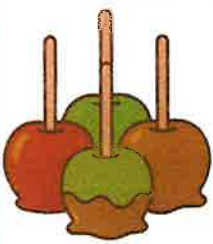




# September

## Middle School Lunch Menu 2026

| MONDAY                                                                                                                                                                | TUESDAY                                                                                                                                                                                            | WEDNESDAY                                                                                                                                     | THURSDAY                                                                                                                                                | FRIDAY                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                       | <b>1</b><br><b>Popcorn Chicken</b><br>Seasoned Fries<br>Candied Carrots<br>Chilled Flavored Applesauce<br>Asstd. Fruits & Veggies                                                                  | <b>2</b><br><b>Penne Alfredo w/ Breadstick</b><br>Stewed Tomatoes<br>Blueberries w/ WC<br>Asstd. Fruits & Veggies                             | <b>3</b><br><b>Bacon Cheeseburger</b><br>Baked Bean Supreme<br>Watermelon<br>Lemon Water Ice<br>Asstd. Fruits & Veggies                                 | <b>4</b><br><b>CLOSED</b>                                                                                                                                  |
| <b>7</b><br><b>CLOSED</b>                                                                                                                                             | <b>8</b><br><b>Nachos Bell Grande w/ Chicken or Beef &amp; Queso Blanco</b><br>Fluffy Brown Rice<br><b>Texas Ranchero Beans</b><br>Bag O' Craisins<br>Chilled Pineapple<br>Asstd. Fruits & Veggies | <b>9</b><br><b>Chicken/3 &amp; Waffles/ Buttery Green Beans</b><br>Chilled Broccoli<br>Baked Apples<br>Asstd. Fruits & Veggies                | <b>10</b><br><b>Meatball Sub</b><br>Romaine Boats w/ Croutons<br>Cucumber & Tomato Salad<br>Chilled Mixed Berries<br>Asstd. Fruits & Veggies            | <b>11</b><br><b>Jake's Day</b><br>Cranapple Spinach Salad<br>Colorful Pepper Strips<br>Apple Pie Fruit Salad<br>Asst. Fruits & Veggies                     |
| <b>14</b><br><b>Grilled Cheese/2</b><br>Warm Tomato Soup<br>Celery Sticks w/ Peanut Butter<br>Chilled Fruit Cocktail<br>Asstd. Fruits & Veggies                       | <b>15</b><br><b>Nachos Bell Grande w/ Chicken or Beef &amp; Queso Blanco</b><br>Buttery Corn<br>Black Bean & Corn Salad<br>Bag O' Craisins<br>Chilled Pineapple<br>Asstd. Fruits & Veggies         | <b>16</b><br><b>General's Chicken</b><br>Fluffy Brown Rice<br>Diane's Roasted Broccoli<br>Chilled Mandarin Oranges<br>Asstd. Fruits & Veggies | <b>17</b><br><b>Hot Ham &amp; Cheese on a Pretzel Bun</b><br>Popcorn Cauliflower<br>Cherry Tomato Cups<br>Strawberries w/ WC<br>Asstd. Fruits & Veggies | <b>18</b><br><b>Pizza Party</b><br>Romaine Boats w/ Croutons<br>Chickpea Salad<br>Chilled Peaches<br>Asstd. Fruits & Veggies                               |
| <b>21</b><br><b>CLOSED</b>                                                                                                                                            | <b>8</b><br><b>Nachos Bell Grande w/ Chicken or Beef &amp; Queso Blanco</b><br>Fluffy Brown Rice<br>Black Bean & Corn Salad<br>Bag O' Craisins<br>Chilled Pineapple<br>Asstd. Fruits & Veggies     | <b>23</b><br><b>Seasoned Roasted Chicken</b><br>Garlic Bread/Breadstick<br>Mashed Potatoes<br>Seasoned Green Beans<br>Asstd. Fruits & Veggies | <b>24</b><br><b>Pancakes/2 Turkey Sausage Patties/2</b><br>Seasoned Potato Chunks<br>Baked Apples<br>Asstd. Fruits & Veggies                            | <b>25</b><br><b>Pizza Crunchers/4</b><br>Tossed Salad w/ Croutons<br>Celery Sticks w/ Peanut Butter<br><b>Chocolate Pudding</b><br>Asstd. Fruits & Veggies |
| <b>28</b><br><b>Cheesy Penne Pasta Marinara</b><br>Garlic Bread/Breadstick<br>Mixed Vegetables<br>Chilled Cucumber Slices<br>Bagged Apples<br>Asstd. Fruits & Veggies | <b>29</b><br><b>Nachos Bell Grande w/ Chicken or Beef &amp; Queso Blanco</b><br>Fluffy Brown Rice<br>Mexicali Corn<br>Bag O' Craisins<br>Chilled Pineapple                                         | <b>30</b><br><b>Cheesy Hotz/5 w/ Fritos</b><br>Cheesy Peas<br>Chilled Broccoli<br>Box O' Raisins<br>Asstd. Fruits & Veggies                   | <b>BAG TO K SCHOOL</b>                                                                                                                                  |                                                                       |

OFFERED DAILY:  
ASSORTED SANDWICHES, WRAPS, HOAGIES, AND SALADS  
TURKEY HOAGIES  
ITALIAN HOAGIES

CHICKEN PATTY AND/OR CHEESEBURGER  
PEANUT BUTTER & JELLY  
GRAPE, APPLE, CINNAMON, RASPBERRY

ASSORTED MILK:  
1% WHITE  
SKIM FAT FREE  
CHOCOLATE  
FAT FREE  
STRAWBERRY  
FAT FREE



hello  
FALL

### REMINDERS

MEAL APPLICATIONS NOW AVAILABLE ONLINE!

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WT FOOD SERVICE DEPARTMENT 856-582-4010

