

*We're Here
For Your Child!*



CONTACT INFORMATION

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WE ARE CR

We are proud to be part of the Caesar Rodney School District, where every student is known, valued, and supported.



CAESAR RODNEY
SCHOOL DISTRICT

*Together, We Inspire
Excellence.*

STAY CONNECTED



@caesarrodneyridders



#WeAreCR



#ItsAGreatDayToBeARider



COUNSELING & SEL CORNER

SUPPORTING STUDENTS TO GROW
ACADEMICALLY • SOCIALLY • EMOTIONALLY



Our school counseling program helps students build the skills they need to thrive in school and in life.

WE SUPPORT STUDENTS BY:

- ✓ Building positive relationships
- ✓ Developing social-emotional skills
- ✓ Promoting mental health and wellness
- ✓ Encouraging responsible decision-making
- ✓ Providing individual and group support

Every Student.

Every Day. Every Opportunity.



FALL LEARNING



SEPTEMBER

Building a Positive
Classroom Community

- Making friends
- Showing kindness
- Following expectations
- Understanding feelings
- Solving problems peacefully
- Building confidence



OCTOBER

Bullying Prevention &
Digital Safety

- Recognize bullying
- Report bullying
- Be an upstander
- Online safety
- Cyberbullying prevention



NOVEMBER & DECEMBER

Healthy Choices,
Healthy Futures

- Tobacco & vaping prevention
- Medication safety
- Alcohol & drug awareness
- Emergency safety skills
- Making healthy decisions



OUR GOAL

To help every student develop
the knowledge, skills, and
confidence to make positive
choices today and for the future.



WINTER LEARNING



JANUARY

Mental Health & Wellness

- Understanding feelings
- Caring for our brain & body
- Healthy coping skills
- Building resilience
- Asking for help



FEBRUARY

Growing Strong Minds

- Goal setting
- Organization
- Independence
- Responsible decision-making
- Managing emotions
- Perseverance



MARCH

Mental Health Awareness

- Trusted adults
- Help-seeking skills
- Coping with stress
- Supporting friends
- Building connections



YOU ARE NOT ALONE.

Your school counselor is here
to listen, support, and help you
succeed. Don't hesitate to
reach out!



SPRING LEARNING



APRIL & MAY

Personal Safety &
Healthy Boundaries

- Safe & unsafe touches
- Respecting boundaries
- Personal safety rules
- Identifying trusted adults
- Speaking up when something
feels wrong



ADDITIONAL STUDENT SUPPORTS

- Individual Counseling
- Small Group Counseling
- Classroom Guidance
- Peer Support Programs
- Restorative Practices
- Check-In / Check-Out
Mentoring
- Social-Emotional Learning
Lessons



*We believe every
child deserves to feel:*

- ♥ SAFE
- ♥ CONNECTED
- ♥ VALUED
- ♥ SUPPORTED
- ♥ SUCCESSFUL



CARING HEARTS. STRONG MINDS. BRIGHT FUTURES. TOGETHER, WE HELP STUDENTS BECOME **THEIR** BEST.