LOWELL CATHOLIC

ELEMENTARY DIVISION

Summer 2026

Dear First Grade Families,

We are so excited to welcome you to first grade at Lowell Catholic Elementary!

We will learn a lot during our year together! First grade is a year filled with fun and huge leaps in learning! Your child will learn, grow and make progress at their own pace and we hope they strengthen their love of reading and learning.

You will find out your child's teacher on the first day of school. Meanwhile, we have included introduction letters so that you may learn a little bit about the first grade team.

We hope that you have a wonderful summer filled with lots of fun in the sun! We are looking forward to meeting all first graders at the beginning of the school year.



Sincerely,
Mrs. Conway, Mrs. Macias & Sister Jane

LOWELL CATHOLIC | Elementary Division | 530 Stevens Street | Lowell, MA 01851 |
978.452.1794 | www.lowellcatholic.org

Summer 2026

Dear First Grade Families,

I am excited to welcome you to first grade at Lowell Catholic Elementary! We will learn a lot during our year together and have fun too! One of the most exciting things about first grade is watching the children become readers and develop a love for reading. We will learn how to use a variety of reading strategies and enjoy many genres of books together. Reading a wide array of genres will further develop your child's vocabulary and help them discover new reading material that they enjoy.

I look forward to learning about your child and would like to share a little bit about myself too! This will be my 17th year as a classroom teacher and my 11th year teaching first grade at Lowell Catholic. I completed my Master's Degree in Special Education and my Bachelor's Degree in Elementary Education. I hold the following licenses in Massachusetts: Elementary Education (1-6) and Moderate Disabilities (PreK-8).

My husband and I are parents to our son Owen (6) and daughter Laura (4). I love summer time as I can spend time with my children. We spend a lot of time at the park, swimming, going on family walks, and going out for ice cream!

Please feel free to email me (kaconway@lowellcatholic.org) with any questions or concerns that you may have. Please be assured that I am going to do my best to help your child smoothly transition to first grade.

Enjoy the summer!
Mrs. Conway



Welcome to First Grade!

Dear First Grade Families,

I am so excited to welcome you to first grade at Lowell Catholic in September! First grade is such a fun and exciting year as we grow so much in our reading, writing, and math skills. I hope to make sure your child's first grade year is fun, exciting and I hope to instill a love of learning that will last throughout your child's years of schooling. My goal as the classroom teacher is to make sure all students are spreading kindness all around the classroom and for students to feel safe and respected.

I am excited to learn so much about each student throughout the school year and I would also like to share some things about myself. This upcoming year will be my seventh year teaching at Lowell Catholic! I have completed my Bachelor's Degree in Early Childhood Education and Psychology, and I have my Master's in Education focused on Curriculum and Instruction / Applied Behavior Analysis.

Some of my favorite hobbies include going on walks, going to the beach, going to Starbucks and of course shopping at Target! I especially enjoy summertime being able to hangout with my family, friends and of course my two pets Stella (cat) and Myla (dog).

I would like to share some exciting news… this summer is going to be a special one as I will be getting married this August! Many of you may know me as Ms. Warner but starting this next school year I will be Mrs. Macias!

With any questions or concerns you may have please feel free to email me at (jwarner@lowellcatholic.org). As a class we will work hard to build a strong classroom community throughout the school year. I will work hard to ensure that your child has a smooth transition to first grade. I hope everyone has a fabulous summer and I cannot wait to meet you on the first day of school!

Thank you!

The Future Mrs. Macias





Classroom Assistant: Sister Jane

We are very lucky to have Sister Jane as one of our assistant teachers! Sister Jane is incredibly caring and gentle with the students. This will be her tenth year helping in the first grade at Lowell Catholic. She loves working individually with students when they need extra support. She also helps to organize supplies and learning materials for the students, so that they are ready to learn!



Sister Jane comes from Franco American School in Lowell and brings 50 plus years of experience in the education field. She spent many of her years at Franco American School as an assistant principal.

Sister Jane loves the winter and she finds cold weather to be energizing! She also enjoys eating healthy and exercising. Lowell Catholic is so lucky to have Sister Jane as part of the team!



