



August 2026

South & Houston PreK Breakfast

**All Breakfast meals
come with a choice of
Low Fat Milk and Fruit
of the Day**

**Menus Are Subject to
Change Without Notice**

**This Institution Is An
Equal Opportunity Provider**

MON	TUE	WED	THU	FRI
3 No School	4 Apple Cinnamon Muffin	5 Breakfast Pizza	6 Cinnamon French Toast Sticks, IW	7 Mini Maple Pancakes Puff
10 Trix Cereal Mozzarella String Cheese	11 Apple Cinnamon Muffin	12 Beef Sausage Breakfast Biscuit	13 Apple Frudel	14 Chocolate Crissant
17 Apple Cinnamon Muffin Mozzarella String Cheese	18 Cinnamon Toast Crunch Cereal Mozzarella String Cheese	19 Sausage Roll	20 Cinnamon French Toast Sticks, IW	21 Mini Maple Waffles
24 Cocoa Puff Cereal Mozzarella String Cheese	25 Cinnamon Toast Crunch Muffin	26 Pancake on the Stick	27 Strawberry Cream Cheese Boli	28 Cherry Frudel
31 Cocoa Puff Cereal Mozzarella String Cheese				