English	40	<i>One year for each grade level, 9th -12th grade</i>
Mathematics	20	<i>Must include at least one course that meets or exceeds the Math I level</i>
Science	20	<i>Must consist of biological and physical sciences</i>
Social studies	30	<i>Must include United States history and geography; World history, one-semester course in American government; and a one-semester course in Economics</i>
Visual or performing arts, foreign language, including American Sign Language, or career technical education (CTE) (Education Code 51225.3)	20	<i>Visual and Performing Arts is also known as "VAPA" World Language, or CTE</i>
Physical Education	20	<i>Two years of physical education</i>
Electives	70	<i>Site elective courses</i>
Senior Project	Pass/Fail	<i>(optional by site, with approval from the Superintendent)</i>
Total	220	

UC/CSU a-g Requirements

The University of California and the California State University systems have laid out a plan for the courses a student needs to take for acceptance into those university systems. [Subject Area G: College-Preparatory Elective](#)

This includes:

Subject Area	Years Required
a History/Social Science <i>Including one year of world history, cultures, and geography; and one year of U.S. History or one-half year of U.S. History and one-half year of Civics or American Government.</i>	2 years
b English <i>College-preparatory English that includes frequent and regular writing and reading of classic and modern literature. No more than one year of ESL-type courses can be used to meet this requirement. Not more than two semesters of 9th-grade English can be used to meet this requirement.</i>	4 years
c Mathematics <i>College-preparatory mathematics that encompasses the topics covered in elementary and advanced algebra, as well as two- and three-dimensional geometry. Approved integrated math courses may be used to fulfill part or all of this requirement, as may math courses taken in the seventh and eighth grades that your high school accepts as equivalent to its own math courses.</i>	Equivalent to 3 years or 6 semesters (4 years recommended)
d Science <i>Fundamental knowledge in at least two of these three foundational subjects: biology, chemistry, and physics. Advanced laboratory science courses that have biology, chemistry, or physics as prerequisites and offer substantial new material may be used to fulfill this requirement. The last two years of an approved three-year integrated science program, which provides rigorous coverage of at least two of the three foundational subjects, may be used to fulfill this requirement.</i>	2 years (3 years recommended)
e Language Other Than English (LOTE) <i>Courses should emphasize speaking and understanding, and include instruction in grammar, vocabulary, reading, composition, and culture. Courses in languages other than English taken in the seventh and eighth grades may be used to fulfill part of this requirement if your high school accepts them as equivalent to its own courses.</i>	2 years (3 years recommended)
f Visual and Performing Arts (VAPA) <i>Approved arts course from a single VAPA discipline (dance, drama/theater, music, or visual art).</i>	1 year (in the same discipline)
g College Preparatory Elective <i>In addition to those required in a-f above, chosen from the following areas; visual and performing arts (non-introductory level courses), history, social science, English, advanced mathematics, laboratory science, and language other than English (a third year in the language used for the "e" requirement or two years of another language or courses approved for use as "g" electives.</i>	1 year

NCAA Eligibility Requirements

Introductory information is available below on the NCAA and eligibility for student-athletes. For additional information, particularly with regard to GPA requirements, see [NCAA GPA Requirements | How to Calculate Core Course GPA](#).

CORE COURSES

The NCAA Division will require 16 core courses for students enrolling before August 1, 2016.

TEST SCORES

- Division I uses a sliding scale to match test scores and core grade-point averages. The sliding scale for those requirements is shown on page two of this sheet.
- Division II requires a minimum SAT score of 820 or an ACT sum score of 68.
- The SAT score used for NCAA purposes includes only the Critical Reading and Math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a sum of the following four sections: English, mathematics, reading, and science.
- When you register for the SAT or ACT, use the NCAA Eligibility Center code of 9999 to ensure all SAT and ACT scores are reported directly to the NCAA Eligibility Center from the testing agency. Test scores that appear on transcripts will not be used.

GRADE POINT AVERAGE

- Be sure to look at your high school's List of NCAA Courses on the NCAA Eligibility Center's website (web3.ncaa.org/ecwr3/). Use the list as a guide.
- Only courses that appear on your school's List of NCAA Courses will be used in the calculation of the core grade-point average. Use the list as a guide.
- Division I core grade-point-average requirement is a minimum of 2.3.
- The Division II core grade-point-average requirement is a minimum of 2.2.
- Remember, the NCAA grade-point average is calculated using only NCAA core courses.