5). First Grade Questionnaire - info sheet

First Grade Questionnaire

Please fill out your child's first grade questionnaire by scanning the QR code, or using the link below by **Monday, August 17, 2026**

If you have any questions please reach to:
Mrs. Conway - kaconway@lowellcatholic.org
Mrs. Macias (Ms. Warner) - jwarner@lowellcatholic.org

https://forms.gle/yEhEJ4k27AxCd9At5

First Grade Supply List 2026

Required List

- Lunch box
- Backpack
- Water bottle
- 1 pencil box (please see next page for an example)
- 1 zipper marker case (please see next page for an example)
- 1 plastic blue folder
- 1 plastic yellow folder
- 1 pair of scissors (Fiskar brand) with a rounded metal blade
- 1 package of 20 Ticonderoga pencils
- 3 packages of 24 Crayola crayons
- 3 packages of 8 large Crayola markers
- 6 Elmer's jumbo glue sticks
- 5 Expo-low odor dry erase markers, fine point
- 4 Play-Doh (4 oz) containers (please see next page for an example)
- 3 boxes of tissues
- 3 containers of Clorox or Lysol wipes
- 1 package of baby wipes
- 1 paper towel roll

The following should be placed in the zipper marker case:

1 pack of large Crayola markers
1 pair of scissors
1 glue stick

The following should be placed in the pencil box:

1 pack of 24 Crayola crayons
1 fine point Expo marker

*The remaining supplies should be labeled and will be stored in the classroom for your child!

Optional Donation List

Sandwich baggies
Hand sanitizer
Plastic utensils
Paper plates
Expo markers, chisel tip
Packaging tape (clear)
White paper
Colored paper

Supply Photos Examples

All supplies can be found at Walmart, Target or Amazon!

Play-Doh (4 oz)
Any 4 Colors!



Pencil Box



Marker Case



First Grade Uniforms!

As students transition from Kindergarten to First Grade, there are a few updates to their daily and formal uniform expectations. Please review the uniform guidelines below:

Boys – Grade 1

Daily Uniform:

- **LC white or light blue polo (short or long sleeve)**
- **Navy pants**
- **Sneakers or dress shoes**

Formal Uniform:

- **LC Oxford button-up shirt (short or long sleeve)**
- **LC navy tie**
- **Navy pants**
- **Dress shoes**

Optional:

- **Pullover sweater may be worn with either daily or formal uniform**

Girls – Grade 1

Daily Uniform:

- **LC white or light blue polo (short or long sleeve)**
- **Navy blue jumper dress with tights, leggings, or high socks**
- **Sneakers or dress shoes**

Formal Uniform:

- **LC Oxford button-up shirt (short or long sleeve)**
- **Navy blue jumper dress with tights, leggings, or high socks**
- **Dress shoes**

Optional:

- **LC polo with navy pants**
- **LC sweater may be worn with any uniform**

Please note: Navy skirts are part of the Early Childhood uniform and should no longer be worn by students in First Grade and above.

Link to Shop Uniforms: https://www.globalschoolwear.com/

Summer Learning for Students Entering First Grade
Lowell Catholic Elementary

Reading is a most important and rewarding activity that directly correlates with a student's academic success. Students who consistently read throughout the summer, will be better prepared for a successful year in first grade. We recommend Caldecott award winning titles, fairy tales, nonfiction, fiction, poetry, etc.

Here is a tool for helping your child select appropriate stories:



We are sharing a book report that should be returned on the first day of school. Your child may choose any book they would like to complete the book report.

We are also attaching some trick words for your child to review this summer. Trick words (also called sight words) should be recognized by sight as sounding out will not always work. Students should be able to read each word in five seconds.

Additionally, please make sure your child practices math facts with addition and subtraction flash cards. We have attached a page with doubles facts and we encourage your child to learn their double facts over the summer months. We have also shared some math worksheets to help your child keep their skills sharp over the summer months. Math fact fluency is an important skill and will help students as they learn more complex math concepts. (The flash cards/worksheets do not need to be returned to school). **We only ask that the book report is returned!**

Enjoy the summer and stay safe and healthy!
Mrs. Conway & Mrs. Macias



My First Grade Book Report

My name is _____

The title of my book is _____

The author is _____

Do you like the pictures?   

Do you like the story?   

Here is the best part.

I like this part because _____

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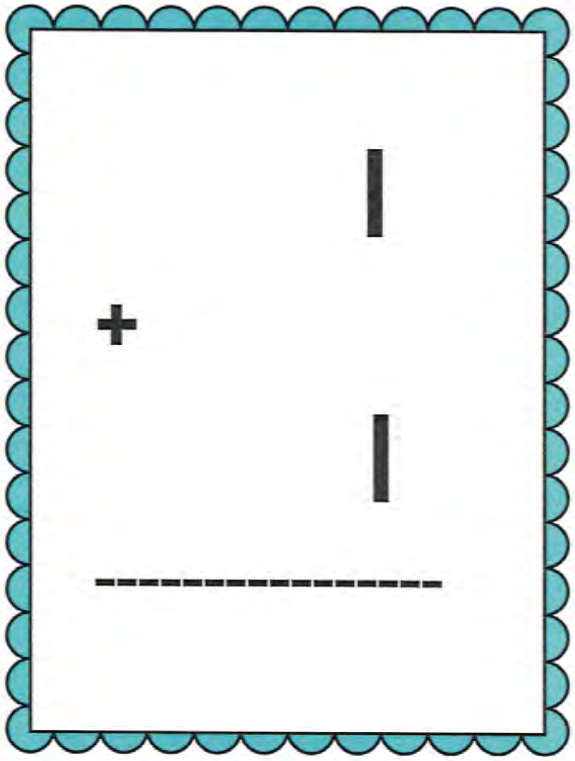
Sight Words: Students Entering First Grade

Please make sure that your child knows the following sight words as this will help prepare them for first grade. Sight words should be recognized by sight as sounding out will not always work. Students should be able to read each word in five seconds. Thank you for your support!

