



CAESAR RODNEY SCHOOL DISTRICT

Caring Hearts. Strong Minds. Bright Futures.



*We Are
CR*



Dear Parents and Guardians,

The Caesar Rodney School District is committed to supporting the **academic, social, emotional, and behavioral growth** of every student. Throughout the school year, students will participate in age-appropriate School Counseling and Social-Emotional Learning (SEL) lessons designed to help them develop the skills needed to succeed both in and out of the classroom.

School counseling programs are aligned with the American School Counselor Association (ASCA) National Model, Delaware Department of Education regulations, and district initiatives that support student well-being, mental health, safety, and academic achievement.

In addition to classroom lessons, school counselors may provide **individual counseling, small group counseling, crisis response, consultation with families and staff, and referrals to community resources** when appropriate.

We believe that strong partnerships between home and school are essential to student success. Families are encouraged to talk with their children about what they are learning and to reinforce these important skills at home.

Thank you for partnering with us as we work together to support the whole child and create safe, caring, and inclusive learning environments throughout the Caesar Rodney School District.

Sincerely, 

The Caesar Rodney School District
School Counseling Team

OUR MISSION

To empower every student to develop the knowledge, skills, and confidence to make positive choices today and for the future.



SAFE



CONNECTED



VALUED



SUPPORTED



SUCCESSFUL

OUR PROGRAM FOCUS



BUILDING POSITIVE RELATIONSHIPS

- Friendship skills • Communication
- Empathy and kindness • Conflict resolution
- Respect for self and others



SOCIAL-EMOTIONAL LEARNING (SEL)

- Understanding and managing emotions
- Self-awareness and self-confidence
- Responsible decision-making
- Goal setting and perseverance
- Problem-solving skills



MENTAL HEALTH & WELLNESS

- Healthy coping strategies • Stress management
- Resilience • Help-seeking skills
- Identifying trusted adults and support systems



BULLYING PREVENTION & DIGITAL CITIZENSHIP

- Recognizing bullying behaviors
- Reporting concerns safely • Being an upstander
- Online safety and cyberbullying prevention
- Promoting a positive school climate



HEALTHY CHOICES

- Medication safety
- Tobacco, vaping, alcohol, and drug prevention
- Personal health and wellness
- Community and environmental health



PERSONAL SAFETY & HEALTHY BOUNDARIES

- Personal body safety • Respecting boundaries
- Identifying trusted adults
- Understanding consent and respect
- Speaking up when something feels unsafe



SCHOOL COUNSELORS are here to help students:

- ✓ Succeed academically
- ✓ Make good choices
- ✓ Build strong relationships
- ✓ Feel good about themselves
- ✓ Navigate challenges



TOGETHER,
WE HELP STUDENTS
BECOME
Their Best!



STAY CONNECTED!



@caesarrodneyridders



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#WeAreCR #ItsAGreatDayToBeARider