It is recommended that students and their families connect with their counselor early in their high school career to ensure they are on track to qualify for NCAA eligibility. [DIVISION I WORKSHEET](#)

California Higher Education Opportunities

Community College	Admissions Requirements
Number of: Approximately 113 statewide Local Community Colleges: American River College, Cosumnes River College, Folsom Lake College, and Sacramento City College Length: Two years Course Work: Career and job-entry majors. Transfer credits to four-year educational institutions. Degree or Certificates: Vocational certificates. Associate of Arts. Associate of Science. Costs (Tuition & books): Varies based on budget Website: http://www.cccco.edu	Core Subject Requirements: There are no subject requirements. Grade Point Average (GPA): There is no minimum GPA requirement. Educational Background: You must be at least 18 years old or a high school graduate. Assessments: Placement tests for English and mathematics.
California State University	Admissions Requirements
Number of: Twenty-three (23) statewide, accepting the top one-third of the graduates. Schools: CSU Sacramento State, CSU Stanislaus, Cal Poly San Luis Obispo, CSU San Diego, CSU San Jose, and CSU Sonoma Length: Four years Course Work: Pre-professional training. Various majors. Degrees: Bachelor of Arts. Bachelor of Science. Various master's degrees, Teaching credentials, and some doctorate degrees (EdD's, DNP, PhD, and DPT) Costs (Tuition & books): Varies based upon budget factors.	Core Subject Requirements: Complete a minimum of 15 college-preparatory course requirements, known as a-g (See UC core subject requirements). Grade Point Average (GPA): Students should maintain at least a grade point average of "C" or better, which is a 2.0 GPA. GPA is combined with SAT I or ACT scores to determine eligibility. Educational Background: Graduate from high school or hold a valid California High School Proficiency Examination Certificate and meet the core subject requirements. Assessments: American College Test (ACT) and/or Scholastic Assessment Test (SAT: Reasoning). In addition, students may be required to take the English Placement Test and/or the Entry Level Mathematics exam depending on their EAP, SAT 1, ACT, or AP scores. NOTE: Many CSU campuses have higher standards for particular majors or for students who live outside the local admission area. Due to the high number of students who apply, several campuses have established higher standards (supplementary admission criteria) for all applicants.
University of California	Admissions Requirements
Number of: Nine (9) undergraduate statewide, accepting the top 12.5% of the graduates. Schools: Berkeley, Davis, Irvine, Los Angeles, Merced, Riverside, San Diego, Santa Barbara, Santa Cruz Length: Four years Course Work: Pre-professional training. Various majors. Degrees: Bachelor of Arts. Bachelor of Science. Various master's degrees. Various doctoral degrees. Costs (Tuition & books): Varies based on budget factors.	CORE SUBJECT REQUIREMENTS: Complete a minimum of 15 college-preparatory courses (<u>a-g courses</u>), with at least 11 finished before the beginning of your senior year. • (a) History/Social Science – 2 years to include World History, U.S. History, and/or ½ year of government and ½ year of economics. • (b) English – 4 years of college preparatory • (c) Mathematics – 3 years (4 years recommended) • (d) Science – 2 years of a lab science to include 2 of 3 disciplines of biology, chemistry, or physics (3 years recommended)

Website: http://www.universityofcalifornia.edu/admissions	• (e) Foreign Language – 2 years of the same language (3 years recommended) • (f) Visual & Performing Arts – 1 year of college preparatory in the same discipline • (g) Electives – 1 year from one of the above areas Grade Point Average (GPA): Students should maintain at least a grade point average of “B” or better. GPA is combined with test scores to determine eligibility. Educational Background: Graduate from high school or hold a valid California High School Proficiency Examination Certificate and meet the core subject requirements. Assessments: American College Test (ACT) Plus Writing, Scholastic Aptitude Test (SAT: Reasoning). Scholastic Aptitude Test (SAT 2: Subject area test in math, English composition, and an elective area. Although UCs don't require SAT Subject Tests, certain programs on some UC campuses recommend that they be taken.
Private Colleges and Universities	Admissions Requirements
Number of: Approximately 112 statewide Schools: University of the Pacific,, University of Southern California, Saint Mary's, Pepperdine, Stanford, Claremont Colleges Length: Four years Coursework: Curriculum, programs, and professional programs vary according to the size and specialty of the college/university. Degrees: BA/BS, but may offer up to a doctorate Costs (Tuition & books): Approximately \$10,000–\$40,000 per year.	Admission requirements vary by college or university. Usually, students have met or exceeded the UC core subject requirements and assessment requirements.

California College Guidance Initiative (CCGI)

Natomas Unified School District has a partnership with the California College Guidance Initiative (CCGI) to provide our schools with tools to help your child develop their plan for college and career.

1. CCGI is a nonprofit that works with school districts throughout California to ensure that all high school seniors in California graduate with clear postsecondary goals and a plan for how to achieve them.
2. Each student's academic transcript data follows them as they advance across educational systems to reduce information gaps that could otherwise hinder their success.