I	many	go	say	one
a	where	for	new	every
like	from	soon	was	ask
the	came	up	then	walk
and	but	over	ate	look
see	is	her	could	out
we	how	when	she	off
to	find	some	all	take
come	this	away	he	very
me	on	must	no	their
with	into	by	do	saw
my	that	there	down	put
you	your	make	have	our
what	who	play	help	day
are	here	said	went	too
now	they	good	only	show
of	will	them	little	
so	be	give	just	

Doubles Facts Flashcards & Practice Pages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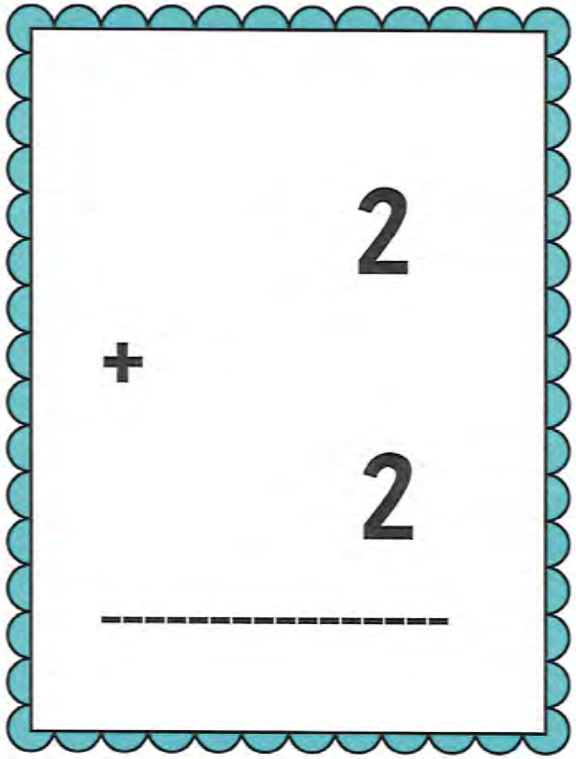
