

**Rupert A. Nock Middle School
2026 Middle School Field Hockey Program**

Program Information

The Nock Middle School Field Hockey Program is open to all 6th, 7th, and 8th grade students, regardless of experience level. Whether your child is picking up a stick for the first time or has played for several years, everyone is welcome!

The season will begin on **WEDNESDAY, SEPTEMBER 2nd**, and run through mid-October.

This year we will have two teams:

- Newburyport Middle School Crimson
- Newburyport Middle School White

Both teams will practice together throughout the season, but will compete in games according to their assigned schedules.

Practices

- **Days:** Mondays, Wednesdays, and Fridays
- **Time:** 2:30 - 3:45 p.m.
- **Location:** Eaton Field (up by the baseball field behind the Nock Middle School)

Games

Each team typically plays approximately 10 games during the season.

- **Days:** Mondays, Wednesdays, and Fridays
- **Game Time:** 3:45 p.m.
- **Home Games:** Eaton Field
- **Away Game:** Bus transportation is provided to and from all away games.
- Family and friends are welcome to attend both home and away games.

A complete game schedule will be distributed before the season begins. Please note that schedules are subject to change.

Required Equipment:

Each player must have:

- field hockey stick
- shin guards
- mouth guard
- goggles

Registration Information:

To reserve your child's spot on the team:

1. **Complete the online registration form**
2. **Email a current physical to Kathy Cutter at kcutter@newburyport.k12.ma.us**

Questions?

If you have any questions about the program, please contact Colleen Santos at colleenann.santos@gmail.com. We look forward to another fun and exciting season and can't wait to see everyone on the field!