Encinitas UNION SCHOOL DISTRICT

August

GREEN GARDEN CAFE

Breakfast & Lunch Menu

2026

Breakfast Menu

Breakfast is served every morning before school and includes the choice of entrée, fruit, yogurt, milk, and string cheese.

Monday:
-Ultimate Breakfast Bar
-Sweet Bread Concha
-Assorted Cereal

Tuesday:
-Banana Bread
-Bagel & Cream Cheese
-Assorted Cereal

Wednesday:
-Bacon & Cheese Egg Bites
-Maple Belgian Waffle
-Assorted Cereal

Thursday:
-Scratch-made Chocolate Chip Muffin
-Sunrise Bagel (Open-faced Bagel with Pork Sausage, Bacon, Egg & Cheese)
-Assorted Cereal

Friday:
-Hand-rolled Breakfast Burrito (Soy Chorizo, Egg & Cheese)
-Fresh Baked Chocolate Chip Scone

Meals are FREE for all EUSD Students!

Adult & Visitor Pricing:
Lunch: $6.00
Breakfast: $4.00

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back!	11 Crunchy Grass Fed Organic Beef Taco Crispy Chicken Breast Sandwich Wowbutter & Jelly Sandwich with String Cheese	12 Buffalo-style Chicken Wings (mild) & Garlic Knot Grilled Cheese Sandwich Yogurt & Granola Mini Rice Krispie Treat	13 Baked Potato with Cheese Sauce & Toppings EUSD Cheese Pizza EUSD Pepperoni Pizza Oatmeal Benefit Bar & String Cheese	14 Grass Fed Beef Hamburger Grass Fed Beef Cheeseburger Chicken Meatballs with EUSD Marinara, & Garlic Knot Yogurt & Granola Fresh Baked Chocolate Chip Cookie
17 Pasta with Butter Parmesan Sauce & Garlic Bread EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola	18 Homemade Bean & Cheese Burrito Crispy Chicken Tenders Wowbutter & Jelly Sandwich with String Cheese	19 Orange Chicken with Brown Rice Stuffed Cheese Quesadilla Stuffed Quesadilla with Grilled Chicken Yogurt & Granola Fortune Cookie	20 Fiesta Nachos with Grass Fed Organic Beef EUSD Cheese Pizza EUSD BBQ Chicken Pizza Oatmeal Benefit Bar & String Cheese	21 Grass Fed Beef Hot dog Soft Pretzel Bites with Cheese Dipping Sauce Yogurt & Granola Fresh Baked Celebration Cookie
24 Bowtie Pasta with EUSD Marinara & Garlic Knot EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola	25 Baja Fish Taco & Tortilla Chips Crispy Chicken Breast Sandwich Wowbutter & Jelly Sandwich with String Cheese	26 Chicken & Waffles Grass Fed Beef Hamburger Veggie Burger Yogurt & Granola Mini Rice Krispie Treat	27 Organic Chicken Shawarma Pita with Garlic Sauce EUSD Cheese Pizza EUSD Pepperoni Pizza Oatmeal Benefit Bar & String Cheese	28 Macaroni & Cheese Chicken Corn Dog (nitrate free) Yogurt & Granola Fresh Baked Sugar Cookie
31 Creamy Alfredo Pasta & Garlic Bread EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola Whole Fruit Popsicle				

Contains Pork:
Gluten Free: GF
Scratch-made:
Vegetarian:
Vegan: no animal products

Daily Salad Bar:

Fresh, Seasonal, Local!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: Cantaloupe & Jicama
Tuesdays: Locally Grown Sliced Apples
Wednesdays: Sliced Mango & Locally Grown Dassi Farms Persian Cucumbers
Thursdays: California Grown Peaches & Celery
Fridays: Locally Grown Sliced Oranges
Various dressings are offered daily including a GF option.

Elevating School Lunch

EUSD is committed to serving high-quality, scratch-made meals using local, organic, and grass-fed ingredients. From house-made pizza with organic Farm Lab tomato sauce to slow-roasted organic meats in entrees like tacos, sandwiches, and pastas, our meals are thoughtfully prepared to be nutritious and delicious!

We take pride in offering simple, elevated, kid-friendly meals with minimal processing every day. Every lunch includes access to a fresh salad bar packed with local, organic fruits and veggies, many grown right at our EUSD Farm Lab!

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (https://www.eusd.net/departments/child-nutrition-services) or download our Mobile Menu App at www.schoolcafe.com. Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of **Gluten Free (GF) and vegetarian entrees** are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request. Please not that we serve GF items, but our kitchens are not GF facilities.
- **Plant-based/Vegan options** available daily upon request (Hummus & Pretzels, Sunbutter Sandwich, Balsamic Dressing). We do not serve any entrées that contain **peanuts or tree nuts**; however, we are not considered a nut free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

Menus are subject to change without notice

This institution is an equal opportunity provider.

ENCINITAS UNION SCHOOL DISTRICT
CHILD NUTRITION SERVICES

MEET OUR VENDORS KNOW OUR PRODUCTS

CREAM CO. MEATS

Cream Co. works with over 20 sustainable, regenerative, and organic family farms in northern California. Our beef, pork and chicken come from a variety of farms including Mary's Chicken and Beeler's Pork.

EUSD FARM LAB

Our certified organic EUSD Farm Lab provides seasonal produce for our salad bars at every school. This includes organic lettuce, carrots, cucumbers, tomatoes, corn, beets, etc. Not to mention all of the tomatoes used in our scratch made pizza and pasta sauces.

DICKINSON FAMILY FARMS

Based in Fallbrook, Dickinson Family Farms provides, local, seasonal, and organic produce to our schools, including dragon fruit, finger limes, oranges, apples, avocados, etc.

LA FE TORTILLERIA

Based in San Marcos, La Fe Tortilleria is a multi-generational family run business that delivers authentic, fresh tortillas weekly!

LOPES FAMILY FARMS RICE

This family-owned organic farm in Princeton, California, utilizes an ancient Chinese rice farming technique that incorporates ducks into the cultivation of brown rice. The ducks eat weeds and bugs while enriching the soil with nitrogen and organic matter. Their organic rice can be found in a variety of EUSD entrees.

BOAR'S HEAD

High quality deli meats and cheeses, free of preservatives and nitrates, while also using whole muscle proteins. Their turkey and cheeses can be found in our deli sandwiches, grilled cheeses, quesadillas, and on our salad bar.

GIUSTO'S ORGANIC FLOUR

Based In San Francisco, Giusto's high quality, organic flour (wheat and all-purpose) is used in our pizza dough and fresh baked goods.

DASSI FAMILY FARM

Based in Leucadia and San Marcos, Dassi Family Farm is a local, sustainable greenhouse providing delicious, seasonal tomatoes and cucumbers for our salad bars.