

**Florida Department of Education
Curriculum Framework**

Course Title: Exploring Family and Consumer Sciences (FACS)
Course Type: Orientation/Exploratory
Career Cluster: Human Services

Secondary – Middle School

Course Number	8960370
CIP Number	14896037MS
Grade Level	6-8
Course Length	Semester
Teacher Certification	Refer to the Course Structure section.
CTSO	FCCLA
CTE Program Resources	http://www.fldoe.org/academics/career-adult-edu/career-tech-edu/program-resources.stml

Purpose

The purpose of this course is to assist students in making informed decisions regarding their future academic and occupational goals and to provide information regarding careers in the various career clusters. The content includes but is not limited to food preparation and nutrition, fashion and interior design concepts, personal finance, healthy relationships and child care practices. Instruction and learning activities are provided in a laboratory setting using hands-on experiences with the equipment, materials and technology appropriate to the course content and in accordance with current practices.

Additional Information relevant to this Career and Technical Education (CTE) program is provided at the end of this document.

Course Structure

The length of this course is one semester. It may be offered for two semesters when appropriate. When offered for one semester, it is recommended that it be at the exploratory level and more in-depth when offered for two semesters.

To teach the course(s) listed below, instructors must hold at least one of the teacher certifications indicated for that course.

The following table illustrates the course structure:

Course Number	Course Title	Teacher Certification	Length
8960370	Exploring Family and Consumer Sciences (FACS)	FAM CON SC 1 FASH TECH 7 G INT DES 7 G CULINARY 7 G PRESCH ED L	Semester

Standards

After successfully completing this course, the student will be able to perform the following:

- 01.0 Demonstrate leadership skills.
- 02.0 Identify and apply skills needed for positive interpersonal relationships.
- 03.0 Demonstrate an understanding of food preparation skills and nutrition.
- 04.0 Demonstrate knowledge, skills and practices of early childhood care.
- 05.0 Apply the decision making process to personal finance choices.
- 06.0 Demonstrate an understanding of fashion and sewing concepts.
- 07.0 Demonstrate an understanding of housing and interior design.

**Florida Department of Education
Student Performance Standards**

Course Title: Exploring Family and Consumer Sciences (FACS)
Course Number: 8960370
Course Length: Semester

Course Description:

This course is designed to introduce students to the various disciplines within the Family and Consumer Sciences field. By the end of this course, students will have a foundational understanding of food preparation and nutrition, fashion and interior design concepts, personal finance, healthy relationships and child care practices.

CTE Standards and Benchmarks	
01.0	Demonstrate leadership skills. The student will be able to:
01.01	Identify roles and responsibilities of members of professional and community service organizations, including career and technical student organizations.
01.02	Work cooperatively as a group member to achieve organizational goals.
01.03	Demonstrate leadership roles and organizational responsibilities.
01.04	Identify and utilize the FCCLA planning process.
01.05	Discuss the establishment and history of the FCCLA organization.
02.0	Identify and apply skills needed for positive interpersonal relationships. The student will be able to:
02.01	Distinguish between the types of communication, i.e., social media, texting, nonverbal, etc.
02.02	Identify the various types of relationships, such as family, friends, and peers.
02.03	Define self-esteem and state how a positive self-concept builds healthy relationships.
02.04	Identify common areas of conflict and possible resolutions for healthy relationships.
03.0	Demonstrate an understanding of food preparation skills and nutrition. The student will be able to:
03.01	Identify current USDA dietary guidelines to plan daily food choices and maintain wellness.
03.02	Interpret and use recipes.