As part of this effort, CCGI manages the state of California's college and career planning platform, CaliforniaColleges.edu. This web-based platform offers students, families, and educators a single access point for college, career, and financial aid planning. It provides planning and college application tools, along with information to help plan for life after high school.

With CaliforniaColleges.edu, Natomas Unified School District students have access to exclusive tools and resources to support their college and career planning. This will help your child know if they are taking the right courses in high school to meet their goals after graduation and help the staff at your child's school provide them with personalized support.

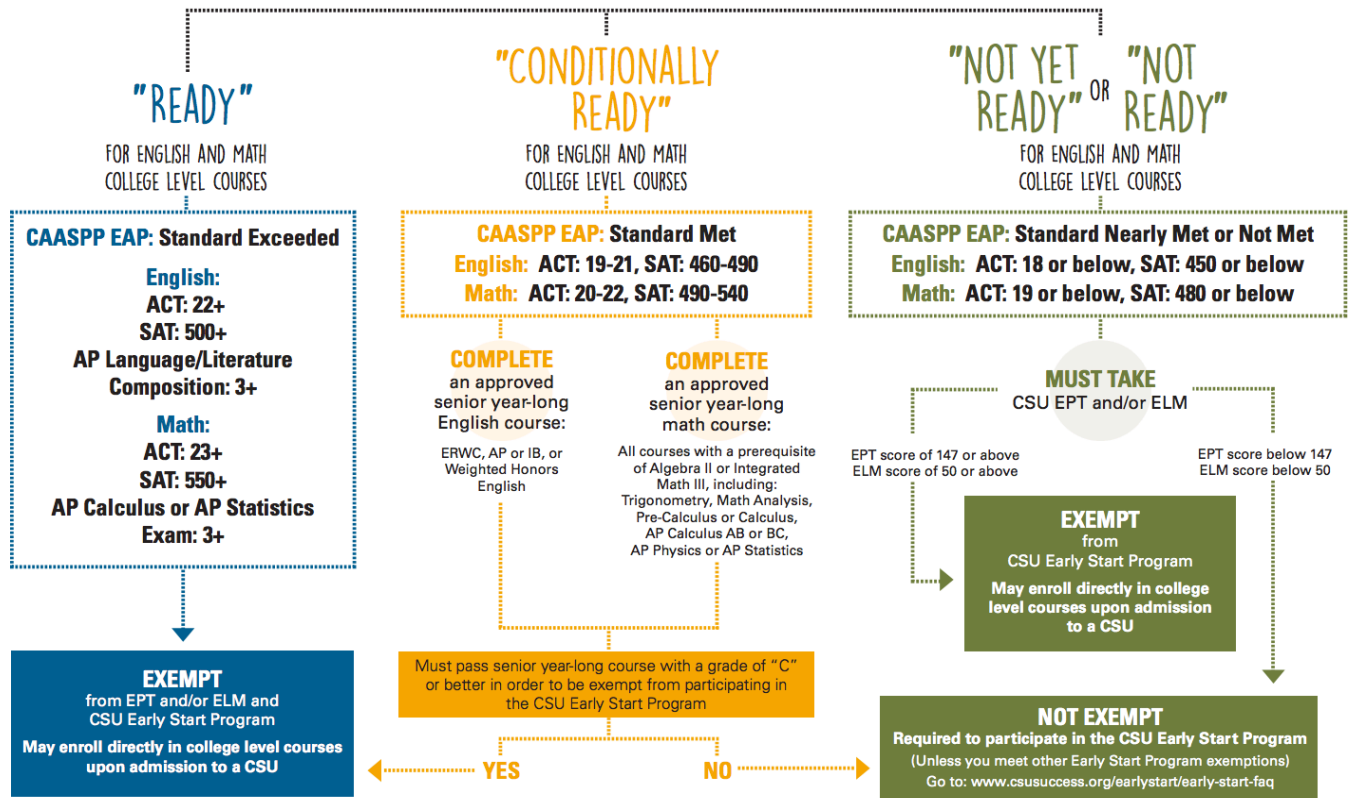
You and your student can also use the platform to keep track of application deadlines and submissions. Students can apply to a California Community College, CSU, and UC directly from [CaliforniaColleges.edu](https://californiacolleges.edu).



YOUR PATHWAY TO COLLEGE READINESS

WWW.CSUSUCCESS.ORG

BELOW ARE THE MULTIPLE WAYS TO BECOME CSU COLLEGE READY



ACT: American College Testing
AP: Advanced Placement
CAASPP: California Assessment of Student Performance and Progress

EAP: Early Assessment Program
ELM: Entry Level Mathematics Exam
EPT: English Placement Test

ERWC: Expository Reading and Writing Course
IB: International Baccalaureate
SAT: Scholastic Aptitude Test

Posted by the California Department of Education, August 2015.

PARENT RESOURCES

Parents play a crucial role in helping their students plan, prepare, and develop an academic plan. Parents should:

- Review this guide and the materials they receive at school, and discuss them with their students.
- Learn graduation plan requirements and be sure that the student meets them.
- Make sure students select courses that help them meet their educational and career goals.
- Encourage students to take Advanced Placement, International Baccalaureate courses, and Dual Enrollment courses to earn college credit while still in high school.
- Help students learn about colleges and careers that interest them.

Students who are involved in extracurricular activities are often more successful in school. Natomas Unified offers clubs, teams, and other opportunities for learning academic and social

skills, making friends, and developing leadership skills. Encourage your student to be involved in at least one extracurricular activity.

Infinite Campus

Infinite Campus is Natomas Unified's Student Information System (SIS). A key component for students is the Student Portal, which allows them to check their grades on an ongoing basis. The Parent Portal does much the same for parents, and it will enable them to keep track of their student's progress throughout the school year. By simply ensuring guardian contact information is accurate in Infinite Campus, parents and guardians will be able to opt in to receive notifications on their phones when a grade for an assignment is entered or an absence in class is recorded for their student. For login information, please see the office at your student's school or visit our website at [Infinite Campus Parent Portal - Natomas Unified School District](#).

MYAP: Multi-Year Academic Planner (MYAP)

Multi-Year Academic Planning (MYAP) allows schools to plan a student's academic plan through their entire high school career, from middle school all the way through their senior year, and track progress towards meeting that plan.

The tool allows families and staff to track credit, course, and assessment requirements towards graduation by program. NUSD has created several academic programs in MYAP designed to enable students, parents, counselors, and administrators to plan for meeting different graduation requirements. These include general state graduation requirements, IB requirements, CECA, and others. By reviewing the 'Grad Progress' tab in Infinite Campus, stakeholders can see a student's progress towards meeting the requirements in a format that is concise and easy to interpret.

For more information, please visit [College and Career Progress Monitoring - Natomas Unified School District](#).

Parent University

Parent University is a strategy initiated by Natomas Unified School District to engage and empower parents through learning opportunities and resources to develop partnerships between parents and their school community. At the core of this family and community engagement strategy is a focus on parent learning to support student achievement. Parent University aims to strengthen and sustain meaningful family engagement at all levels of the school system.

For more information, please visit [Parent University - Natomas Unified School District](#).

COLLEGE ENTRANCE EXAMS

Your transcript of high school courses and grades is the first prediction of your success in college, and your college entrance examination is the second indication. The SAT (Scholastic Aptitude Test), SAT: Subject Tests, and ACT (American College Test) are some of the tests required by some colleges and universities. These tests should be taken before the student's senior year. Any retesting should be completed by December of the senior year.

American College Test (ACT)

Constructed as an achievement test, the American College Test, or ACT Program, consists of four subject tests: English, Math, Reading Comprehension, and Scientific Reasoning. ACT offers a 30-minute Writing Test as an optional component of the ACT. Many colleges accept ACT scores instead of the SAT. Check with the postsecondary institutions of your choice to find out what the testing requirements are. Some colleges may allow for a combination of the ACT, ACT with writing, and SAT: Subject Tests or SAT and the SAR: Subject Tests. Again, check with the colleges of choice.

The ACT college readiness assessment is a curriculum-and standards-based educational and career planning tool that assesses students' academic readiness for college and is offered to all 11th graders in the spring of each year, free of charge to students.

For more information, please visit [ACT](#).

Preliminary Scholastic Aptitude Test (PSAT/NMSQT)

The Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/ NMSQT) is a program co-sponsored by the College Board and National Merit Scholarship Corporation (NMSC). When taken in the junior year, the PSAT is the qualifying test for the National Merit Scholarship competition. It is a standardized test that provides first-hand practice for the SAT. The test is administered annually in October.

Your high school preparation for college entrance begins with the PSAT/NMSQT (Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test). NUSD provides the PSAT at no charge to 10th graders in the fall each school year. Studies show that students who take the PSAT as a 10th grader perform 20-25% higher when they take the test the second time as an 11th grader.

The PSAT identifies the National Merit Scholarship candidates in the junior year and predicts the score for your SAT exam. It tells you your strengths and weaknesses and provides a focus for your

SAT preparation. Please remember that, depending upon advanced-level coursework, students may take certain exams out of sequence. Students are encouraged to discuss college plans and testing with their school counselors and to register using the dates below.

Benefits of taking the PSAT

Receive feedback on your strengths and weaknesses on the skills necessary for college study. You can then focus on your preparation on those areas that could most benefit from additional study or practice.

For more information, please visit [The PSAT/NMSQT – SAT Suite](#).

Scholastic Aptitude Test (SAT)

The SAT is one of the most readily accepted college entrance examinations by colleges in the West. It is wise to take the SAT for the first time in your junior year and then use the test information along with test preparation materials. (found in your high school career center) to improve your score. For more information on the SAT, visit: [The SAT – SAT Suite | College Board](#).

Preparing for the SAT

You can become familiar with the kinds of questions and the exact directions you will see on the SAT.

The PSAT and SAT both include:

- A student-written essay
- Analogies eliminated
- Shorter reading passages added
- New content from the third-year college preparatory math
- Quantitative comparisons eliminated

HIGH SCHOOL EXAMS

CAASPP Program

C.C.R., Title 5, Sec. 850-870; E.C. 60600-60652; B.P. 6162.51; A.R. 6162.51

Students will participate in the California Assessment of Student Performance and Progress (CAASPP) system by taking a series of computer-based tests developed by the Smarter Balanced Assessment Consortium. These tests will provide an academic check-up for students by measuring real-world skills, such as critical thinking and problem-solving.

For more information, please visit [CAASPP](#).

SMARTER BALANCED TESTS

The Smarter Balanced Summative Assessments are part of California's system of assessments called the California Assessment of Student Performance and Progress. The summative assessments are an annual measure of what students know and can do, as outlined in the Common Core State Standards for English Language Arts/Literacy (ELA) and Mathematics.

Accessibility resources provided on Smarter Balanced assessments ensure equitable access for students with diverse accessibility needs and preferences.

English/Language Arts/Literacy	Grades 3-8 and 11
Mathematics	Grades 3-8 and 11

For more information, please visit [Smarter Balanced Assessments for ELA and Mathematics](#).

EAP

Eleventh-grade students will have the opportunity to receive feedback regarding their preparedness for college by participating in the Early Assessment Program (EAP). Tests are developed by CSU faculty, who make sure the CSU placement standards are covered.

After you take the test, you will receive a score report that tells you whether you need additional preparation for college-level work or meet CSU's requirements for freshman math and English courses. Visit CSU's Success website for tools that help pinpoint individual strengths and weaknesses. If you need more time to prepare, you have your entire senior year to do so.

For more information, please visit the [Assessment Program - High School \(CA Dept of Education\)](#).

English Learner Proficiency Assessment for California (ELPAC)

The progress of English Learners is assessed by the Natomas Unified School District as required by state and federal law, and consistent with the district's English Learner Master Plan. Progress in acquiring English is measured annually through the English Learner Proficiency Assessment for California (ELPAC), which includes assessing students' ability to listen, speak, read, and write in English.

For more information, please refer to the [ELPAC fact sheet](#). Additionally, please refer to the NUSD's EL Masterplan [Parent Guide](#) for more information on pathways to reclassification and earning the State Seal of Biliteracy

California High School Proficiency Examination

The California High School Proficiency Examination (CHSPE) is a program established by California law. E.C. 48412. If eligible to take the test, you can earn the legal equivalent of a high school diploma by passing the CHSPE. The CHSPE consists of two (2) sections: an English-language Arts section and a Mathematics section. If you pass both sections, the California State Board of Education will award you a Certificate of Proficiency, which by state law is equivalent to a high school diploma.

You may take CHSPE if, on testing day, you:

- Are at least 16 years old; or
- Have enrolled in the 10th grade for one (1) academic year or longer; or
- Will complete one (1) academic year of enrollment in the 10th grade at the end of the semester during which the next regular administration will be conducted.

For more information, please visit [California Proficiency Program - Testing \(CA Dept of Education\)](#).

Advanced Placement (AP)

The Advanced Placement (AP) program is a cooperative endeavor that enables high school students to complete college-level courses and permits colleges to evaluate, acknowledge, and encourage that accomplishment through the granting of appropriate credit and/or placement. The AP program is national in scope; its policies are determined by representatives of the College Board member institutions and agencies throughout the country (public and private secondary schools, colleges, and universities) and are implemented by the College Board.

Advanced Placement exams are offered each spring. Students who are successful in AP courses typically have adequate preparation for the **three-hour**, comprehensive examinations. Each exam is administered once a year during the second and third weeks of May. Most colleges award credits and/or advanced placement for demonstrated proficiency in a subject area. College entrance with sophomore standing is available through the AP program at cooperating colleges. Additional information about the AP program is available on the site supplement and in the counselors' offices.

