

EAST HIGH

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3 BREAKFAST SAUSAGE BISCUIT LUNCH 1-CHEESEBURGER 2-ROASTED HOT DOG W/ CHILI 3-PIZZA & FRIES 4-POTATO BAR FRIES BAKED BEANS SALAD BAR FRUIT	4 BREAKFAST CHICKEN BISCUIT LUNCH 1-POPCORN CHICKEN 2-BEEF DUNKERS W/ GRAVY 3-PIZZA & FRIES 4-ITALIAN SUB SANDWICH & CHIPS MASHED POTATOES PEAS ROLL FRUIT GRANDMA'S CHOCOLATE CHIP COOKIE	5 BREAKFAST SAUSAGE BISCUIT LUNCH 1-TURKEY & CHEESE SUB 2-HAM & CHEESE SUB 3-PIZZA & FRIES 4-POTATO BAR CHIPS FRESH VEGGIES FRUIT	6 NO SCHOOL ELECTION DAY	7 BREAKFAST SAUSAGE BISCUIT LUNCH 1-CHICKEN SANDWICH 2-CHEESE QUESADILLA 3-PIZZA & FRIES 4-POTATO BAR GREEN BEANS CORN FRESH VEGGIES FRUIT
10 BREAKFAST SAUSAGE BISCUIT LUNCH 1-ORANGE CHICKEN 2-TERYIAKI BEEF DUNKERS 3-PIZZA & FRIES 4-POTATO BAR RICE SWEET CARROTS STEAMED BROCCOLI FRESH VEGGIES FRUIT	11 BREAKFAST CHICKEN BISCUIT LUNCH 1-CHILI CHEESE NACHO 2-CHEES QUESADILLA 3-PIZZA & FRIES 4-ITALIAN SUB SANDWICH W/ CHIPS & PINTO BEANS CORN REFRIED BEANS FRESH VEGGIES FRUIT JUICE	12 BREAKFAST SAUSAGE BISCUIT LUNCH 1-SLOPPY JOES 2-POPCORN CHICKEN 3-PIZZA & FRIES 4-POTATO BAR GREEN BEANS SMILEY FRIES FRESH VEGGIES FRUIT	13 BREAKFAST CHICKEN BISCUIT LUNCH 1-PHILLY STEAK & CHEESE SUB 2-PHILLY CHICKEN & CHEESE SUB 3-PIZZA BAR 4-GRILLED CHICKEN SANDWICH PEPPERS & ONIONS FRESH VEGGIES CHIPS FRUIT	14 BREAKFAST SAUSAGE BISCUIT LUNCH 1-CORN DOG 2-FISH 3-PIZZA & FRIES 4-POTATO BAR PINTO BEANS MAC & CHEESE COLESLAW FRESH VEGGIES FRUIT
17 BREAKFAST SAUSAGE BISCUIT LUNCH 1-BAKED HAM 2-CHICKEN DRUMSTICK 3-PIZZA & FRIES 4-POTATO BAR MASHED POTATOES PEAS ROLL FRESH VEGGIES FRUIT	18 BREAKFAST CHICKEN BISCUIT LUNCH 1-CHEESEBURGER 2-ROASTED HOT DOG W/ CHILI 3-PIZZA & FRIES 4-SLOPPY JOES FRIES BAKED BEANS FRESH VEGGIES FRUIT JUICE	19 BREAKFAST SAUSAGE BISCUIT LUNCH 1-HAMBURGER W/ GRAVY 2-ROASTED CHICKEN BREAST W/ GRAVY 3-PIZZA & FRIES 4-POTATO BAR ROLL WHOLE BABY POTATOES STEAMED BROCCOLI FRESH VEGGIES FRUIT	20 BREAKFAST CHICKEN BISCUIT LUNCH 1-GRILLED CHICKEN SANDWICH 2-WILD MIKE'S CHEESE BITES 3-PIZZA & FRIES 4-GRILLED CHICKEN NUGGETS GREEN BEANS CALIFORNIA BLEND FRESH VEGGIES FRUIT	21 BREAKFAST SAUSAGE BISCUIT LUNCH 1-BBQ PORK PLATE 2-FISH STICKS 3-PIZZA & FRIES 4-POTATO BAR MAC & CHEESE PINTO BEANS FRESH VEGGIES FRUIT
24 BREAKFAST SAUSAGE BISCUIT LUNCH 1-CHILI CHEESE NACHOS 2-CHEESE QUESADILLA 3-PIZZA & FRIES 4-POTATO BAR SWEET POTATO FRIES GREEN BEANS FRESH VEGGIES FRUIT	25 BREAKFAST CHICKEN BISCUIT BREAKFAST FOR LUNCH 1-EGG & CHEESE OMELET W/ SAUSAGE PATTY 2-EGG & CHEESE OMELET W/ BACON 3-PIZZA & FRIES 4-PB&J BOX BISCUIT GRAVY HASHBROWN PATTY BAKED APPLES	26 BREAKFAST SAUSAGE BISCUIT LUNCH 1-PHILLY STEAK & CHEESE SUB 2-CHICKEN PHILLY & CHEESE 3-PIZZA & FRIES 4-POTATO BAR PEPPERS & ONIONS PLAIN POTATO CHIPS FRESH VEGGIES FRUIT	27 BREAKFAST CHICKEN BISCUIT LUNCH 1-CHEESEBURGER 2-ROASTED HOT DOG W/ CHILI 3-PIZZA & FRIES 4-SLOPPY JOES BAKED BEANS SMILEY FRIES FRESH VEGGIES FRUIT	28 BREAKFAST SAUSAGE BISCUIT LUNCH 1-BAKED SPAGHETTI W/ MEAT SAUCE 2-POPCORN CHICKEN 3-PIZZA & FRIES 4-POTATO BAR GARLIC BUTTER TEXAS TOAST CORN FRESH VEGGIE FRUIT
31 BREAKFAST SAUSAGE BISCUIT LUNCH 1-CHILI CHEESE NACHOS 2-CHEESE QUESADILLA 3-PIZZA & FRIES 4-BAKED POTATO CORN REFRIED BEANS FRESH VEGGIES FRUIT JUICE				

NEWS

BREAKFAST WILL OFFER CEREAL, POPTARTS, FRUIT, JUICE AND MILK DAILY

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL.

FRESH FRUIT OFFERED DAILY

FRESH VEGGIES OFFERED DAILY CONSISTS OF CARROTS, BROCCOLI, TOMATOES, ROMAINE, CUCUMBERS

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE.