



# POTTSGROVE FOOTBALL EVENTS FOR THE WEEK OF HEAT ACC AUG 10TH-14TH

Here are the football activities happening this week. This is Mandatory, and you have been informed of this since February communications so no excuses.

**MONDAY**

10

- 7:15 am- Arrival
- 8 am-10:30 am- Offensive Practice #1
- 11 am-12:00 pm - Practice Film Review
- 12 pm-1 pm -Lunch
- 1:30 pm-4 pm-Defensive Practice #1
- 4:30 pm-Pick-up

**FRIDAY**

14

- 8 am- Arrival is no later than this
- 9-12 pm Off/Def Practice
- 1 pm-Pick-Up

**TUESDAY**

11

- 7:15 am- Arrival
- 8 am-10:30 am- Lift, Practice Review, Roster, Jersey, Hudl, etc..
- 11:00 am-11:45 -Lunch
- 12 pm-12:30 pm- Practice Preview
- 1:00 pm-4 pm-Offensive Practice #2
- 4:30 pm-Pick-up

**SATURDAY**

15

**OFF**  
REST, HYDRATE AND NURSISH YOUR BODY

**WEDNESDAY**

12

- 7:15 am- Arrival
- 8 am-10:30 am- Defensive Practice #2
- 11 am-12:00 pm - Practice Film Review
- 12 pm-1 pm -Lunch
- 1:30 pm-4 pm-Offensive Practice #3
- 4:30 pm-Pick-up

**SUNDAY**

16

- 7:00 am-Arrival is no later than this time.
- 8:00 am-Depart for Camp

**THURSDAY**

13

- 11:30 pm- Arrival is no later than this
- 12:00 pm-1:30pm-Lift #2 and Film Review
- 4-5:30 pm- Team Pictures
- 5:30-6 pm-Dinner
- 6 pm-8:00 pm- Telethon
- 8:15 pm-Pick-up

**LINKS TO IMPORTANT INFO, CALENDARS AND SIGN-UPS**

**2026 Yearlong Calendar of Events**