

SEPTEMBER AFTER SCHOOL POWER SNACK MENU

7 No School



8 Cheese Curds
BBQ Sun Chips®
Baby Carrots
with Ranch Dip
Apple

9 Marble
Cheese Stick
Chicken Jerky
Heartzels®
Pretzels
Celery Sticks
with Ranch Dip
Applesauce Cup

10 Cheese Curds
French Toast
Mini Loaf
Baby Carrots
with Ranch Dip
Lemon Sour
Raisins

11 Marble Cheese
Stick
Jalapeno Cheese
Cup
Tortilla Rounds
Salsa
Applesauce Cup

14 String Cheese
Chicken Jerky
Cheez-It®
Crackers
Baby Carrots
with Ranch Dip
Watermelon Sour
Raisins

15 Mango Yogurt
Cheese Cubes
Goldfish®
Cinnamon
Graham
Grape Tomatoes
with Ranch Dip
Apple Slices

16 Cheese Curds
BBQ Sun Chips®
Baby Carrots
with Ranch Dip
Apple

17 Marble
Cheese Stick
Chicken Jerky
Heartzels®
Pretzels
Celery Sticks
with Ranch Dip
Applesauce Cup

18 Cheese Curds
French Toast
Mini Loaf
Baby Carrots
with Ranch Dip
Lemon Sour
Raisins

21 Marble
Cheese Stick
Jalapeno Cheese
Cup
Tortilla Rounds
Salsa
Applesauce Cup

22 String Cheese
Chicken Jerky
Cheez-It®
Crackers
Baby Carrots
with Ranch Dip
Watermelon Sour
Raisins

23 Mango Yogurt
Cheese Cubes
Goldfish®
Cinnamon
Graham
Grape Tomatoes
with Ranch Dip
Apple Slices

24 Cheese Curds
BBQ Sun Chips®
Baby Carrots
with Ranch Dip
Apple

25 Marble
Cheese Stick
Chicken Jerky
Heartzels®
Pretzels
Celery Sticks
with Ranch Dip
Applesauce Cup

28 Cheese Curds
French Toast
Mini Loaf
Baby Carrots
with Ranch Dip
Lemon Sour
Raisins

29 Marble
Cheese Stick
Jalapeno Cheese
Cup
Tortilla Rounds
Salsa
Applesauce Cup

30 String Cheese
Chicken Jerky
Cheez-It®
Crackers
Baby Carrots
with Ranch Dip
Watermelon Sour
Raisins

Oct. 1
Mango Yogurt
Cheese Cubes
Goldfish®
Cinnamon
Graham
Grape Tomatoes
with Ranch Dip
Apple Slices

2 Cheese Curds
BBQ Sun Chips®
Baby Carrots
with Ranch Dip
Apple

- Refer to after school program for days in session.
- Milk is offered with each power snack meal.
- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.