



Magnus
Health



Back-to-School Student Health Checklist

The Basilica School of Saint Mary
Health Clinic

Student Health Requirements

Complete through our electronic health management platform, [Magnus Health](#).

- ☐ Login into your Magnus Health account by going to [Login to Magnus Health | MyMagnus.com](#)
- ☐ If you are having issues logging into your Basilica School of Saint Mary Magnus Health account, please complete this [Magnus Health Account Help](#) survey so that we can provide you with the correct assistance.
- ☐ *Additional in-person support will be available during our Sneak-a-Peek event on August 19, 2026.*
- ☐ Once logged into Magnus, select your child's name, then answer the **Conditional Questions**
 - ☐ If your child has asthma, life-threatening food/environmental allergy, diabetes, or seizures, please answer **"yes"** here. This will generate another section where you can upload their specialized emergency action plan (i.e. Asthma Action Plan, Seizure Action Plan, Food Allergy & Anaphylaxis Emergency Care Plan, etc.).
- ☐ Answer any blank questions in the **Vital Health Record** as well as verify any information you entered last school year.
- ☐ Complete the **Consent to Treat (Digital Form)**
- ☐ Upload your child's current **Immunization Records** demonstrating they are up-to-date on grade [required immunizations](#) in accordance with the Virginia Department of Health & The Catholic Diocese of Arlington.
- ☐ Either upload a completed **Medical Authorization Form** or select "no" to mark as not applicable for your child.
- ☐ If applicable, upload a completed **Commonwealth of Virginia School Entrance Health form**. See below for additional details.

We are **unable** to accept emailed health forms and hard copy health forms. All health forms **must** be uploaded into Magnus Health.

Commonwealth of Virginia

School Entrance Health Form

- ☐ Required for **ALL new students** regardless of grade level.
 - ☐ Required for all students in **pre-k, kindergarten, third, and seventh grades**.
 - ☐ This form requires:
 - ☐ A current copy of your child's immunization records
 - ☐ Seventh graders are required to have received the TDaP and Meningococcal immunizations before the first day of school.
 - ☐ A valid physical examination & signed by your child's healthcare provider.
 - Physical must be performed on or after **August 20, 2025** to be valid for the 2026-27 school year. We cannot accept outdated physicals.
- *All allergies and medical conditions requiring student accommodations need to be documented by your child's healthcare provider here under "Summary of Findings" at the bottom of the page.*

Medications & Over-the-Counter Products

- ☐ All medication and over-the-counter (OTC) products to be used by a student while at school requires a **Medication Authorization form**.
 - ☐ Any medication or OTC products must be secured in the clinic with the appropriate documentation completed in Magnus Health. Students are **not** permitted to carry their own medications or over-the-counter products, unless previously arranged with the school nurses and a self-carry agreement form on file with the student health clinic.
- *Please note, the clinic does not have any medication kept on hand to administer to students. Medications must be supplied from home with a coinciding . If a medication or OTC product will be required for four or more consecutive days during the school day, your child's healthcare provider will need to sign the Medication Authorization form as well. * Link it here.*

Food Allergy & Anaphylaxis Emergency Care Plan & Epinephrine/Antihistamine Authorization Form

- ☐ Required for any student with life-threatening allergies.
- ☐ Food Allergy and Anaphylaxis Emergency Care Plans (FARE form) need to be completed & signed by your child's healthcare provider. Medical Plans are valid one year from the HCP's dated signature.
- ☐ The included Epinephrine/Antihistamine Authorization form provides parental consent for these medication to be administer to the child should this be deemed medically necessary.
- ☐ Students may not transport their own medication to school or keep them on their person/backpack unless a self-carry agreement is on file with the clinic.
- **Helpful Hints:**
 - The first page also requires a parent signature, this is commonly overlooked.
 - Please review if your HCP listed an Antihistamine (i.e. Zyrtec, Claritin, or Benadryl) as part of their treatment plan and bring this in with their epinephrine.
 - We recommend that students with food allergies have a small supply of safe treats from home kept with their homeroom teacher for when birthdays and unexpected class treats arise. This ensure your child can safely participate in the special event!
 - A school nurse will reach out to you approximately 1 month before your child's SAP form and/or their medication is set to expire in order for arrangements to be made to bring in updated forms/medications.
 - If your child has been cleared of their seizure activity, please email their medical documentation from their HCP clearing them of this diagnosis.

Asthma Action Plan & Inhaler Authorization Form

- ☐ Required for any student with asthma.
 - If your child has an inhaler for as needed use with allergies or colds, we STRONGLY recommend discussing with your child's health care provide to determine if having one at school is right for them.
- ☐ Asthma Action Plans (AAP) need to be completed & signed by your child's healthcare provider. Medical Plans are valid one year from the HCP's dated signature.
- ☐ The Inhaler Authorization form provides parental consent for an inhaler to be administer to the child should this be deemed medically necessary.
- ☐ Students may not transport their own medication to school or keep them on their person/backpack unless a self-carry agreement is on file with the clinic.
- **Helpful Hints:**
 - The first page also requires a parent signature, this is commonly overlooked.
 - Please ask your HCP for a spacer if you do not already have one. Using an inhaler without a spacer device results in decreased amount of medication making into the lungs as it is absorbed elsewhere.
 - A school nurse will reach out to you approximately 1 month before your child's AAP form and/or their medication is set to expire in order for arrangements to be made to bring in updated forms/medications.
 - If your child has been cleared of their asthma diagnosis, please email a copy of their medical documentation from their HCP clearing them of this diagnosis.

Seizure Action Plan & Seizure Treatment Authorization Form

- ☐ Required for any student with seizures or epilepsy.
- ☐ Seizure Action Plan (SAP) need to be completed & signed by your child's healthcare provider.
Medical Plans are valid one year from the HCP's dated signature.
- ☐ The Seizure Treatment Authorization form provides parental consent for a student's abortive treatment to be administer should this be deemed medically necessary.
- ☐ Students may not transport their own medication to school or keep them on their person/backpack. Seizure abortive therapy is a controlled substance and thus may never be self-carry by a student.
- **Helpful Hints:**
 - The second page also requires a parent signature, this is commonly overlooked.
 - A school nurse will reach out to you approximately 1 month before your child's SAP form and/or their medication is set to expire in order for arrangements to be made to bring in updated forms/medications.
 - If your child has been cleared of their seizure activity, please email their medical documentation from their HCP clearing them of this diagnosis.