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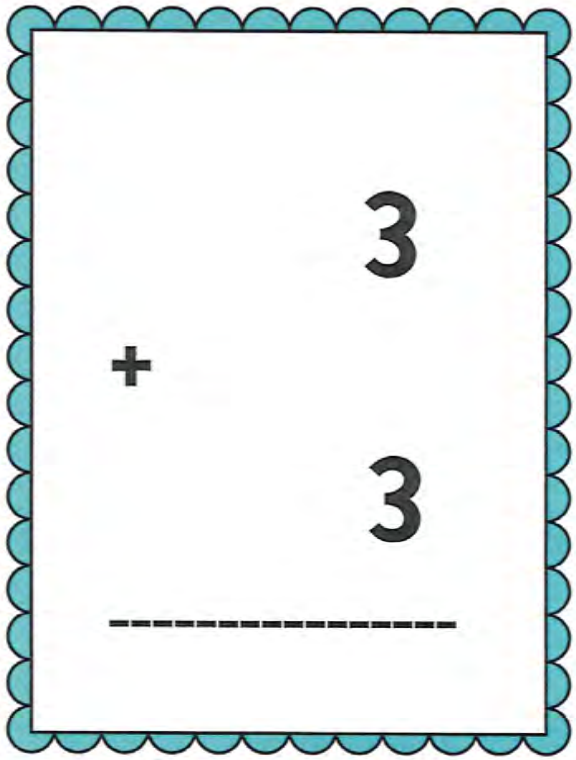
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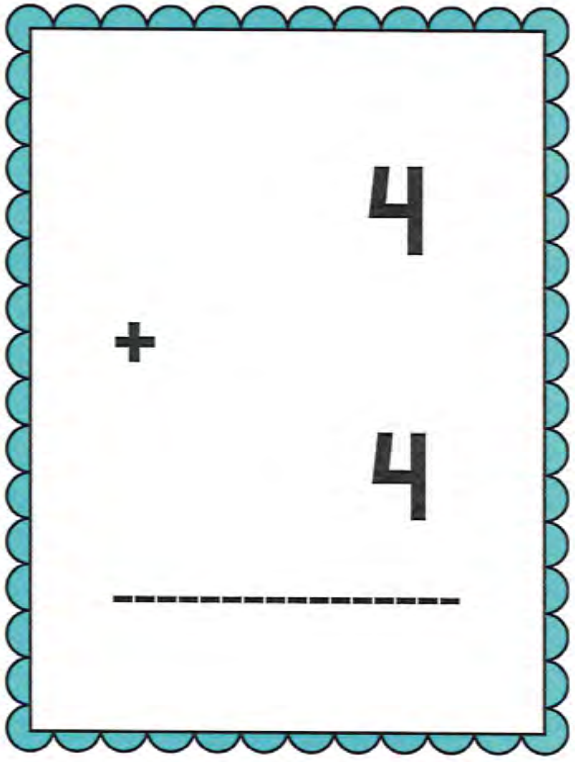
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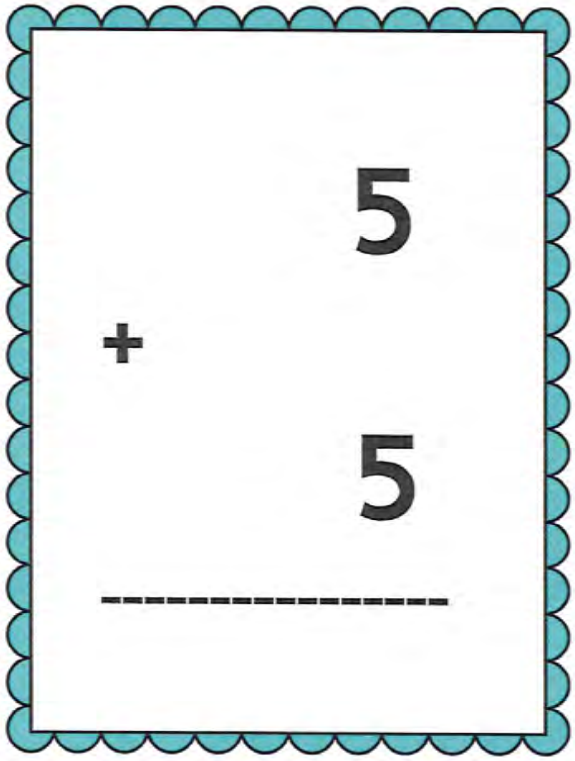
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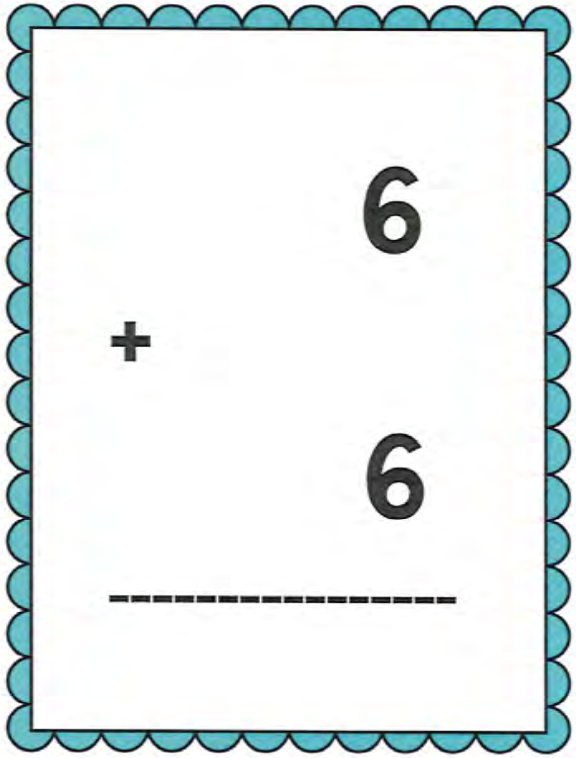
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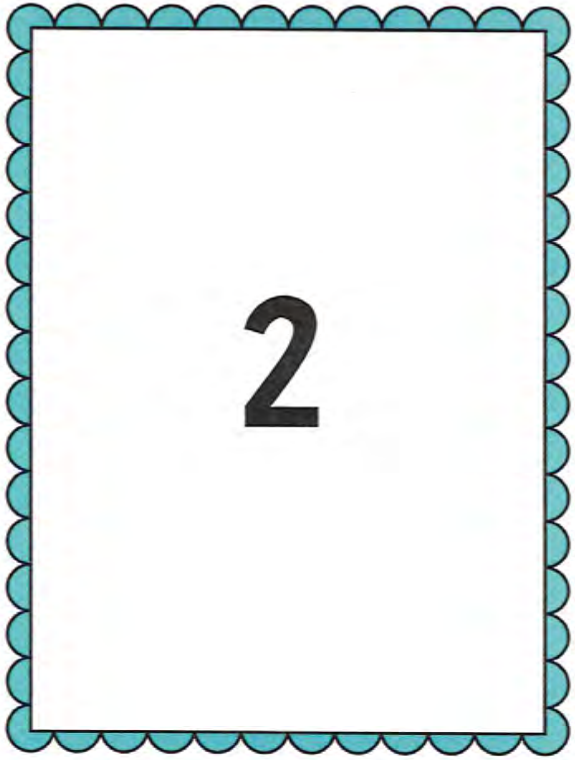
