



COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Banschbach Middle School

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of Banschbach Middle School Counseling Department is to provide to all students the opportunity for comprehensive counseling and guidance that promotes academic development, professional aspirations, and personal growth instilling in each student a passion for learning and a confidence for high achievement.

Program Definition

Below are the defining elements of our CSCP:

- Delivery - BMS counselors are professional educators with a mental health perspective who understand and respond to the challenges faced by diverse student populations with the support of administration and campus staff.
- Competencies - BMS counseling department supports the academic, social-emotional, personal, and career development ensuring today's students become the productive, well-adjusted adults of tomorrow.
- Clients - BMS counselors spend the majority of time working directly with students, teachers, parents, and the community in responsive services, individual student planning, as well as providing guidance curriculum to support the challenges students face in schools today.
- Organizational Elements- Elements that go into making our school counseling program organized to help ensure that unnecessary elements are left out and needed elements are maintained are
 - District Improvement Plan
 - Campus Improvements Plan
 - Guidance Lessons
 - BMS Counseling Calendar, yearly and monthly
 - District Counseling Handbook along with district forms for policies/procedures
 - Time Tracker
 - Monthly Counselor Academy
 - Weekly campus administrative/counseling meetings

- Research-based academic and SEL interventions
- Alignment with the *5th Edition TX Model for CSCP*

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. To ensure that all students are receiving direct and indirect support and guidance in academic, career, and social competencies.
2. In order for students to reach their full potential academically, professionally, and personally.
3. We utilize research-based lessons and analyze campus data in order to address the needs of all of our students.
4. Based on observations and data analysis, we are able to determine if we are meeting our goals and if we need to make adjustments.
5. Support students in becoming responsible citizens, involved members of the community, and critical thinkers.
6. Currently we are using the theories and ideas from Jostens, Texas Model, and ASCA Mindsets and Behaviors, and our school motto of H.U.N.T (Honor, Unity, Nobility, Tenacity).

Program Assumptions – see completed checklists in Texas Model Guide Pg. 56 (all conditions and resources being considered)

The creation of program goals & process include the following:

Needs Assessment Results:

- The needs assessment results will be determined after students, staff, and parents submit surveys in the Fall 2026 and results will be presented at the first counselor advisory team meeting.
- A continued need for a balanced service distribution, based on the recommended program balance service distribution for a middle school counseling program on page 125 of the Texas Model for Comprehensive School Counseling Program (5th edition).

Data point review for all grade levels :

- Banschbach Middle School Campus Improvement Plan
- Banschbach Middle School Time Tracker
- Banschbach Middle School Behavior Referrals
- Banschbach Middle School Counselor Requests
- Banschbach Middle School Failure Reports
- Campus Climate Survey - Students (BOY/EOY) and Parents

Advisory council input/insight:

- We will address the purpose of a Comprehensive School Counseling Program and how we can collaborate to achieve the goals of our program.

Program SMART Goals for the 2026-2027 School Year

#1. During the first year of campus operation, the counseling department will provide at least one professional learning session each semester and collaborate quarterly with grade-level teams to support academic and social-emotional interventions, as documented through meeting agendas, attendance records, and counseling logs.

#2. During the first year of campus operation, 90% of students will participate in developmentally appropriate individual planning activities designed to help them explore their academic, career, and personal goals, understand their educational opportunities, and develop plans for future success, as documented through individual planning records, career exploration activities, and counseling logs.

#3. During the first year of campus operation, the school counseling department will establish a comprehensive direct student services program by allocating at least 80% of counselors' total work time to responsive services, individual student support and planning, guidance curriculum, and system support. Implementation will be measured through counseling calendars, service logs, and time-use analysis.

Program Design Template

Guidance Curriculum Services

Strategic Content Area: Personal Health & Safety

Needs Assessment Findings: Based on behavior referral reports and the Campus Improvement Plan (bullying, cyberbullying, and destigmatizing mental health).

Guidance Curriculum Lesson Topics: Child Abuse Awareness, Anti-Bullying, Anti-Victimization

SMART Goals:

1. By May 2027, 90% of students in grades 6–8 will participate in guidance curriculum lessons focused on personal health and safety, including bullying prevention, child abuse awareness, and mental health awareness, as documented through lesson schedules, classroom rosters, and counseling logs.
2. By May 2027, the school counseling department will provide responsive services and targeted student support related to personal health and safety while maintaining counselor time in alignment with S.B. 179, dedicating at least 80% of counselors' work time to the components of a comprehensive school counseling program, as measured through counseling calendars, service logs, and time-use analysis.

