

FREE BREAKFAST!

Served Daily: One Half Hour
before school starts.

AUGUST 2026

SECONDARY Schools Breakfast

FREE BREAKFAST!

Served Daily: One Half Hour
before school starts.

**Monday****Tuesday****Wednesday****Thursday****Friday****3****4****5****6****7**

Assorted Cold Cereals

Low Sugar Greek Yogurt
And toppings Bar
Fresh Berries

Assorted Cold Cereals

French Toast
Turkey Bacon
Fresh Melon

10**11****12****13****14**

Assorted Cold Cereals

Fried Egg Sandwich
on English Muffin
Orange Juice
Fresh Seasonal Fruit

Assorted Cold Cereals

Breakfast Smoothie
Kashi Strawberry Banana
Crunch Cereal Pouch
Fresh Seasonal Fruit

Assorted Cold Cereals

Waffles
Chicken Sausage
Fresh fruit Juice
Fresh Seasonal Fruit

Assorted Cold Cereals

Banana Split with
Homemade Granola, Yogurt
and Berries

Assorted Cold Cereals

Maple WG Pancakes
Vermont Maple Syrup
Turkey Bacon
Fresh Seasonal Fruit

17**18****19****20****21**

Assorted Cold Cereals

Breakfast Burrito

Fresh Seasonal Fruit

Assorted Cold Cereals

Assorted Yogurts
Fresh Baked Scones

Fresh Seasonal Fruit

Assorted Cold Cereals

Egg, Turkey & Cheese
Calzone

Fresh Seasonal Fruit

Assorted Cold Cereals

Egg Bites or String Cheese
Banana Bread

Fresh Fruit Salad

Assorted Cold Cereals

French Toast
Vermont Maple Syrup
Turkey Bacon

Fresh Seasonal Fruit

24**25****26****27****28**

Assorted Cold Cereals

Fresh Bagels
Scrambled Eggs
Fresh Seasonal Fruit

Assorted Cold Cereals

Chicken & Waffle
Sandwich

Fresh Seasonal Fruit

Assorted Cold Cereals

Cheese Omelet
WG Roll

Fresh Seasonal Fruit

Assorted Cold Cereals

Lemon Blueberry
Ricotta Muffins
Canadian Ham

Fresh Seasonal Fruit

Assorted Cold Cereals

Banana Split with
Homemade Granola, Yogurt
and Berries

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Assorted Cold Cereals

Egg Breakfast Wrap

Fresh Seasonal Fruit



All meals come with a choice of milk: Low-fat Milk, Nonfat Milk, Soy or Almond Milk.

This institution is an equal opportunity provider.