CTE Standards and Benchmarks	
03.03	Select, use, care for and store food preparation equipment.
03.04	Identify and apply food safety and sanitation practices.
03.05	Identify and demonstrate acceptable behaviors for table service and etiquette.
03.06	Specify nutritional needs of the young adult.
04.0	Demonstrate knowledge, skills and practices of early childhood care. The students will be able to:
04.01	Identify stages of child development and age appropriate activities.
04.02	List the roles and responsibilities of parents and caregivers.
04.03	Identify community resources that benefit children, such as first aid and critical emergency skills.
04.04	Explore toys, books, games, and software of interest to children.
04.05	Demonstrate safe and proper use of toys and equipment, including safe play.
04.06	Compare different forms of guidance (i.e. redirection of behavior) used with children in different situations.
05.0	Apply the decision making process to personal finance choices. The student will be able to:
05.01	Identify needs versus wants.
05.02	Research and use various consumer information sources to make purchases (i.e. online versus store front).
05.03	Set financial goals, including saving and investing.
05.04	Develop a plan for resource management (i.e., develop a plan for managing a budget)
05.05	Identify ways to keep personal information safe and utilize consumer safety guidelines.
06.0	Demonstrate an understanding of fashion and sewing concepts. The student will be able to:
06.01	Determine values/needs/wants related to wardrobe and grooming.
06.02	Recognize factors that influence clothing purchases.
06.03	Identify sewing tools and techniques.
06.04	Use tools and materials to create a personalized individual and/or group project.

CTE Standards and Benchmarks

07.0 Demonstrate an understanding of housing and interior design. The student will be able to:

07.01 Identify lifestyle, common needs, common values and goals related to housing.

07.02 Identify elements and principles of design.

07.03 Demonstrate ways to create a comfortable living space.

Additional Information

Laboratory Activities

Laboratory investigations that include scientific inquiry, research, measurement, problem solving, emerging technologies, tools and equipment, as well as, experimental, quality, and safety procedures are an integral part of this career and technical program/course. Laboratory investigations benefit all students by developing an understanding of the complexity and ambiguity of empirical work, as well as the skills required to manage, operate, calibrate and troubleshoot equipment/tools used to make observations. Students understand measurement error; and have the skills to aggregate, interpret, and present the resulting data. Equipment and supplies should be provided to enhance hands-on experiences for students.

Florida Standards for English Language Development (ELD)

English language learners communicate for social and instructional purposes within the school setting. ELD.K12.ELL.SI.1

English Language Development (ELD) Standards Special Notes:

Teachers are required to provide listening, speaking, reading and writing instruction that allows English language learners (ELL) to communicate for social and instructional purposes within the school setting. For the given level of English language proficiency and with visual, graphic, or interactive support, students will interact with grade level words, expressions, sentences and discourse to process or produce language necessary for academic success. The ELD standard should specify a relevant content area concept or topic of study chosen by curriculum developers and teachers which maximizes an ELL's need for communication and social skills. For additional information on the development and implementation of the ELD standards, please contact the Bureau of Student Achievement through Language Acquisition at SALA@fldoe.org.

Career and Technical Student Organization (CTSO)

CTSOs are co-curricular career and technical student organizations providing leadership training and reinforcing specific career and technical skills. Career and Technical Student Organizations provide activities for students as an integral part of the instruction offered. Other CTSOs not listed in this curriculum framework or recognized by the Florida Department of Education are permissible provided they support student mastery over the standards and benchmarks of this curriculum framework.

Accommodations

Federal and state legislation requires the provision of accommodations for students with disabilities as identified on the secondary student's Individual Educational Plan (IEP) or 504 plan or postsecondary student's accommodations' plan to meet individual needs and ensure equal access. Accommodations change the way the student is instructed. Students with disabilities may need accommodations in such areas as instructional methods and materials, assignments and assessments, time demands and schedules, learning environment, assistive technology and special communication systems. Documentation of the accommodations requested and provided should be maintained in a confidential file.

In addition to accommodations, some secondary students with disabilities (students with an IEP served in Exceptional Student Education (ESE)) will need modifications to meet their needs. Modifications change the outcomes or what the student is expected to learn, e.g., modifying the curriculum of a secondary career and technical education course. Note: postsecondary curriculum and regulated secondary programs cannot be modified.