Principal: Cathy Campbell

Athletic Director: Glenn Shelby

Assistant Principal: James Hayes

Coaches: Krissi Eason, Glenn Shelby, Eve Sapp

Appling County Middle School

Athletics

2026 Cross Country SCHEDULE

Day	Date	Opponent	Site	Time
Thursday	September 8th	*	Brantley	4:30
Thursday	September10th	*	Pierce	4:30
Tuesday	September15th	*	Long	4:30
Tuesday	September 22	*	Appling	4:00
Tuesday	September 29th	*	Ware (Trembling Earth)	4:30
Tuesday	October 6th	*	Conference Championship @ Ware County (Trembling Earth)	4:30

The following 8 schools will be at each Cross Country meet:
Appling, Bacon, Bethune, Brantley, Long, Pierce, Ware and Waycross