Students choosing to take an AP examination are subject to a test fee, which the College Board charges. The fee is currently \$99. Fee waivers are available to students who meet certain criteria.

See the College Board website ([http:// CollegeBoard.org](http://CollegeBoard.org)) for additional information. To find colleges and universities with AP credit policy information, please visit: [AP College Board](#).

ALTERNATIVE EDUCATION

Natomas Unified School District offers one continuation high school option at Discovery High School. For information on attendance criteria, please see your counselor.

Adult School

NUSD Adult School provides a variety of opportunities to adults who want to

- Improve academic skills, including basic reading and math skills
- Learn English, investigate citizenship, and other applicable resources
- Earn a high school diploma or equivalency (GED) (English & Spanish courses offered)
- Learn job skills, including specific career skills and general job skills
- Work towards enrolling in a community college
- Support the success of their NUSD student or participate in classes in an area of interest

As a member of the Capital Adult Education Regional Consortium (CAERC), Natomas Unified can help you reach your academic and career goals. Through our network of participating adult schools, community colleges, and community-based organizations, we connect adults with programs that teach them the skills they need to achieve their goals!

For more information, contact 916-928-5200 or visit [Discovery High School - Sacramento](#) for our Course Catalog.

Dual Enrollment

Dual enrollment will provide students with the opportunity to earn college units while in high school at no cost to the student. This can lead students on a path towards certifications, as well as prepare them for college. At the end of each course, eligible students receive college credit, as indicated on the student's college transcript. This is an option to earn college credit in high school; contact your student's instructor for more information.

Discovery High School

Discovery High School provides accredited alternative educational opportunities for students of the Natomas Unified School District. Discovery is an alternative to large, traditional high schools. It

offers small class sizes to credit-deficient students, along with individual attention and options for earning a high school diploma.

We provide a school environment where students receive individual attention and develop a sense of community. Our program is designed to help students earn a high school diploma and become college and career-ready. Discovery's program offers students the chance to overcome academic and/or social challenges and experience success in school.

The program is designed to allow students the opportunity to make up academic and credit deficiencies in an accelerated manner. The goal at Discovery is for each student to graduate with a high school diploma and be prepared for life beyond high school.

Through traditional courses and Discovery's Hospitality Pathway, which encompasses Culinary Arts, food service, and restaurant operations, students have options to complete courses, gain workplace skills, and practice leadership.

For more information, please call (916) 928-5200 or visit <https://natomasunified.org/dhs>.

STUDENT PROGRAMS & SUPPORTS

Advancement Via Individual Determination (AVID)

AVID, Advancement Via Individual Determination, is an elementary through postsecondary college readiness system designed to increase school-wide learning and performance. The AVID system accelerates student learning, utilizes research-based methods of effective instruction, offers meaningful and motivational professional development, and serves as a catalyst for systemic reform and change.

Although AVID serves all students, it focuses on the least served students in the academic middle. The formula is simple — raise expectations of students and, with the AVID support system in place, they will rise to the challenge. What differentiates AVID from other educational reform programs is its astounding success rate. Since 1990, more than 85,500 AVID students have graduated from high school and plan to attend college. Of the 22,210 AVID 2010, seniors who reported their plans, 91.3% intended to attend a postsecondary institution; 58.3% in four-year institutions and 33.0% in two-year institutions.

Not only are students enrolled in their school's most challenging classes, such as honors and Advanced Placement®, but also in the AVID elective. For one period a day, they learn organizational and study skills, work on critical thinking and asking probing questions, get academic help from peers and college tutors, and participate in enrichment and motivational activities that make college seem attainable. Their self-images improve, and they become academically successful leaders and role models for other students.

After-School Program

Natomas Unified School District's ASES (After School Education and Safety Program) is a no-cost program funded by a California Department of Education ASES grant for eligible students, which runs from dismissal until 6:00 pm at American Lakes, Bannon Creek, and Jefferson Elementary, and at Natomas Middle School. In addition, Natomas Unified offers supplemental Title I funds for additional classes at the ASES sites as well as at Natomas Gateways Middle School. The ASES program provides educational, literacy, and enrichment opportunities for students and operates Monday through Friday during the school year. For more information on applying for the after-school programs at these school sites, please contact your school site directly.

The City of Sacramento 4th R program offers fee-based after-school programs at H. Allen Hight, Heron, Natomas Park, Two Rivers, and Witter Ranch. 4th R program and contact information can be found at <https://www.cityofsacramento.org/ParksandRec/Recreation/4thR/Locations>.

