

SUMMIT TRAIL MIDDLE SCHOOL

2026-27 Athletics 7th & 8th Grade

Season

1

8/31
through
10/23

Girls Badminton:

Coach Wainscott

Boys/Girls Track & Field:

Coach Arrington

7th gr. Boys Soccer:

Coach King

8th gr. Boys Soccer:

Coach Grassley

Season

2

11/2
through
1/15

Dance/Cheer:

Coach Wainscott

(includes 6th grade)

7th gr. Boys Basketball:

Coach Poquette

8th gr. Boys Basketball:

Coach D. Shamseldin

Season

3

1/25
through
4/2

Wrestling:

Coach Hamilton &

Coach Pitts

(includes 6th grade)

7th gr. Girls Basketball:

Coach K. Shamseldin

8th gr. Girls Basketball:

Coach D. Shamseldin

Season

4

4/12
through
6/4

7th gr. Girls Soccer:

K. Shamseldin

8th gr. Girls Soccer:

Coach Duchaine

7th gr. Tackle Football:

Coach Arrington

8th gr. Tackle Football:

Coach Kvam

7th gr. Girls Volleyball:

Coach Wainscott

8th gr. Girls Volleyball:

Coach TBA

Clearance Requirements

Complete *familyid* online

Sports Physical on file (every 2 years)

ASB Card

\$50 participation fee

**All requirements must be met before athlete can attend practice*

Questions? Contact Dan Orm

dorm@tahomasd.us