

Food For Thought



Your newsletter from Aramark Student Nutrition

August 2026

Exciting Changes are Coming!

Greetings West Bend School District!

Aramark Student Nutrition here, and we're excited to partner with West Bend School District for the 2026-2027 school year! Together, we share a commitment to nourishing students, supporting academic success, and creating positive experiences that help every child thrive.

This partnership is built on listening, collaboration, and a shared vision for student well-being. By working hand in hand with district leaders, school staff, families, and the community, we're enhancing the dining program to better serve the needs of West Bend students.

In this newsletter, you'll learn more about Aramark Student Nutrition, our approach to supporting schools, and some of the exciting enhancements on the horizon. We look forward to building strong relationships, celebrating local school communities, and creating dining experiences that students enjoy and families can trust.



Who Are We?

We are Aramark (AIR-uh-mark)!
We've served countless meals over the last 60 years.
We serve up the food at hundreds of colleges too.
We really like healthy food that is delicious.
We are innovative.
We believe in the power of local.
We think food makes people happy.
We think that your experience matters.
We know that good food can brighten your day.
Nice to meet you!



Getting Ahead of USDA Standards

**SY
26 - 27**

Wholesome Ingredients

- Artificial dyes & additives coming off menus — Red 40, Yellow 5, BVO and more
- State-specific ingredient bans begin to roll out
- Milk choices restored — whole & 2% return under the Whole Milk for Healthy Kids Act (Jan 2026)*

**SY
27 - 28**

The Big 3 Reductions

- Added sugars capped at < 10% of weekly calories at breakfast & lunch
- Sodium reduced 10% at breakfast and 15% at lunch
- At least 80% of weekly grains remain whole grain-rich

NEW

Healthier Meals Pledge

- Voluntary USDA pledge to accelerate healthier school meals
- Whole-food breakfasts, 100% whole grains, whole fruit & whole milk
- Reinforces the direction our menus are already moving



A Student First Approach

Powering Potential is our passion.

At Aramark Student Nutrition, we see the potential in every student. By serving nutritious, delicious foods in engaging, creative ways, we can power the potential for:

- ...brighter days
- ...healthier eating habits
- ...student success
- ...academic achievements
- ...brighter futures
- ...a better community

We're nutrition obsessed.

Nutrition is in our name. Literally.

As parents, we understand that you prioritize healthy food choices for your families, that's why we prioritize it too!



Our team of dietitians carefully calculate every meal served to provide balanced nutrition in every bite. We are talking about protein, vegetables and fruit, whole grains, fat-free/low-fat dairy - always low in saturated fats, with no added sugar or salt.

The goal: Help students make smart decisions.



**ALL OF OUR MENUS
EXCEED USDA
REQUIREMENTS**

Watch for our
Gochujang Spicy Chicken
Mac & Cheese on the menu
in April 2027!

Meal Prices



2026-27 Meal Prices	Breakfast	Lunch
Elementary	\$1.80	\$3.25
Silverbrook	\$1.90	\$3.25
Badger	\$2.00	\$3.50
High School	\$2.00	\$3.50
Milk (When purchased separately)	\$0.55	\$0.55