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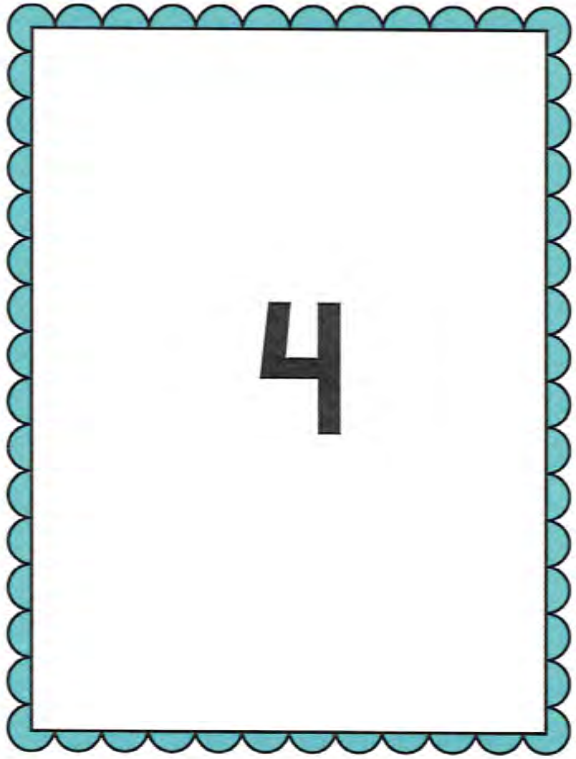
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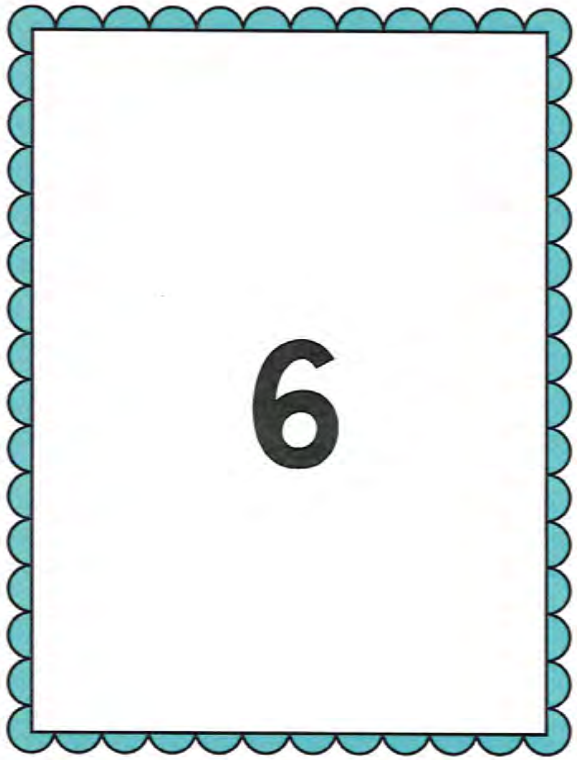
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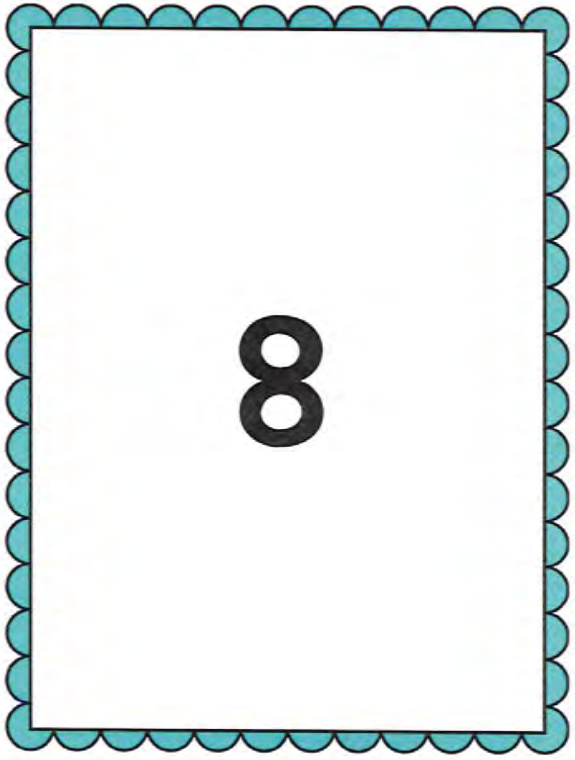
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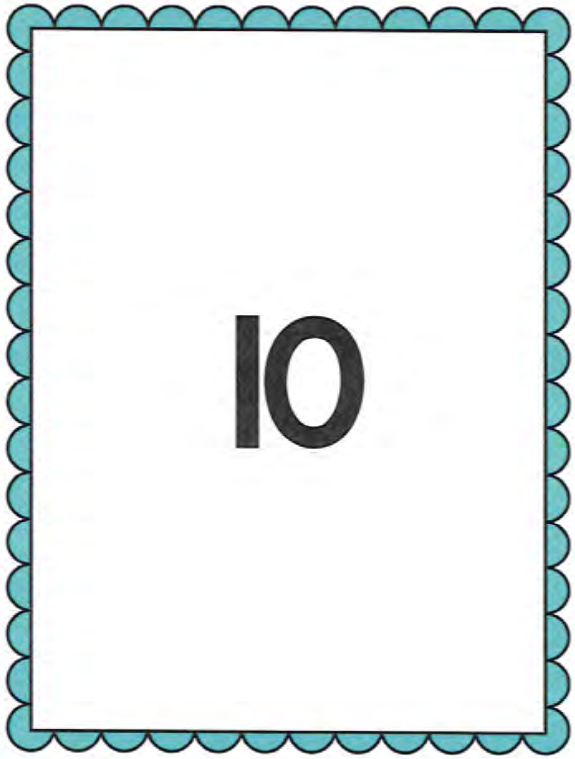
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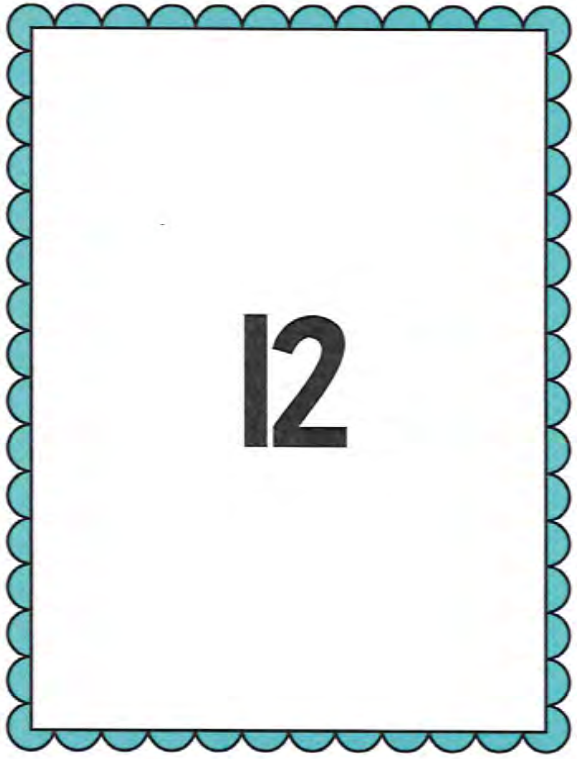
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9 + 9 = ____

