

Page Rage

Page Rage is a Spring Phase project for Upper Division students that reflects a collaborative partnership between Eisner Award–nominated artist Mrs. Pamela Wye-Hunsinger, author of the graphic memoir *Water I've Loved*, from the St. Benedict's Prep Art Department, and the nationally recognized Grossman Family Counseling Center. The purpose of this initiative is to provide students with a five-week therapeutic experience that integrates intensive group therapy with artistic exploration and expression. Through this process, students are supported in understanding, processing, and ultimately addressing challenges rooted in their life experiences, as well as current struggles across various areas of functioning.

The program begins with an introduction to and ongoing participation in daily group therapy sessions. As the project progresses, students engage in a structured integration of artistic expression, using creative mediums to explore and represent the personal issues identified throughout the therapeutic process.

The culminating product of this therapeutic, art-based approach is a self-created book of original artwork presented in a short story format. Each student develops a collection of 9–12 zines that depict significant moments in their lives, highlighting experiences that are meaningfully connected to their therapeutic journey over the course of the program.

In Spring 2026, the program expanded to include female students, further broadening the scope and impact of the *Page Rage* experience.