Career Technical Education (CTE)

Career Technical Education (CTE) courses represent fourteen recognized California Industry Sectors and over 25 pathway programs. CTE courses empower students to make meaningful career choices by providing opportunities to explore their interests, develop career skills, and reinforce academics. These courses also offer a wide range of additional educational benefits, including college credit for qualifying courses, industry certification, and internships when appropriate. Career Technical Education plays an integral part in achieving the District's mission of preparing career-ready graduates. Through rigorous hands-on learning opportunities, students will gain a deeper understanding of the relevance of what they are learning and discover potential career options early on.

For more information, please visit

<https://www.natomasunified.org/departments/career-technical-education>.

English Learners

English Learners (EL) receive English language instruction through a Structured English Immersion (SEI) second language acquisition program. English learners receive designated ELD instruction in either an ELD class or within an ELD cluster in their ELA class, and students are placed based on their level of proficiency. In addition, students also receive integrated ELD in their grade-level core content area classes. In these classes, teachers with English learners in their classrooms use the CA ELD Standards in tandem with their content area standards and provide access to content through scaffolds and research-based instructional practices so that students can access the core curriculum and complete graduation requirements while they continue to learn English.

For more information, please visit

<https://www.natomasunified.org/departments/student-services-and-support/multilingual-student-services-english-learner>.

International Baccalaureate (IB) Diploma Programme

The International Baccalaureate Diploma Programme (IB DP), offered exclusively at Inderkum High, is recognized as one of the most cohesive, comprehensive, and challenging high school programs available. Doing the IB DP in grades 11 and 12 provides students the opportunity to earn college credit during high school. It ensures that students leave high school prepared for college or a challenging career.

All students at Inderkum are part of the IB Middle Years Programme (MYP) during 9th and 10th grades. However, those who think they would like to go on to the DP should apply for the Scholars program. Scholars courses are accelerated and go deeper into the course content, better preparing students for the more rigorous DP. Applications open annually in mid-November for

current 8th and 9th graders. It is possible to take some DP courses without being in Scholars depending on prior courses and outcomes. DP courses typically last two years, meaning students must begin them at the start of grade 11 unless they are transferring from another IB school.

IB requirements include a personal project during 10th. Students pursuing an IB Diploma additionally will complete an extra course, do community service and write an independent research paper. An IB Diploma, recognized nationally and internationally as an indicator of college readiness and preparedness, may be earned in addition to the Inderkum diploma. Students have the option of taking just some courses without doing the full IB Diploma schedule, allowing them more flexibility in balancing their schedules.

For more information, please visit

<https://www.natomasunified.org/district/international-baccalaureate>

Online Learning

High school students have the opportunity to take online courses to recover credits. Natomas Unified currently uses APEX Learning as its course content provider. Students who are interested in taking online courses should speak to their high school guidance counselor.

Online courses are offered during the regular school day and as part of summer school offerings. Having these online courses available allows students to get back on track for graduation and to meet A-G requirements.

For more information, contact your school counselor or visit

<https://sites.google.com/natomasunified.org/vip/vip>.

Seal of Biliteracy

The Natomas Unified School District awards the State Seal of Biliteracy in accordance with the criteria developed by the California Department of Education. The award recognizes graduating seniors who can speak, read, write, and comprehend proficiently in English and at least one other language.

Students earning the State Seal of Biliteracy in NUSD receive a medallion to wear at graduation, a certificate attesting to their bilingualism, and are recognized by the Board of Trustees. Students earning the State Seal of Biliteracy also receive a golden insignia from the State of California on their diploma and an annotation on their transcripts indicating their receipt of the State Seal of Biliteracy and in which language(s) they have demonstrated proficiency.

For more information, please visit

<https://www.natomasunified.org/departments/student-services-and-support/multilingual-student-services-english-learner>.

Special Education

Each comprehensive high school site provides a continuum of services to meet the needs of students with identified disabilities. The Individualized Education Program (IEP) developed by the student's IEP Team will determine the necessary supports and services for the identified students.

Contact your student's Special Education Case Manager or Counselor for more specific information regarding your child's coursework.

For more information, please visit

<https://www.natomasunified.org/departments/special-education1>.

Summer School

Students enrolled in grades 9–12 may take summer school courses as a means of credit recovery or to fulfill A-G requirements.

Please contact your student's counselor for additional information on the original credit summer school policy.

OTHER STUDENT INFORMATION

Property Fabricated by Students

The governing board of a school district may authorize any officer or employee of the district to sell to any pupil personal property of the district which has been fabricated by such pupil, at the cost to the district of the materials furnished by the district and used therein. (Education Code section 17551.)

Report Cards

Students receive report cards at the end of each quarter. Only semester grades are used for calculating the GPA and for college admission purposes.