Strategic Content Area: Interpersonal Effectiveness

Needs Assessment Findings: Based on behavior referral reports and the Campus Improvement Plan.

Guidance Curriculum Lesson Topics: Friendship, Conflict Resolution, Dealing with Change

SMART Goals:

1. By May 2027, 90% of students in grades 6–8 will participate in guidance curriculum lessons that promote positive peer relationships, conflict resolution, and healthy communication skills, as documented through lesson schedules, classroom attendance rosters, and counseling logs.
2. By May 2027, counselors will collaborate quarterly with grade-level teams to identify students requiring behavioral or social-emotional interventions and provide appropriate responsive services and individual support, as documented through meeting agendas, intervention records, and counseling logs.

Strategic Content Area: Intrapersonal Effectiveness

Needs Assessment Findings: Based on failure reports, behavior referrals, and the Campus Improvement Plan.

Guidance Curriculum Lesson Topics: Internet Safety, Study Skills, Interventions, and Accommodation Implementation

SMART Goals:

1. By May 2027, 90% of students in grades 6–8 will participate in guidance curriculum lessons focused on self-management, study skills, digital citizenship, and academic success strategies, as documented through lesson schedules, classroom rosters, and counseling logs.
2. By May 2027, counselors will monitor student academic and behavioral progress and provide individual planning and responsive interventions for identified students while maintaining counselor time in alignment with S.B. 179, as documented through counseling logs, planning records, and time-use analysis.

Strategic Content Area: Postsecondary Education and Career Readiness

Needs Assessment Findings: Based on the Campus Improvement Plan, behavior referral data, and failure reports.

Guidance Curriculum Lesson Topics: Four-Year High School Plan, CTE Program Presentations, Career Inventories, SMART Goal Setting

SMART Goals:

Updated 8/2/26 Banschbach Middle School

1. By May 2027, 90% of students in grades 6–8 will participate in developmentally appropriate individual planning activities, including career exploration, goal setting, and high school planning, as documented through individual planning records, career interest inventories, and counseling logs.
2. By May 2027, counselors will implement a comprehensive individual planning program that provides all students with opportunities to explore educational and career pathways while maintaining counselor time in alignment with S.B. 179, as documented through counseling calendars, individual planning records, and time-use analysis.

Campus Responsive Services

Guidance Lessons supporting Anti-Bullying initiative

- Intervention/Plan of Action- Josten's Renaissance guidance lessons and Bully Prevention lessons.

Crisis Intervention/Plan of Action-

- Notify parents, provide community resources
- Outcome/Follow Up- Use the District Student Support Plan

Academic Failures- Preventative and Remedial Intervention

- Plan of Action- Placing students on Academic Contract and collaborating with teachers Outcome/Follow Up- Check-In with students regularly and discuss required actions for success.

Individual Planning Priorities

Domain - Personal

Goal - Provide resources and guidance for student intrapersonal skills

School Counselor Considerations- How does the student currently feel about him/herself? Does the student feel supported by family, friends, and the school community? Advocacy - Help students become their own advocate.

Domain - Education

Goal - Provide academic support for students in danger of failing for the school year.

School Counselor Considerations- Is the student currently being served or should the student be considered for RTI, 504, or SPED services?

Advocacy - Make appropriate recommendations and referrals.

Domain - Career

Goal- Set up four-year plans for 8th graders and provide career guidance lessons for 6th and 7th graders.

School Counselor Considerations- All grade levels will complete grade specific career exploration activities using online career assessment tools from O*NET and Texas Oncourse.

Advocacy - Send home informational brochures to inform parents of the importance of Four-Year High School Plans.

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

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Program Balance Chart/Weekly Schedule- see next page.

PISD Time Tracker

KEY for the following tools:

GC: Guidance Curriculum

RS: Responsive Services

IP: Individual Planning

SS: System Support

NCD: Non-counseling duty

Program Balance Chart/Weekly Schedule Template

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-8:30	Scheduling & System Support	Guidance Lessons (GC)	Student Concerns (RS)	Staff Referrals/SST (SS)	Weekly Leadership Team Meeting (SS)
8:30-9	Crisis Follow up (RS)	Guidance Lessons (GC)	Group Counseling (GC)	Group Counseling (GC)	Group Counseling (GC)
9-9:30	Group Counseling (GC)	Guidance Lessons (GC)	Group Counseling (GC)	Group Counseling (GC)	Group Counseling (GC)
9:30-10	Student Concerns (RS)	Guidance Lessons (GC)	Student Concerns (RS)	Student Concerns (RS)	Student Concerns (RS)
10-10:30	Weekly Counseling Team Meeting (SS)	Guidance Lessons (GC)	Crisis Follow up (RS)	Crisis Follow up (RS)	Crisis Follow up (RS)
10:30-11	Individual Counseling/Referrals (RS)	Individual Counseling/Referrals (RS)	Individual Counseling/Referrals (RS)	Individual Counseling/Referrals (RS)	Individual Counseling/Referrals (RS)
11-11:30	Counselor Corner during Student Lunches (RS)	New Student Scheduling/Advising (PT)	Counselor Corner during Student Lunches (RS)	New Student Scheduling/Advising (PT)	Counselor Corner during Student Lunches (RS)
11:30-12	Counselor Corner during Student Lunches (RS)	New Student Scheduling/Advising (PT)	Counselor Corner during Student Lunches (RS)	New Student Scheduling/Advising (PT)	Counselor Corner during Student Lunches (RS)
12-12:30	Counselor Corner during Student Lunches (RS)	New Student Scheduling/Advising (PT)	Counselor Corner during Student Lunches (RS)	New Student Scheduling/Advising (PT)	Counselor Corner during Student Lunches (RS)
12:30-1	In School Suspension Conference (RS)	Guidance Lessons (GC)	In School Suspension Conference (RS)	In School Suspension Conference (RS)	In School Suspension Conference (RS)
1-1:30	Student Concerns (RS)	Guidance Lessons (GC)	Student Concerns (RS)	Student Concerns (RS)	Student Concerns (RS)
1:30-2	Student Concerns (RS)	Guidance Lessons (GC)	Student Concerns (RS)	Student Concerns (RS)	Student Concerns (RS)

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2-2:30	Sessions Follow Up/Record keeping (SS)	Guidance Lessons (GC)	Sessions Follow Up/Record keeping (SS)	Sessions Follow Up/Record keeping (SS)	Sessions Follow Up/Record keeping (SS)
2:30-3	Sessions Follow Up/Record keeping (SS)	Guidance Lessons (GC)	Sessions Follow Up/Record keeping (SS)	Sessions Follow Up/Record keeping (SS)	Sessions Follow Up/Record keeping (SS)
3-3:30	Sessions Follow Up/Record keeping (SS) Scheduling & System Support (Time Tracker)	Guidance Lessons (GC) Scheduling & System Support (Time Tracker)	Sessions Follow Up/Record keeping (SS) Scheduling & System Support (Time Tracker)	Sessions Follow Up/Record keeping (SS) Scheduling & System Support (Time Tracker)	Sessions Follow Up/Record keeping (SS) Scheduling & System Support (Time Tracker)

Counseling Department Monthly Calendar Template

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

Components

Individual Planning

Responsive services

Guidance Curriculum

System Support

Content Areas

Personal Health and Safety

Intrapersonal Effectiveness

Interpersonal Effectiveness

Post-Secondary Planning and Career

Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2026-2027 School Year

#1. By May 2027, 6th/7th/8th graders will have increased access to the counselors due to the counselors allocating their time to being more closely modeled to the percentages set by S.B. 179, which states that counselors will spend at least 80% of their time on duties that are components of a counseling program and 20% of their total work time on duties that are non-counseling activities.

#2. By May 2027, teachers will increase their knowledge and abilities in working with students through interventions and accommodations due to counselors spending 5% of their total work time collaborating and supporting teachers in the classroom and providing professional development opportunities to enhance student learning.

#3. By May 2027, students will have an increase in direct services provided by school counselors due to counselors spending 5% of their total work time implementing small groups, and monitoring and addressing academic and behavior concerns.

CALENDAR

August

Content Area- Personal Health and Safety

CSCP Goals Addressed-1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Meet the Counselor, counselor request forms, incident reports with school Marshall
- Crisis Prevention-child abuse awareness
- Jostens Renaissance (Welcome/Introduction)

Major Projects/Events-

- Plan Semester 1 guidance lessons (SS)
- Counseling program presentation to staff (SS)
- Parent/student schedule consults (IP)
- Create yearly counseling calendar (SS)

September

Content Area-Personal Health and Safety

CSCP Goals Addressed- 1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Crisis Prevention-destigmatizing mental illness
- Conflict Resolution
- Jostens Renaissance (Building Connections; Building Community)
- Study Skills/Organization
- Internet Safety-Common Sense Media
- Abstinence and Wellness-180 Degree Education Program

Major Projects/Events-

- Student concern check ins (RS)
- National Suicide Prevention Week activities (GC)
- Plan/start Semester 1 group counseling (GC)
- Parent Night-Counselor Corner (SS)

October

Content Area- Personal Health and Safety

CSCP Goals Addressed- 1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Crisis prevention-anti bullying/substance abuse prevention
- Conflict resolution
- Jostens Renaissance (Community Agreements; Values and Dreams)
- Bully Prevention-Dynamic Influence

Major Projects/Events-

- Academic student concern conferences (RS)
- 1st semester group counseling (GC)
- Red Ribbon Week school wide activities (GC)

- YES Program

November

Content Area- Personal Health and Safety

CSCP Goals Addressed-1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Crisis Prevention
- Jostens Renaissance (Planning Ahead; Exploring Emotions)
- Anti-Victimization-Dallas Child Advocacy Program

Major Projects/Events-

- SEL student conferences (IP)
- Document group/individual outcomes and refer/consult (IP)

December

Content Area- Intrapersonal Effectiveness

CSCP Goals Addressed- 1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Jostens Renaissance (Building Listening Skills; Perspective Taking)

Major Projects/Events-

- PALS program (IP)
- 8th grade Signs of Suicide (SOS) presentation (GC)
- Plan 2nd semester guidance lessons (GC)
- Check ins with students

January

Content Area- Interpersonal Effectiveness

CSCP Goals Addressed-1,2,3

Domain- Social

Guidance Curriculum Lesson Topics (GC)-

- Crisis Prevention- social media awareness with School Resource Officer
- Jostens Renaissance (Practicing Regulation; Acting with Empathy) • Career Guidance

Major Projects/Events-

- Advise 2nd semester student concerns (RS)
- Incoming 9th grade registration (IP)
- Start planning 2nd semester groups (GC)

February

Content Area- Intrapersonal Effectiveness

CSCP Goals Addressed- 1,2,3

Domain- Academic/Social

Guidance Curriculum Lesson Topics (GC)-

- Test Anxiety
- Stress Management
- Making and keeping friends
- Jostens Renaissance (Strengthening Friendships; The value of Teamwork)

Major Projects/Events-

- National School Counseling Week activities (SS)
- Academic concern student conferences (RS)

March

Content Area- Intrapersonal Effectiveness

CSCP Goals Addressed-1,2,3

Domain- Academic/Personal

Guidance Curriculum Lesson Topics (GC)-

- Monitor grades; using Google Calendar
- Jostens Renaissance (Assertiveness; Learning to Compromise)

Major Projects/Events-

- Continue 2nd semester group counseling (SS)
- SEL concern student conference (RS)

April

Content Area- Post Secondary Planning/Career Readiness

CSCP Goals Addressed- 1,2, 3

Domain- Academic/Personal

Guidance Curriculum Lesson Topics (GC)-

- Jostens Renaissance (Handling Conflict; Increasing Well-Being) • Coping Skills

Major Projects/Events-

- Continue 2nd semester group counseling (GC)
- Student conferences for academic needs (GC)

May

Content Area- Post Secondary Planning/Career Planning

CSCP Goals Addressed- 1,2,3

Domain- Career

Guidance Curriculum Lesson Topics (GC)-

- 6th and 7th Career Guidance
- Jostens Renaissance (Building School Leaders; Final Reflections)

Major Projects/Events-

- PALS celebration (RS)
- Document student outcomes and refer/consult (SS)

June

Content Area- N/A

CSCP Goals Addressed- 1,2,3

Domain- N/A

Guidance Curriculum Lesson Topics (GC)-

N/A

Major Projects/Events-

- 2nd semester group data analysis (SS)
- Planning meeting with Administration (SS)
- Create/present next year's CSCP goals to leadership team for feedback/revision (SS)