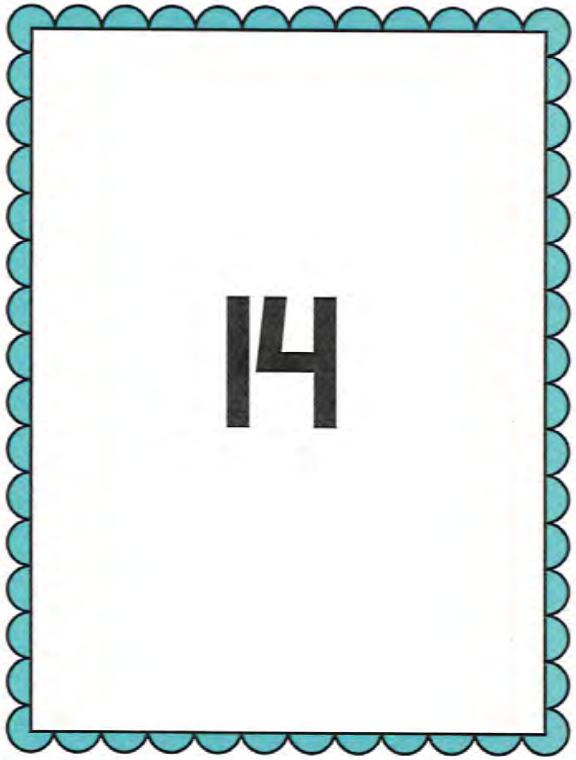
12 + 12 = ____

8 + 8 = ____

11 + 11 = ____

7 + 7 = ____

10 + 10 = ____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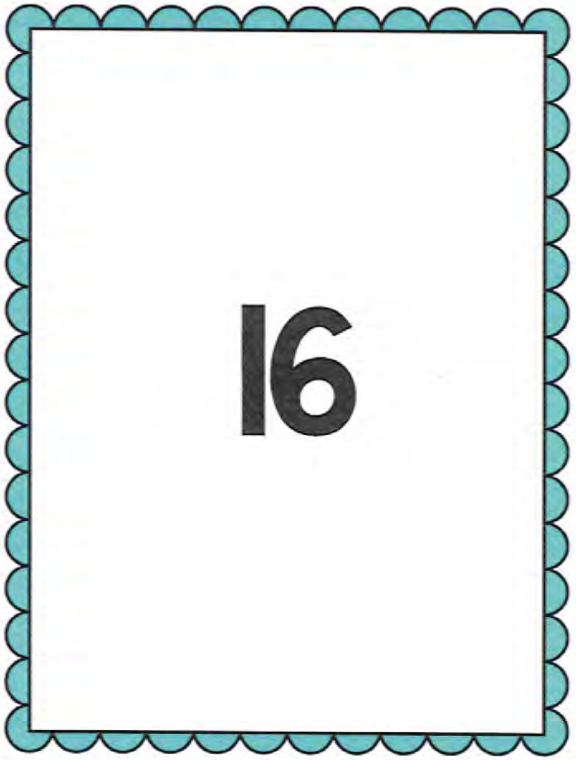
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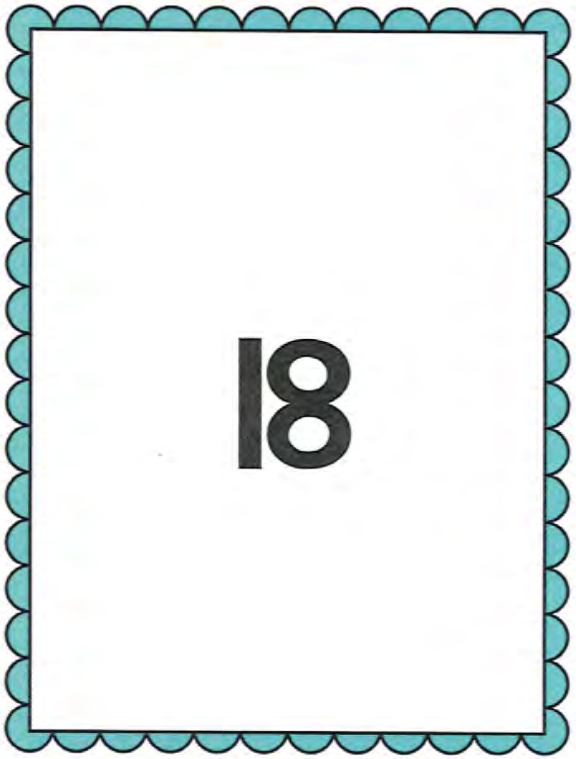
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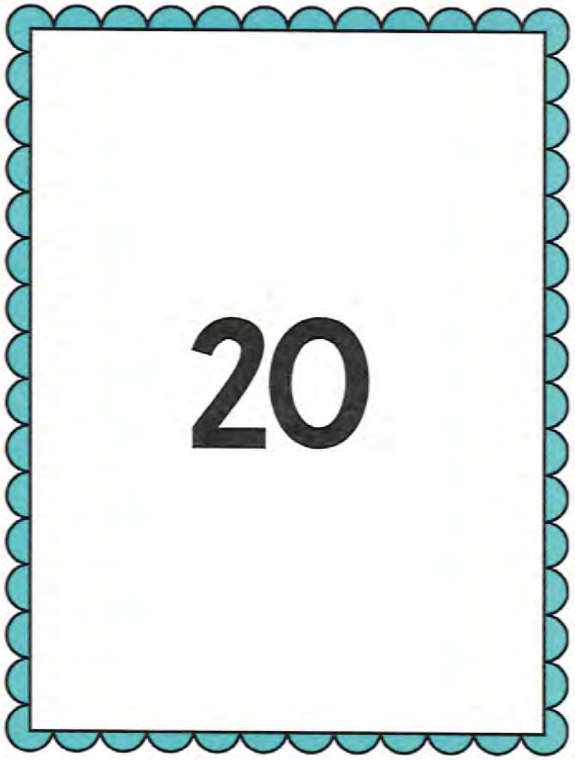
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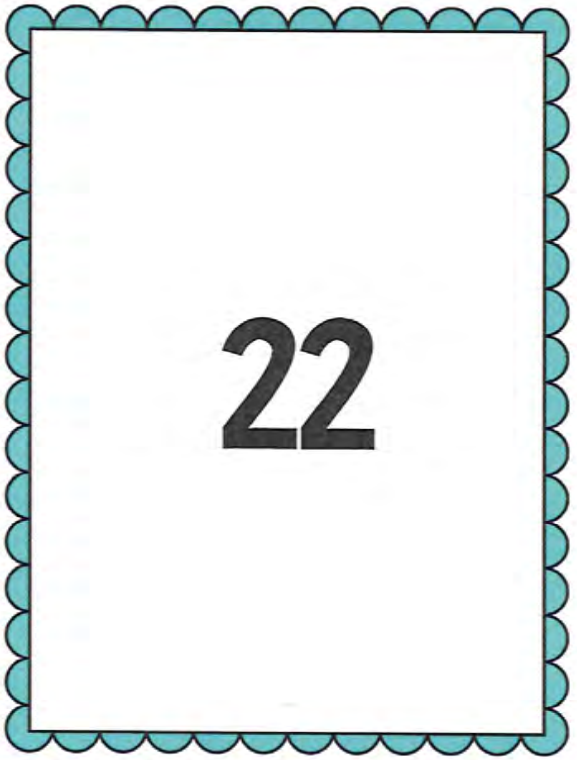
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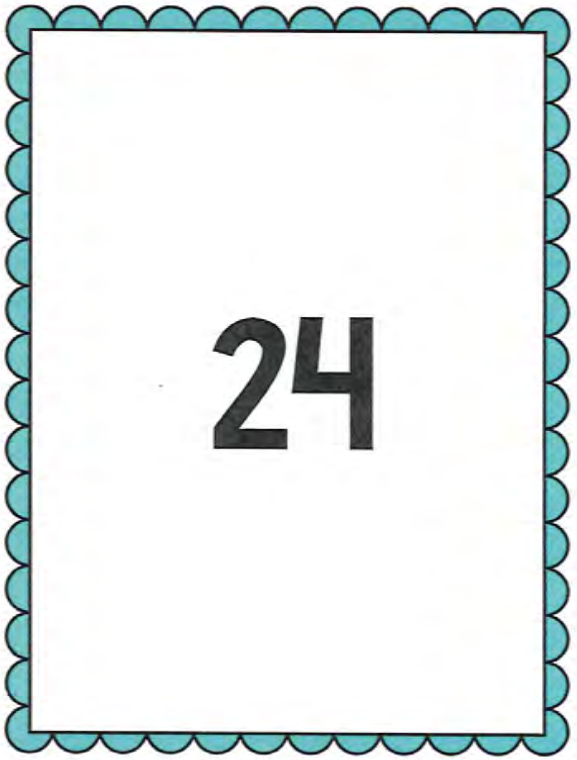
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Name: _____

