

August 2026 Dysphagia Breakfast and Lunch Menu

August 12

Breakfast: Pureed Cream of Wheat w/ Fruit Compote, French Toast w/ Fruit Compote, Applesauce

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Fruit Cobbler

August 13

Breakfast: Chicken Biscuit w/ Gravy, Applesauce

Lunch: Macaroni & Cheese, Tomato Soup, Creamed Spinach, Mandarin Oranges

August 14

Breakfast: Oatmeal w/ Fruit Compote, Applesauce

Lunch: Chicken Nugget, Green Beans, Mashed Potatoes w/ Gravy, Applesauce

August 17

Breakfast: Oatmeal w/ Fruit Compote, Applesauce

Lunch: Beef & Cheese Nachos, Seasoned Black Beans, Cauliflower, Apple Sauce

August 18

Breakfast: Chicken & Waffles, Applesauce

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler

August 19

Breakfast: Pureed Oatmeal w/ Fruit Compote, Cinnamon Roll w/ Chicken, Applesauce

Lunch: Mashed Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce

August 20

Breakfast: Cream of Wheat w/ Fruit Compote, Applesauce

Lunch: Chili, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Tropical Fruit Mix

Menus are subject to change without notice due to price and availability of food
This institution is an equal opportunity provider.

August 21

Breakfast: Pureed Yogurt Meal, Mini Pancakes w/ Chicken, Applesauce

Lunch: Green Chili Cheese Burrito w/ Nacho Cheese, Cauliflower, Green Beans, Mandarin Oranges

August 24

Breakfast: Fruit & Yogurt Parfait, Applesauce

Lunch: Spaghetti, Glazed Carrots, Cauliflower, Applesauce

August 25

Breakfast: Oatmeal w/ Compote, Applesauce

Lunch: Cheese Enchiladas, Seasoned Black Beans, Green Beans, Fruit Cobbler

August 26

Breakfast: Pureed Cream of Wheat w/ Fruit Compote, French Toast w/ Fruit Compote, Applesauce

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Fruit Cobbler

August 27

Breakfast: Chicken Biscuit w/ Gravy, Applesauce

Lunch: Macaroni & Cheese, Tomato Soup, Creamed Spinach, Mandarin Oranges

August 28

Breakfast: Pureed Oatmeal w/ Fruit Compote, Seasonal Muffin w/ Fruit Compote, Applesauce

Lunch: Chicken Nugget, Green Beans, Mashed Potatoes w/ Gravy, Applesauce

August 31

Breakfast: Oatmeal w/ Fruit Compote, Applesauce

Lunch: Beef & Cheese Nachos, Seasoned Black Beans, Cauliflower, Apple Sauce

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