

MIDDLE SCHOOL ACTIVITIES



Henna Workshop (Grades 6-8)

YEF26-76

Discover the rich culture of henna. Henna is temporary body art resulting from the staining of the skin from a dye prepared from leaves of a henna tree. After stains reach their peak color, they hold for a few days, then gradually wear off, typically within two to three weeks. Learn the basics of henna tattoos and practice them. All the materials will be provided.

Wednesday, Sept. 9 | 5:30-7 p.m. | \$35

Skyview Middle School

Middle School Spanish Prep: A Foundation Course! (Grades 6-8)

YEF26-79

Build a strong foundation in Spanish and prepare for future courses. Topics include numbers, the alphabet, pronunciation, days of the week, family members, school vocabulary, sentence structure and simple conversations. Lessons include interactive activities, visuals and cultural connections. Limited spaces available.

Open to new and previous middle school prep participants (online portal resources and practice tools included).

Mondays, Oct. 12-Dec. 7

(no class Nov. 23)

4:45-5:30 p.m.

\$135 | Virtual via Zoom

Mosaic Stage Lab (Grades 6-8)

YEF26-77

In this 8-week program, you'll claim your own scene, build your character from the ground up, and perform it live for an audience — no experience required. Work alongside a scene coach, make bold creative choices, and join a cast that brings one story to life, together.

Wednesdays, Sept. 30-Nov. 18 | 6-7 p.m.

\$75 | John Glenn Middle School

Street Hockey (Grades 6-8)

YEF26-78

Participants learn the fundamentals of street hockey including passing, stick handling, shooting, and positioning through drills and small games. Sessions emphasize teamwork, movement, and gameplay in a fun environment. No prior experience is required.

Saturdays, Oct. 17-Nov. 14 (no class Oct. 31)

10-11 a.m. | \$70 | Skyview Middle School

EDUCATIONAL BENEFITS DISCOUNT

District 622 families who receive educational benefits qualify for a discount on most youth classes. Call 651-748-7442 to learn more.

Youth Self-Defense & Safety Awareness (Ages 4-16)

Empower your child with essential self-defense and safety awareness skills.

Saturdays, Oct. 3-Dec. 19 | \$100 John Glenn Middle School

(no class Oct. 17, Nov. 28)

Beginners (YEF26-49): 10-10:45 a.m.

Intermediate/Advanced (YEF26-50): 11-11:45 a.m.



CONQUER NINJA GYMS

Participants develop their ninja skills and strength by training on the obstacles.



COURSE NAME	AGES	DATE	TIME	COST	CLASS #
Conquer Ninja Rec Team 6 Weeks	Ages 6-13	Fridays, Nov. 6-Dec. 18 (no class Nov. 27)	5:30-6:30 p.m.		YEF26-16
	Ages 8-13		6:30-7:30 p.m.		YEF26-17
Intro to Ninja 6 Weeks	Ages 5-13	Saturdays, Nov. 7-Dec. 19 (no class Nov. 28)	9-10 a.m.	\$199	YEF26-22
Intro to Ninja 6 Weeks	Ages 10-13	Wednesdays, Nov. 4-Dec. 16 (no class Nov. 25)	6:30-7:30 p.m.	\$199	YEF26-25

BOULDER POINTE ACADEMY

If you have a child who loves horses, a camp at Boulder Pointe is the perfect place for them! Every camper gets a glimpse of what it's like to love and care for a horse.

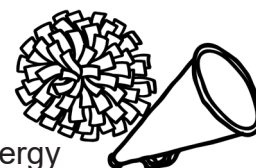


COURSE NAME	DATE	TIME	COST	CLASS #
Day Camp (Ages 6-15)	Thu, Oct. 15	9 a.m.-3 p.m.	\$115	YEF26-2
	Fri, Oct. 16			YEF26-3
	Mon, Nov. 23			YEF26-4
	Wed, Nov. 25			YEF26-5
	Wed, Dec. 23			YEF26-6
	Wed, Dec. 30			YEF26-7

MINNESOTA XTREME

Minnesota Xtreme is redefining what all-star cheer looks like in Minnesota.

We unite committed athletes and enthusiastic coaches to create more than just competitive teams, we develop confident, motivated individuals who carry that energy with them wherever they go.



COURSE NAME	DATE	TIME	COST	CLASS #
Tumbling Fundamentals-Beginning (Ages 6-12)	Mon, Sept. 14-Oct. 19	5:30-6:25 p.m.	\$95	YEF26-Tumbling 1
	Mon, Oct. 26-Nov. 30			YEF26-Tumbling 2
Cheer Basics (Ages 7-12)	Tue, Sept. 15-Nov. 17	5:45-6:30 p.m.	\$110	YEF26-Cheer Basics
Intro to All Stars (Ages 6-12)	Thu, Sept. 17-Nov. 12 (no class Oct. 15)	5:30-6:30 p.m.	\$110	YEF26-Intro to All Stars
Glow Party (Ages 6-12)	Fri, Sept. 18	6-8 p.m.	\$45	YEF26-Glow Party