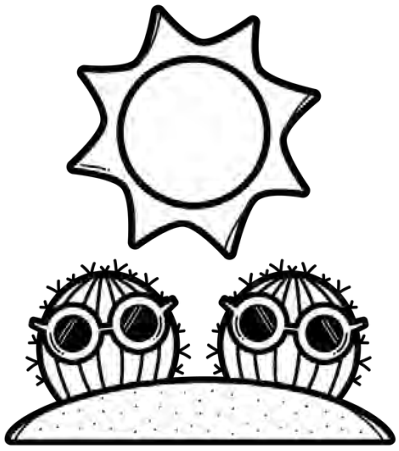
1 + 1 = _____	4 + 4 = _____	2 + 2 = _____
5 + 5 = _____	8 + 8 = _____	6 + 6 = _____
7 + 7 = _____	3 + 3 = _____	9 + 9 = _____

Name: _____

10 + 10 = _____	1 + 1 = _____	9 + 9 = _____
8 + 8 = _____	3 + 3 = _____	2 + 2 = _____
7 + 7 = _____	5 + 5 = _____	4 + 4 = _____

Name : _____

ADDING DOUBLES



Write the sum in the box.

1 + 1 =	5 + 5 =
9 + 9 =	7 + 7 =
6 + 6 =	4 + 4 =
3 + 3 =	6 + 6 =
1 + 1 =	2 + 2 =
4 + 4 =	8 + 8 =

Name:..... Date:.....

Subtraction

3 - 2 =	12 - 2 =
5 - 1 =	9 - 4 =
4 - 3 =	6 - 5 =
8 - 5 =	11 - 8 =
6 - 4 =	9 - 6 =
9 - 7 =	7 - 7 =
10 - 5 =	8 - 3 =
1 - 1 =	5 - 4 =
7 - 3 =	2 - 1 =

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Name:..... Date:.....

Addition

3 + 2 = ☐	12 + 2 = ☐
5 + 1 = ☐	9 + 4 = ☐
4 + 3 = ☐	6 + 5 = ☐
8 + 5 = ☐	11 + 8 = ☐
6 + 4 = ☐	9 + 6 = ☐
9 + 7 = ☐	7 + 7 = ☐
10 + 5 = ☐	8 + 3 = ☐
1 + 1 = ☐	5 + 4 = ☐
7 + 3 = ☐	2 + 1 = ☐

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