Student in Danger of Failing a Course

E.C. 49067 (a); A.R. 5121

The Governing Board of each school district shall prescribe regulations requiring the evaluation of each student's achievement for each marking period and requiring a conference with, or a written report to, the parent/guardian of each student whenever it becomes evident to the teacher that the student is in danger of failing a course. The refusal of the parent/guardian to attend the conference or to respond to the written report shall not preclude the student from failing at the end of the grading period.

Title IX of the Educational Amendment

"No person...shall, on the basis of sex, be excluded from participation in, denied the benefits of, or be subjected to discrimination under any educational program or activity receiving federal financial assistance."

"No student or applicant for enrollment will be subject to discrimination on the basis of that student's pregnancy, childbirth, false pregnancy, termination of pregnancy and/or recovery there from."

Transfer Process

The transfer process and procedure shall be centralized to allow for as many transfers to be granted, ensuring that the District's facilities are equitably utilized and families' needs are met. Student Services and Safety shall be charged with administering the transfer process, including the administrative placement of students as necessary. For additional information, please visit the HEART Department online at <https://www.natomasunified.org/community/the-heart-welcome-center> or call 916-567-5454.

Withdrawal Failure

Students may drop courses at any time up to the end of the fifth or sixth week of the semester. After that point, a student receives a Withdrawal Failure (WF), and it is factored into the GPA.

COURSE LISTS AND GENERAL INFORMATION

The following information is a collection of the courses offered throughout the Natomas Unified School District. For specific information on courses, please see your student's counselor.

COURSE TITLE DESCRIPTION CODES

AP	Advanced Placement
CDE	California Department of Education
IB	International Baccalaureate

ARTICULATED COURSES

Courses with an asterisk have the option to earn college credit in high school. Please see the instructor for additional information.

COMPUTING GRADE POINT AVERAGES (GPA)

To determine the grade point average, assign each letter grade a corresponding number using the grade points listed below. Add up those numbers. Divide those numbers by the number of courses. The result of this division will be your student's GPA.

Grade	Grade Points
A	4
B	3
C	2
D	1
F	0

Example GPA Calculation:

Course	Semester 1	Semester 2	Summer	GPA
English 11	A	B		7
US History	B	B		6
Chemistry	B	B		6
Art 2	A	A		8
Math 3	C	C		4
Pre-Calculus			B	3
Total Courses	11			34/11=3.09 GPA

NUSD Course Catalogs



[IHS-2025-26-Course-Catalog-_Updated-November 25](#)



[Natomas High Course Catalog 25-26 Updated](#)



[2025-2026 LGA Course Catalog.docx](#)

LEROY GREENE ACADEMY

APEX LEARNING COURSES

A: History/ Social Science • AP US Government & Politics • US Government and Politics • US Government and Politics Honors • AP US History (new) • US and Global Economics • US and Global Economics Honors • US History since the Civil War • US History Core • US History Honors • World History (new) • World History since the Renaissance • World History since the Renaissance Honors • World History to the Renaissance • Sociology • Psychology • AP Psychology • Art Appreciation • Geography and World Cultures • AP Macroeconomics • AP Microeconomics • Multicultural Studies Potentially reapproved courses: AP Government and Politics United States AP Macroeconomics AP Microeconomics AP Psychology U.S. and Global Economics Core U.S. Government and Politics Core	B: English/ Language Arts • AP English Literature & Composition • AP English Language & Composition • AP English Language & Composition (new) • English 9 CC • English 10 CC • English 11 CC • English 12 CC • English I (legacy) • English III (legacy) • English III Honors • English IV (legacy) • English IV Honors • Creative Writing Potentially reapproved courses: AP English Language and Composition AP English Literature and Composition New courses to approve: English 9, 10, 11 and 12 Common Core (new)	C: Mathematics • AP Calculus AB • AP Statistics • Geometry CC • Geometry (legacy) • Algebra I CC • Algebra II CC • Math I CC • Math II CC • Math III CC • Precalculus • Precalculus Honors • Probability and Statistics Potentially reapproved courses: Geometry New courses to approve: Algebra I Common Core (new)	D: Laboratory Science • AP Biology • AP Chemistry • Biology • Biology Honors • Physics • Physics Honors • Chemistry • Chemistry Honors Potentially reapproved courses: New courses to approve: Environmental Science	E: Language Other Than English • AP Spanish Language and Culture • French I • French II • Spanish I • Spanish I Honors* • Spanish II • Spanish II Honors* • Spanish III Potentially reapproved courses: French I French II Geometry Spanish I Spanish II New courses to approve:
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U.S. History since the Civil War World History since the Renaissance New courses to approve: US Government and Politics (new) Modern History				
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